

SPRINT-4

Team ID	PNT2022TMID07401
Project Name	Nutrition Assistant Application
Batch Number	B2-2M4E

GENERAL REPORT:

ice cream

GET NUTRITION

ICE CREAM

Serving Size 100 g <small>Change Serving Size and Find</small>	Calories 207.1	Total Fat 11g	Saturated Fat 6.8g	Cholesterol 44mg
Sodium 78mg	Carbohydrates 23.6g	Fiber 0.7g	Sugar 21.3g	Protein 3.5g


Get the nutrition of your meals in a few seconds with this free nutrition calculator. This health tool analyzes the calorie amount and nutrition facts of your meal. Find out the calories, total fat, saturated fat, cholesterol, protein, carbohydrates, fibre, sugar and sodium amount of any food.

Food calculator, food calorie calculator, Nutritional value calculator, free online Nutrition calculator and food tracker are the same names for this nutrition calculator.

What Do We Mean by Nutrition?

Nutrition is the science and study of the chemical and physical aspects of food. It includes the identification of the nutrients that foods contain and their role in human health. Nutritionists also study how food choices affect health and disease.

[Generate Pie Chart Report](#)



PIE-CHART REPORT:

