

Sprint - 3

Team ID : PNT2022TMID03794

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Get Nutritional Value

Name of the food

Pasta

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Pasta



Nutrition Facts	
Servings per container (56g)	
Amount per serving	
Calories	200
Total Fat 1g	% Daily Value* 1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 41g	15%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2mg	10%
Potassium 112mg	2%
Thiamin 0.5mg	40%
Riboflavin 0.2mg	15%
Niacin 3mg	20%
Folate 236mcg DFE	60%
(115mcg folic acid)	

