

FOOD DETAILS & NUTRIENT

If you enter the image of the food we can give you the list of nutrient values it has. we also provide a service that can tell you the list of ingredients just by entering the food name

[CHECK HERE](#)

Our Services



Food nutrient value

If you enter the food name/ image/ image URL we will give the information about the food and its nutrients

[OPEN SERVICE](#)



Daily nutrient tracker

enter the food you consumed and we will track the food and store the total nutrients . You can then watch the total intake of the day

YOUR NUTRIENT ANALYST

Get to know about **your** food intake

We provide you the information based on the food input. You can check the food contents by uploading the food image/ image URL/ food name.

We also provide the service to track your daily food and Nutrition intake. You can then view your total nutrient consumption per day or week.

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HEALTHY WORLD & HEALTHY PEOPLE

Our services provide you the nutrients details. Our aim is make aware of importance of nutrients. Every one should intake the sufficient amount of nutrients required as per the body requirments

[LEARN MORE](#)

 OneDrive
Screenshot saved
The screenshot was saved to your OneDrive. To activate OneDrive, click here.

This is Just a Demo service for more services do register.

!!!!!!! scroll down !!!!!!!!

The entered food is PIZZA



Ingredients

Nutrition	Nutrition Value
Vitamin D (D2 + D3), International Units	0.0 IU
Protein	10.2 G
Total lipid	

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Go to Settings to activate Windows.

Home LOGIN register

This is a difficult time of Covid pandemic

We must take care of our health

We need to follow all the guidelines provided by the WHO and the government.

We must maintain a good health in order to face the diseases. Increasing the immunity of our body is in our hands. It can be achieved by following a proper nutritional diet.

[Redirect to WHO page](#)

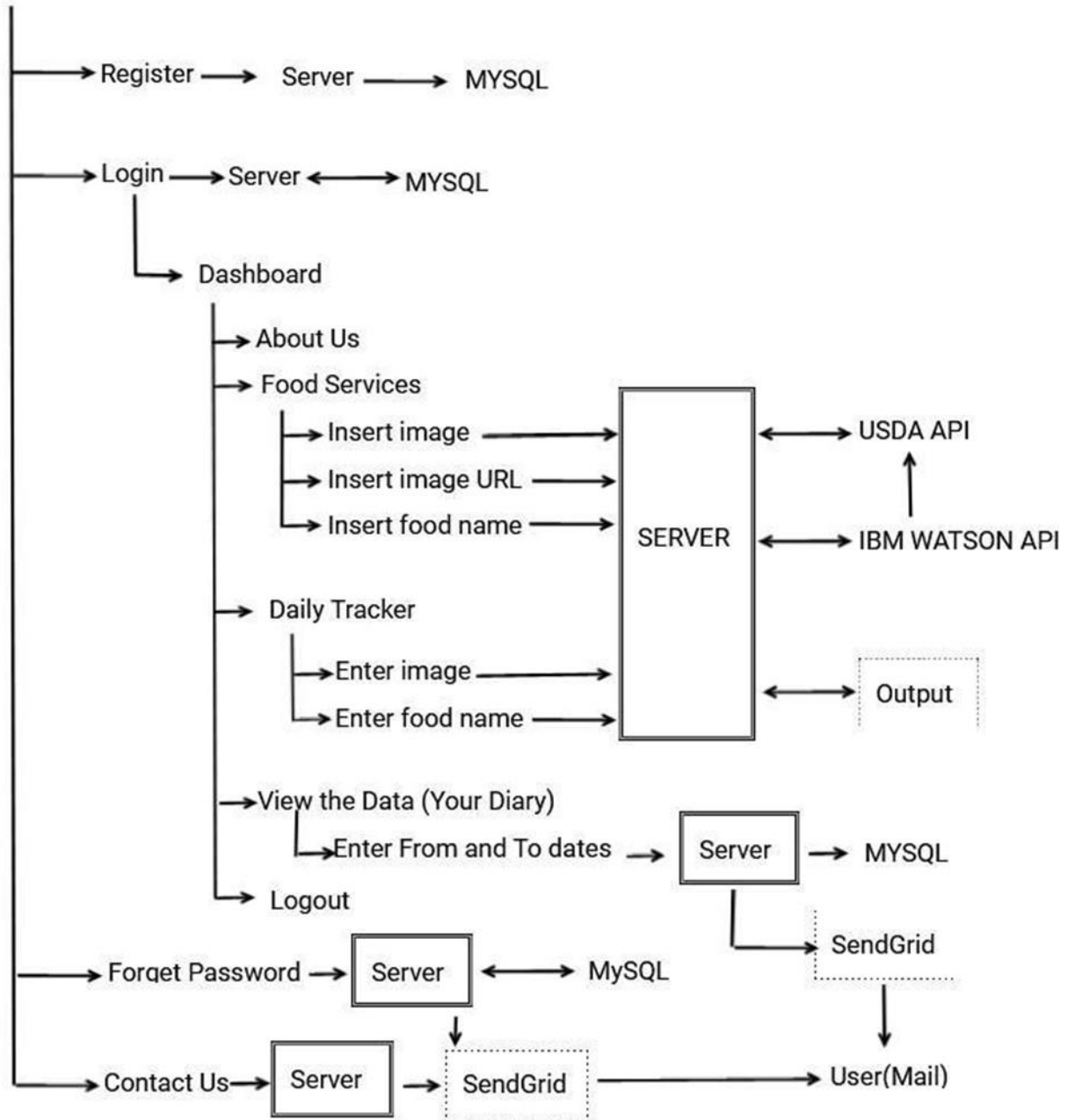
These are the steps to increase the immunity. NOT TREATMENT FOR COVID 19

