

Ideation Phase

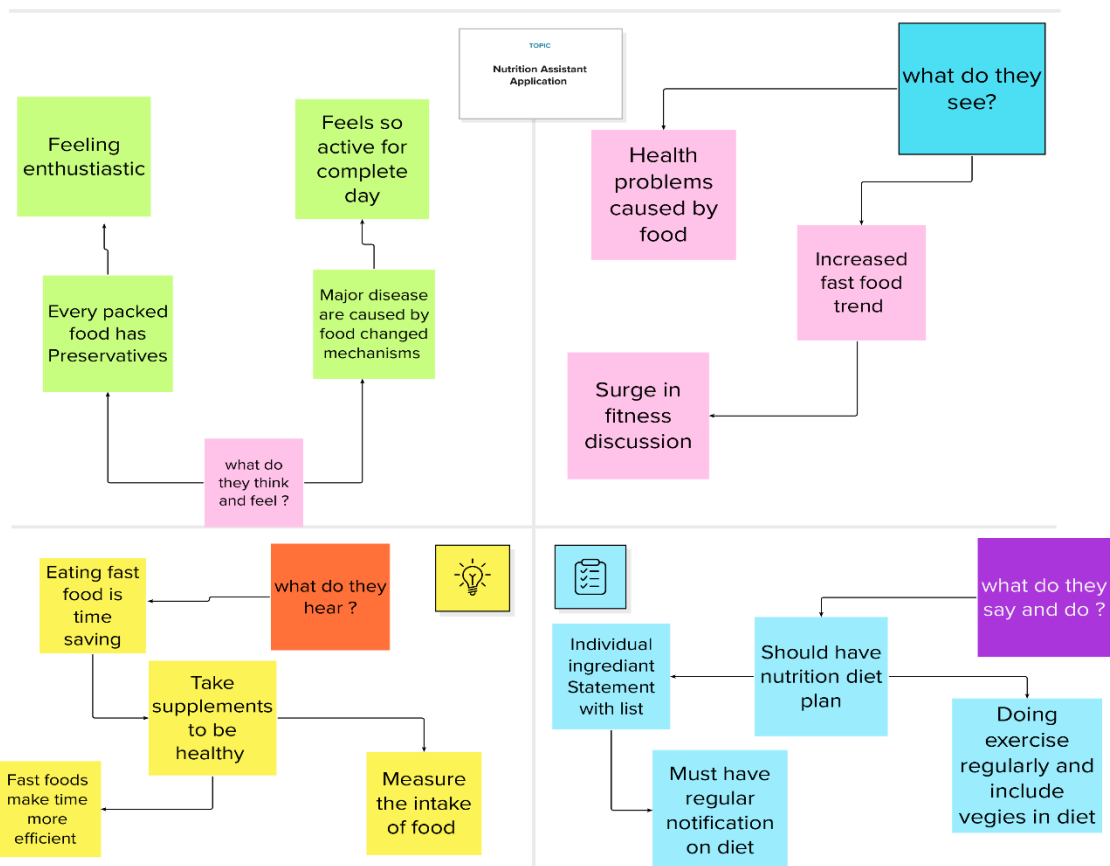
Empathize & Discover

Date	19 September 2022
Team ID	PNT2022TMID12789
Project Name	Project – Nutrition Assistant Application
Maximum Marks	4 Marks



Nutrition with Application:

Find food and nutrition apps for your mobile devices, read recent blog posts to see what is going on in the field. Applications help us to find the nutrients in the food.



Pain:

- Time delay in finding nutrition of food
- Increase in health ailments
- Unable to track the nutrition

Gain:

- Measured intake of food
- Awareness of nutritional content
- Improved fitness goals

