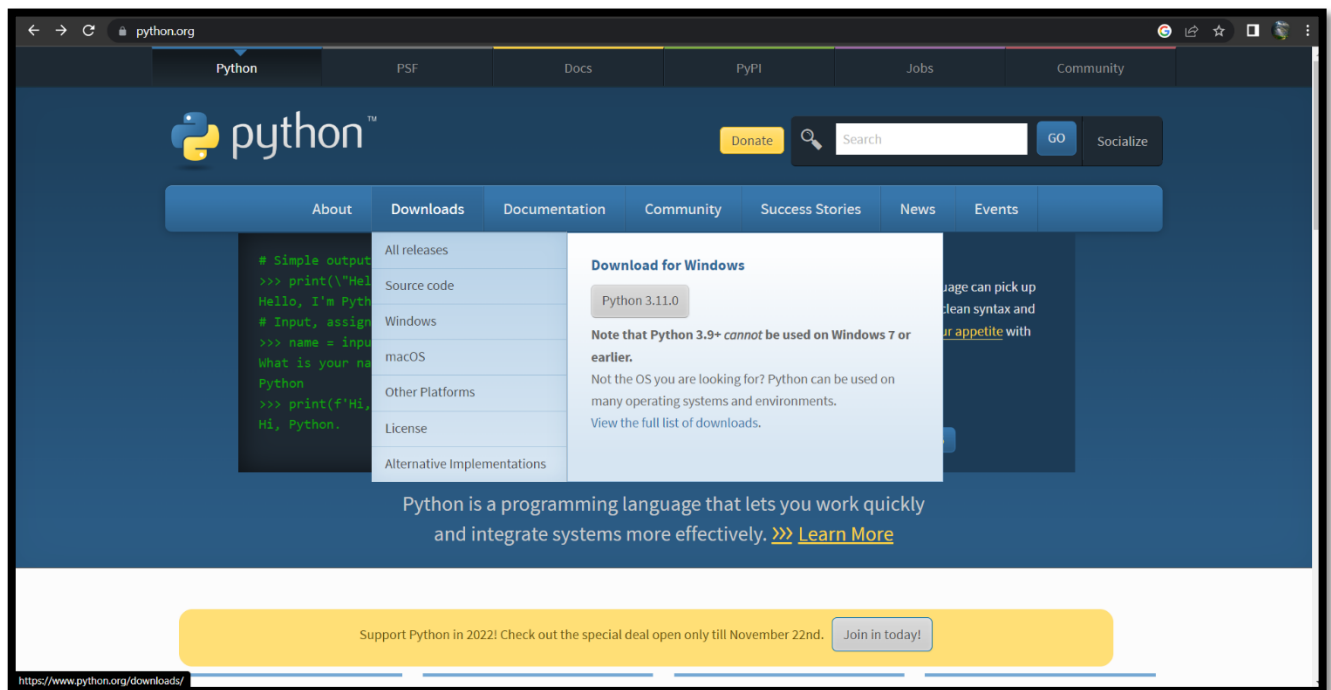


## Setting up Application Environment

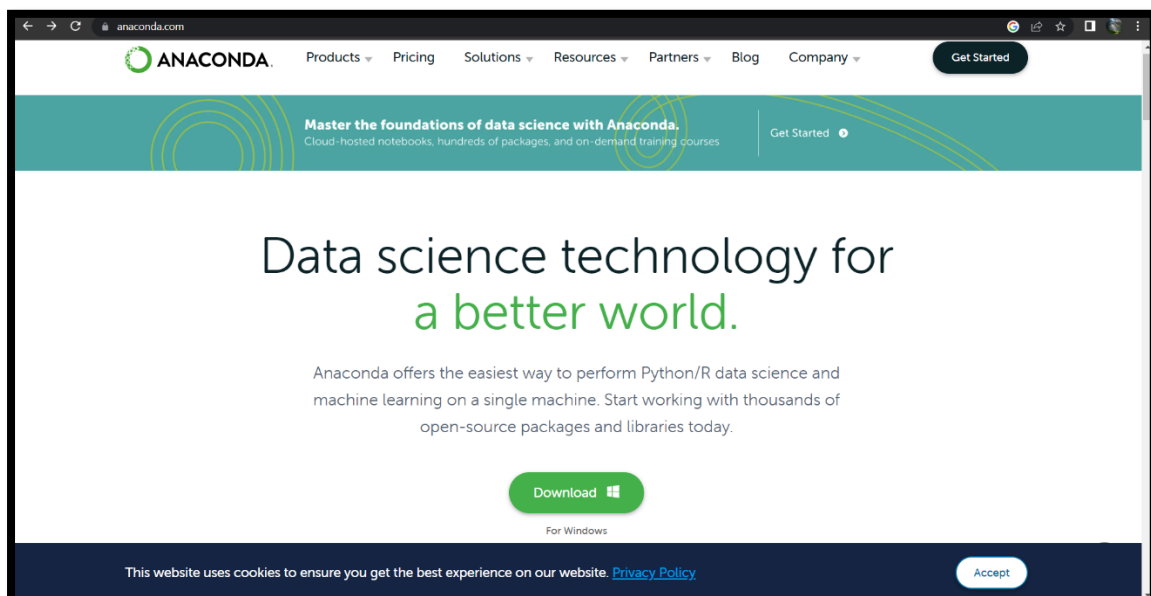
### Create Flask Project

Team ID	PNT2022TMID00941
Project Name	Nutrition Assistant Application

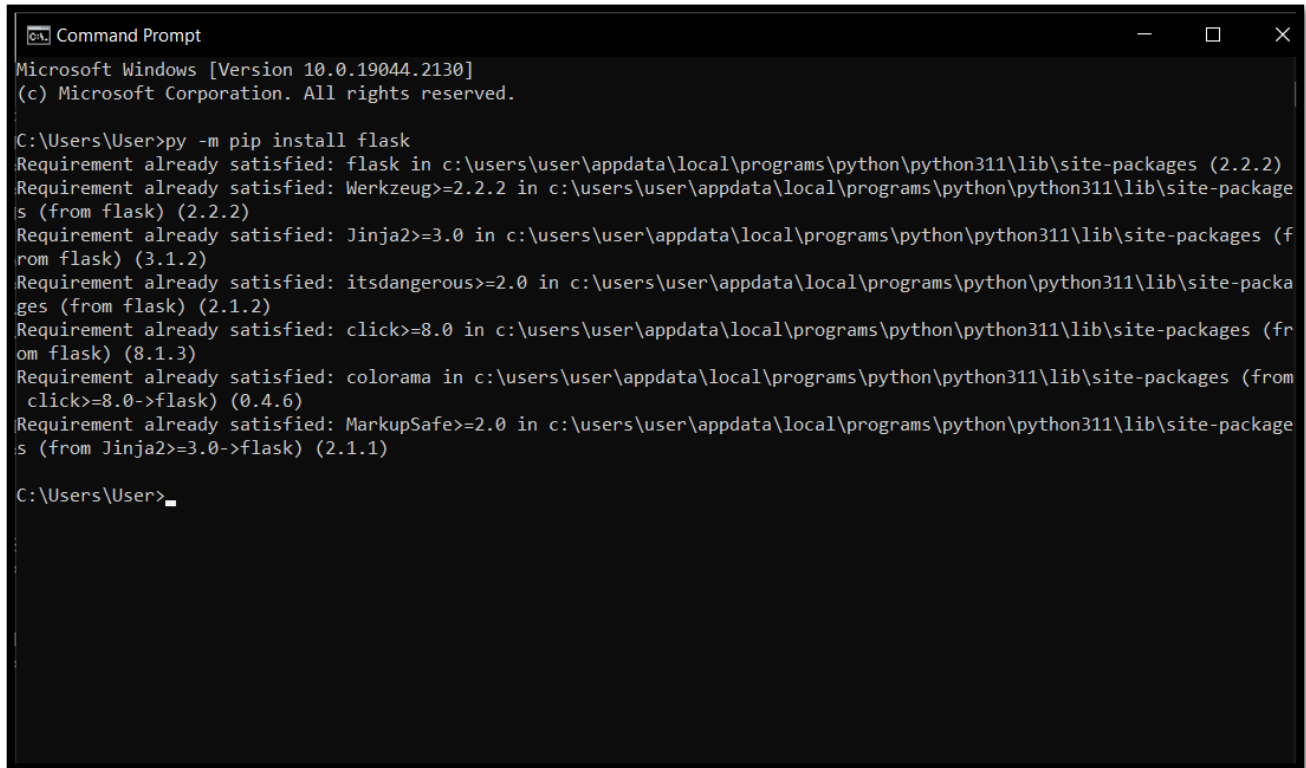
#### Step 1. Install Python latest version from python.org



#### Step 2. Download Anaconda from <https://www.anaconda.com/> and install it by running the .exe file



### Step 3. Install Flask using command `pip install flask`

A screenshot of a Windows Command Prompt window. The title bar reads 'Command Prompt'. The window content shows the following text:

```
Microsoft Windows [Version 10.0.19044.2130]
(c) Microsoft Corporation. All rights reserved.

C:\Users\User>py -m pip install flask
Requirement already satisfied: flask in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (2.2.2)
Requirement already satisfied: Werkzeug>=2.2.2 in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from flask) (2.2.2)
Requirement already satisfied: Jinja2>=3.0 in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from flask) (3.1.2)
Requirement already satisfied: itsdangerous>=2.0 in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from flask) (2.1.2)
Requirement already satisfied: click>=8.0 in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from flask) (8.1.3)
Requirement already satisfied: colorama in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from click>=8.0->flask) (0.4.6)
Requirement already satisfied: MarkupSafe>=2.0 in c:\users\user\appdata\local\programs\python\python311\lib\site-packages (from Jinja2>=3.0->flask) (2.1.1)

C:\Users\User>_
```

### Step 4. Open a new Python file and start coding

```
from flask import Flask
app = Flask(__name__)
@app.route('/')
def hello():
    return "Hello World"
if __name__ == '__main__':
    app.run(debug=True)
```

**Step 5.** Run the Python file using command `python filename.py`

