```python
from flask import Flask, render_template,request
from werkzeug.utils import secure_filename
app = Flask(__name__)
@app.route('/')
def upload_file():
 return render_template('upload1.html')
@app.route('/uploder', methods=['GET','POST'])
def flask_upload():
 if request.method == 'POST':
 f = request.files['file']
 f.save(secure_filename(f.filename))
 return 'file uploaded successfully'

if __name__ == '__main__':
 app.run(debug = True)
```

```html
<html>
<body>
<form action="/uploder" method = "POST"
enctype ="multipart/form-data" >
<input type = "file" name="file" />
<input type = "submit"/>
</form>
</body>
</html>
```