

## PERSONAL ASSISTANCE FOR SENIORS WHO ARE SELF-RELIANT

Sl. No.	Paper Title	Author Name	Publication Year	Results
1	HABITAT: An IoT Solution for Independent Elderly	Elena Borelli, Giacomo Paolini, Francesco Antoniazzi.	2019	Here main aim is to provide flexible and extensive digital platform for Smart Homes is presented. The HABITAT (Home Assistance Based on the IOT for the autonomy of Everybody) is for assisting elderly and non-self-sufficient people in smart homes and embedding them in everyday life objects, thus reducing the expenses for healthcare due to the lower need for personal assistance.
2	An IoT Based Health Care System For Elderly People	Sathish Kumar, Nivedha, Anitha, Jayaprakash.	2020	In this paper they use the software which contains three core elements We-Watch, Service Board for We-Care and the cloud application. The We-Watch is composed of a discreet small bracelet which the elderly individual uses. This is responsible for tracking and gathering data from the available sensors. The solution alerts family members or appointed