```html
<!doctype html>
<html lang="en" class="h-100">
  <head>
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <meta name="description" content="">
    <meta name="author" content="Mark Otto, Jacob Thornton, and Bootstrap contributors">
    <meta name="generator" content="Hugo 0.84.0">
    <title>Personal assistance· Home</title>
    <link rel="canonical" href="https://getbootstrap.com/docs/5.0/examples/cover/">
    <!-- Bootstrap core CSS -->
    <link href="https://getbootstrap.com/docs/5.0/dist/css/bootstrap.min.css" rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgpJLIm9Nao0Yz1ztcQTwFspd3yD65VohhpuuCOmLASjC"
crossorigin="anonymous">
    <!-- Favicons -->
    <meta name="theme-color" content="#7952b3">
    <style>
      .bd-placeholder-img {
      font-size: 1.125rem;
      text-anchor: middle;
      -webkit-user-select: none;
      -moz-user-select: none;
      user-select: none;
      }
      @media (min-width: 768px) {
      .bd-placeholder-img-lg {
      font-size: 3.5rem;
      }
      }
    </style>
    <link href="https://getbootstrap.com/docs/5.0/examples/cover/cover.css" rel="stylesheet">
```

```html
  </head>
  <body class="d-flex h-100 text-center text-white bg-dark">
    <div class="cover-container d-flex w-100 h-100 p-3 mx-auto flex-column">
      <header class="mb-auto">
        <div>
          <h3 class="float-md-start mb-0">Personal assistance for seniors</h3>
          <nav class="nav nav-masthead justify-content-center float-md-end">
            <a class="nav-link active" aria-current="page" href="">Home</a>
          </nav>
        </div>
      </header>
      <main class="px-3">
        <h1>Personal assistance for seniors</h1>
        <p class="lead">An all-in-one application for all of your medical needs.</p>
        <p class="lead">
          <a href="/dashboard" class="btn btn-lg btn-secondary fw-bold border-white bg-white">Get started</a>
          <a href="/signup" class="btn btn-lg btn-secondary fw-bold border-white bg-white">Get started</a>
        </p>
      </main>
      <br><br><br><br><br><br><br>
    </div>
    <div class="alert alert-warning alert-dismissible" role="alert">
    </div>
  </body>
</html>
```