PHASE MAPPING OF PARKINSONS DISEASE / PATIENTS JOURNEY OF PARKINSONS DISEASE

Symptoms, Experience of patients, Treatment

Stage 1

Mildest form of

Symptoms

What are all the changes occurring in the body?

of the body

Tremors occurs at specific side

Experience of Patients

How the patients feel at each stage of diseases?

Assistance for Patients

How the patients can be assisted?

Patients don't feel any changes and most often miss the stage 1 symptoms

Medicines are prescribed to reduce tremor

The prescribed medicines allow the individual to lead normal life

Stage 2

Moderate form of disease

> Tremor becomes noticeable

Patients feel

difficulties

increased walking

Changes in facial expressions

happens

Speech therapy will be

prescribed for the patient

Patients feels that

prolonging of time to

complete a task

Stiffness initially occurs at this stage

problems also appears at this stage

Trembling

Patients feel Speech difficulties to some extent

Medicines are prescribed to reduce tremor and stiffness

Stage 3

Middle stage of problem

> Reduced reflexes occur at this stage

Physical balance loss happens

Patients feels that they are losing control to balance their body

Patients feels that their movement becomes slow

Training will be given for patients to maintain body balance

Stage 4

Physical movement requires assistive devices

Their will be significant decrease in physical movements

Reaction time of patients is reduced

Stage 5 Advanced stage of

problem

Advanced muscular stiffness occurs in the body results in freezing problems and Delusions and Hallucinations also occurs at this stage

Patients feels that they are going to lose their independence

Patients comes to know that they have to depend on someone for daily routines

Walker is provided to go with physical movements without facing any difficulty The patients feels that he/she lost their independence

The patient is not able to stand nor walk because of freezing problems

Assistance of wheelchair is required for patients

Nurse is provided for round the clock assistance to prevent any fall