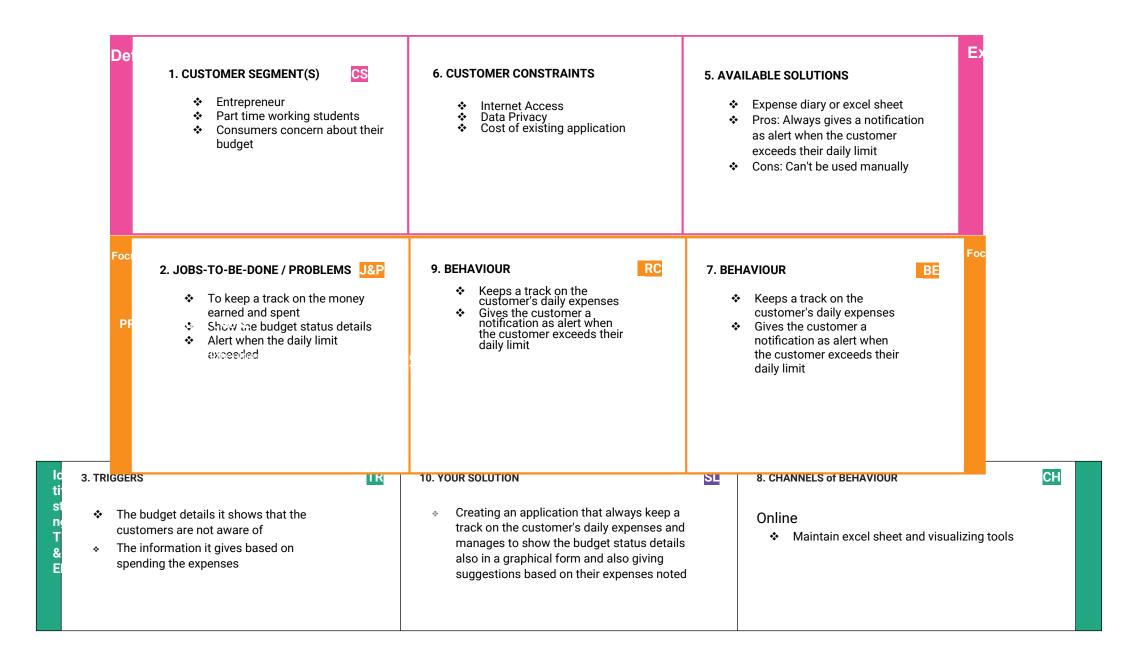
Team ID: PNT2022TMID29897



4. EMOTIONS: BEFORE / AFTER	EM	Offline Maintain the expenses in a diary
Before Confused Exhausted Frustrated		
After Relieved Confident Calm		