

"Guys more motivated to workout alone"

"I can't afford a personal trainer"



"The workouts are actually good"

"Guys typically don't like going to classes"

"Eat organic food to live healthy life"

"To have an application that tracks our daily food consumption"



"Say No to the unhealthy foods"

"Keep regular diet"



"Click the picture of the food item"

"Displays Do's & Dont's"



"Tracks the food that we consumes"

"Application analyzes it"

"A better control over diet"

"Getting a more holistic workout"



"Makes healthy lifestyle"

"Healthy and confident in self"