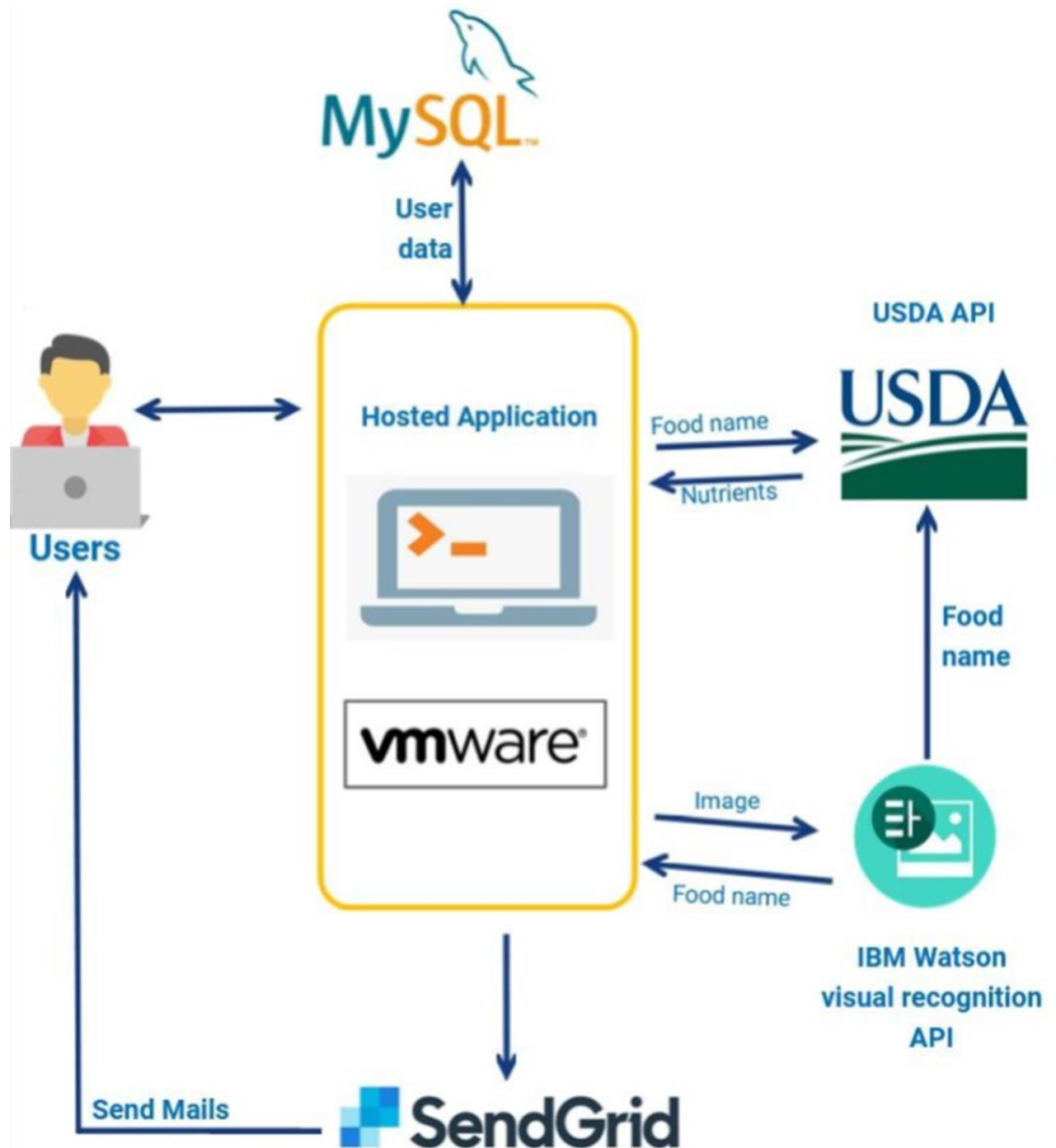
[According to the Ministry of Health](#)

Recommended Measures

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fig : A screen shoot from Covid precaution page.





