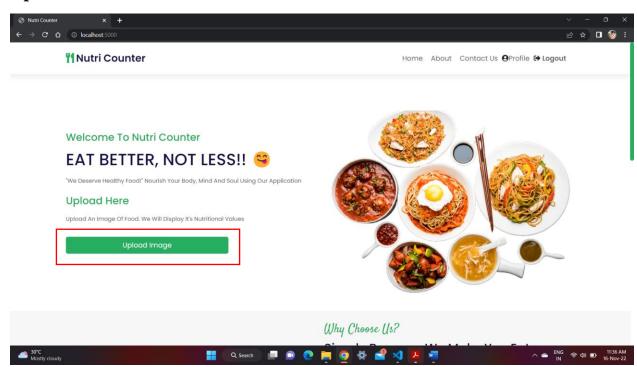
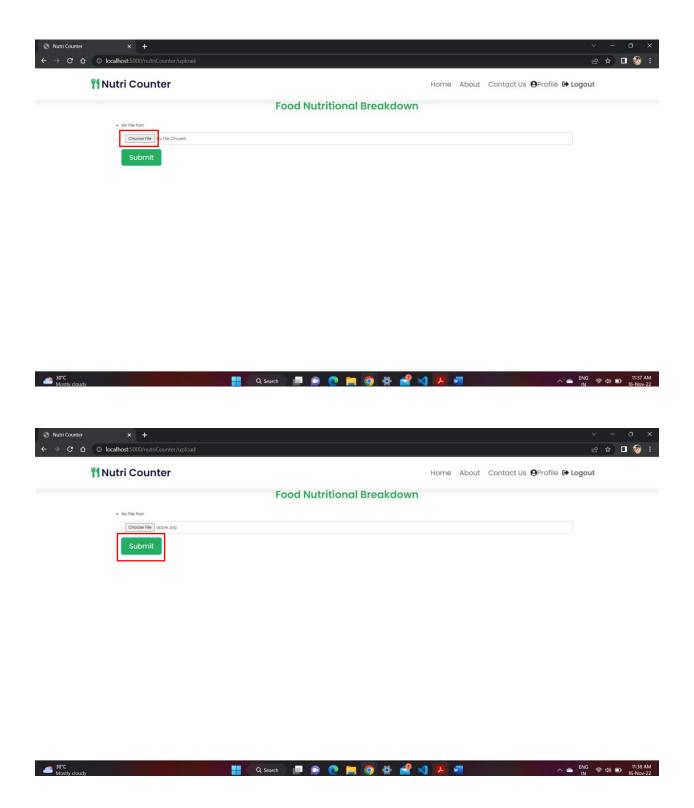
# PROJECT DEVELOPMENT PHASE

# SPRINT - 3

Team ID	PNT2022TMID49745
Project Name	Nutrition Assistant Application
Team Members	Nithisha S
	Durgadevi R
	Lakshana L
	Chalcedony J

## **Upload:**







#### Mutri Counter

### Food Nutritional Breakdown



<u>Apple</u>

serving size 1 apple (182 g)	
total calories 91	fat calories 2
	% daily value*
total fat 273 mg	0%
saturated fat 45 mg	0%
trans fat	
cholesterol 0 g	0%
sodium 910 µg	0%
total carbohydrates 24 g	8%
dietary fiber 3 g	13%
sugar 19 g	
protein 482 mg	1%
vitamin A 2%	vitamin C 13%
calcium 1%	iron 1%
vitamin E 1%	thiamin 2%
riboflavin 3%	niacin 1%
vitamin 86 4%	folate 1%
phosphorus 2%	magnesium 2%
zinc 1%	

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(averaged over different types of apple

