What constraints prevent your customers from taking action or limit their

This application gives accurate information

about the food we need and searching the

Define fit into

1. CUSTOMER SEGMENT(S)

Who is your customer?



6. CUSTOMER CONSTRAINTS

choices of solutions?



Which solutions are available to the customers when they face the problem or need to get the job done? What have they tried in the past?

This app will help us to choose healthier foods and suggests some calorie less foods. It also provides tips to control weight management.

5. AVAILABLE SOLUTIONS

This app will help This will connect users with fitness coaches. They will help user with diet plans and suggests some physical activities.

AS

The people with obesity, who wants to track their calories and monitor their progress toward weight management goals.

The people who want a healthy diet and to track their fitness level with the help of nutrition assistance application.

This app is very easy to use and the interface is pleasant and user friendly.

2. JOBS-TO-BE-DONE / PROBLEMS





done?



Which jobs-to-be-done (or problems) do you address for your customers?

- It implements meal plans that improve the customers health and also track their daily calorie intake.
- If the user exceeds their limited calorie level suggested by the app, the user will get warning notification from the user.

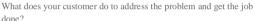
9. PROBLEM ROOT CAUSE

database is simple.

What is the real reason that this problem exists? What is the back story behind the need to do this job?

- The obesity is generally caused by eating unhealthy food and consumes high amount of energy.
- Heavily processed foods are often little more than refined ingredients mixed with high amount of fats.

7. BEHAVIOUR



- In search box, the user will able to get the nutrition information of the food they want. And they may track their calorie intake.
- They also have premium option, where the user will get direct appointment with nutritionist and they may control their obesity level with the help of diet plan.

3. TRIGGERS

What triggers customers to act?



10. YOUR SOLUTION



8. CHANNELS OF BEHAVIOUR



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Provides more support around improving our wellness by allowing us

track health and fitness achievements from anywhere.

If you are working on an existing business, write down your current solution first, fill in the canvas, and check how much it fits reality.

Our Nutrition application will help the users with not only providing nutrition information but

What kind of actions do customers take online? Extract online channels from #7

ONLINE:

They get reliable information about the food they search for and able to track their fitness level.

4. EMOTIONS: BEFORE / AFTER



How do customers feel when they face a problem or a job and afterwards?

BEFORE:

People don't have any option than direct appointment with nutritionist in physical mode.

AFTER

This app is very handy, so the user will get their nutrition information whenever they need.

also helps with weight management goals.

- > Users can set their daily goals by setting how much calorie they were intaking and if they exceed their limit, the app will give warning notification to the user.
- The premium will also available, where user can chat with online nutritionist and can get some medical advices from them.

8.2 OFFLINE

What kind of actions do customers take offline? Extract offline channels from #7 and use them for customer development.

OFFLINE:

They have to pay fee to the nutritionist, but this help the people who were in urban areas.