I am

The leading cause of death in the developed world is heart disease. Therefore, there needs to be work done to help prevent the risks of having a heart attack or stroke.Heart disease is the one of the biggest threat for the people who is above 40 but it ic becoming threat for lower age people too.In medical it can treated using ECG and various technologies to solve these problems.

I'm trying to

Our solution is to findout the persons who are all on edge of the heart disease through data analytics. For this we are going to take a survey on people age,food habits and gender by this we can visualize the heart disease and we can examine who are all normal and who have heart disease.

But

When people facing heart disease they should be confident that they can get rid off from the heart disease but most of the people feel depressed , feel lonely and insecure. They should develop self confidence to tackle their problem.

Because

The main reason for getting cardio vascular disease are High blood pressure (hypertension),High cholesterol (hyperlipidemia),Tobacco use (including vaping),Type 2 diabetes,Family history of heart disease,Lack of physical activity,Having excess weight or obesity,Diet high in sodium, sugar and fat,Overuse of alcohol.

Which makes me feel

Chest pressure, heaviness or discomfort, sometimes described as a "belt around the chest" or a "weight on the chest."Shortness of breadth,fainting,Fatigue.