CONTACT US

SEND

ABOUT US

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READ MORE



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ESTIMATE	PERCENTAGE
samosa	0.9961227178573608
salsa	0.9914050102233887
sauce	0.9837049841880798
Your entered food is samosa	--

Nutrition	Nutrition Value
Protein	11.8 G
Total lipid (fat)	7.06 G
Carbohydrate, by difference	9.41 G
Energy	153 KCAL
Sugars, total including NLEA	2.35 G
Fiber, total dietary	2.4 G
Calcium, Ca	24.0 MG
Iron, Fe	1.27 MG
Sodium, Na	553 MG
Vitamin A, IU	353 IU

To upload an image

Your username

Your password

Enter date

Enter Time

No file chosen

To enter the food name

Your username

Your password

Enter date

Enter Time

Click [here](#) to submit the data

Our Services Use any ONE of these 2

We need to keep your data secured so ensure to enter user name and password every time you enter the food details

Food you had is = RICE

Click [here](#) to submit the data

Submit

YOUR DIARY

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Track your data~Select the dates that you desire to view
We need to keep your data secured so ensure to enter user name and password every time

Enter the details find your data

Your username
pranav

Your password
.....

Enter from date
05/05/2021

Enter to date
05/10/2021

ok

DASHBOARD

ABOUT US

FOOD SERVICES

DAILY TRACKER

PERSONAL DIARY

LOGOUT

Total Nutrients consumed

Protein(g)	lipid(g)	Carbohydrate(g)	Energy(kcal)	Sugars(g)	Fiber(g)	Calcium(mg)	Iron(mg)	Sodium(mg)	Vitamin A(iu)	Vitamin C(iu)	Cholesterol(mg)	Fatty acids trans(g)	Fatty acids saturated(g)
88.19	65.27	313.0	4573.0	58.28	25.74	0.72	22.1	1488.0	918.82	4843.0	2008.0	16.7	167.0

Your data

Id	Date	Time	Food	Protein(g)	lipid(g)	Carbohydrate(g)	Energy(kcal)	Sugars(g)	Iron(mg)	Sodium(mg)	Vitamin A(iu)	Vitamin C(iu)	Cholesterol(mg)	Fatty acids trans(g)	Fatty acids saturated(g)	Calcium(mg)
17	2021-05-05	16:46	PIZZA	10.2	10.8	28.0	242.0	1.27	1.9	127.0	127.0	669.0	0.0	0.0	22.0	0.0

<div> <div>Dashboard</div> <div>About Us</div> <div>Food Services</div> <div>Daily Tracker</div> <div>Personal Diary</div> <div>Logout</div> </div>																	
Date	Time	Food Item	Calories	Protein	Lipid	Carbohydrate	Energy	Sugars	Fiber	Sodium	Potassium	Calcium	Iron	Copper	Magnesium	Zinc	Phosphorus
2021-05-17	16:45	PIZZA	10.2	10.8	28.0	242.0	1.27	1.9	127.0	127.0	669.0	0.0	0.0	22.0	0.0	5.1	
2021-05-22	02:17	SAMOSASAMOSA SEASONED WHOLE BLENDS, SAMOSA	11.8	7.06	9.41	153.0	2.35	2.4	24.0	24.0	553.0	353.0	2.8	4.0	0.0	235	
2021-05-23	22:54	SAMOSASAMOSA SEASONED WHOLE BLENDS, SAMOSA	11.8	7.06	9.41	153.0	2.35	2.4	24.0	24.0	553.0	353.0	2.8	4.0	0.0	235	
2021-05-24	22:56	Food you had is = pizza	11.4	9.69	33.3	1113.0	3.58	2.3	188.0	2.48	598.0	358.0	1.4	17.0	0.241	4.46	
2021-05-25	23:02	Food you had is = Milk shakes, thick vanilla	3.86	3.03	17.8	112.0	17.8	0.0	146.0	0.1	95.0	91.0	0.0	12.0	0.0	139	
2021-05-27	23:32	Food you had is = PIZZA	11.4	9.69	33.3	1113.0	3.58	2.3	188.0	2.48	598.0	358.0	1.4	17.0	0.241	4.46	
2021-05-28	23:54	PIZZA	11.4	9.69	33.3	1113.0	3.58	2.3	188.0	188.0	598.0	358.0	1.4	17.0	0.241	4.46	
2021-05-29	12:52	RICE	3.47	2.43	26.4	139.0	1.39	1.4	28.0	1.88	465.0	69.0	2.5	0.0	0.0	0.0	
2021-05-30	15:41	SUGAR	6.19	2.3	35.8	344.0	17.8	3.8	535.0	535.0	13.0	0.0	1.3	0.0	0.0	0.143	
2021-05-32	02:40	RICE	3.47	2.43	26.4	139.0	1.39	1.4	28.0	1.88	465.0	69.0	2.5	0.0	0.0	0.0	
2021-05-33	02:41	pea soup	3.2	1.09	9.80	61.0	3.19	1.9	12.0	12.0	336.0	0.0	0.6	0.0	0.0	0.524	



Hello pranav,

You have consumed the following nutrients From - 2021-05-05 To-2021-05-10,

Protein 88.19g,

lipid 65.27g,

Carbohydrate 313.0g,

Energy 4673.0kcal,

Sugars 58.28g,

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Fiber 25.74g,
Calcium 0.72mg,
Iron 22.1mg,
Sodium 1488.0mg,
Vitamin_A 918.82u,
Vitamin_C 4943.0u,
Cholesterol 2009.0mg,
Fatty_acids_trans 16.7g,
Fatty_acids_saturated 167.0g

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For any query, message to this mail

or

Visit our contact us page on website



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