

# THINK AND FEEL?

what really counts  
major preoccupations  
worries & aspirations

I HAVE TO GET  
OUT OF THIS  
DEEP POOL  
IMMEDIATELY  
NO MATTER  
WHAT

I HAVE TO  
FIND THE  
GRAB RAILS  
OF THIS  
POOL

IF I FAILED  
TO, I MIGHT  
NOT  
SURVIVE:(

CHECK WHETHER  
PEOPLE AROUND  
POOL'S  
SURROUNDINGS,



DAMPENING  
NOISE DUE TO  
THE PRESSURE  
OF WATER, AND  
HIS OWN BODY'S  
MOTIONS

MEMORIES  
AND FUTURE  
CONSENTS  
OF THEIR  
LOVED ONES.

# SAY AND DO?

attitude in public  
appearance  
behavior towards others

CRYING  
HARDLY FOR  
EXPECTING  
SUPPORT  
FROM  
OUTSIDE

FAINTED

DIE

SHOUT

INNER VOICE  
STRUGGLING  
TO FIND A WAY  
TO GET OUT OF  
THE POOL FOR  
SURVIVAL

## What do they HEAR?

what friends say  
what boss say  
what influencers say

AUDIBLE  
VOICES OF  
SURROUNDING  
POEPL

## What do they SEE?

environment  
friends  
what the market offers

FEELING  
IGNORED OR  
UNNOTICED BY  
SURROUNDEED  
PEOPLE FROM  
HELPING

## PAIN

fears  
frustrations  
obstacles

WHAT  
HAPPENS  
TO MY  
FAMILY IF I  
DIE?

TRIES AND  
FAILS TO  
SWIM UP  
BACK

FEELS TIRED AND  
SCARED , THAT  
HE COULDN'T  
MAKE ANY  
PROGRESS  
TOWARDS  
SURVIVAL

## GAIN

"wants" / needs  
measures of success  
obstacles

CONFIDENCE  
ACQUIRED AFTER  
LEARNING  
SWIMMING, THAT  
HE COULD SWIM  
SAFELY,WITHOUT  
DROWNING

REALIZATION TO  
LEARN A LIFE  
SAVING SKILL  
,WHICH IS VERY  
ESSENTIAL-  
SWIMMING

ACQUIRED  
RESILLIENCE  
FROM A  
DEADLY  
INCIDENT