PROBLEM SOLUTION FIT

Date	19 September 2022	
Team ID	PNT2022TMID37006	
Project Name	Nutrition Analyser	
Maximum Marks	2 Marks	

AS

1. CUSTOMER SEGMENT(S)

Who is your customer? i.e. working parents of 0-5 v.o. kids

Define

CS,

fit into

*People who want to fit their body should maintain proper balanced

CS

J&P

TR

 \mathbf{EM}

6. CUSTOMER CONSTRAINTS

What constraints prevent your customers from taking action or limit their choices of solutions? i.e. spending power, budget, no cash, network connection, available

 constraints may contribute to the unhealthy food choices observed among low socioeconomic groups i n industrialized countries

5. AVAILABLE SOLUTIONS

CC

Which solutions are available to the customers when they face the

or need to get the job done? What have they tried in the past? What pros & cons do these solutions have? i.e. pen and paper is an alternative to digital

- Try to eat more protein and fat, and less simple sugars.
- Ask your doctor or dietitian about nutritional supplements.
- Avoid non-nutritious beverages

2. JOBS-TO-BE-DONE / PROBLEMS

Which jobs-to-be-done (or problems) do you address for your customers? There could be more than one; explore different sides.

*Being a hollstic wellness coach, Food scientist, Nutrition educator are the iobs can successfully done in this field

9. PROBLEM ROOT CAUSE

What is the real reason that this problem exists? What is the back story behind the need to do

i.e. customers have to do it because of the change in

- Lack of appetite, or decreased hunger
- A sore mouth or throat can make eating difficult
- Undiet plan in untime eating

7. BEHAVIOUR

What does your customer do to address the problem and get the job done? i.e. directly related: find the right solar panel installer, calculate usage and benefits indirectly associated: customers spend free time on volunteering work (i.e. Greenpeace)

*the sum of all planned, spontaneous or habitual actions of individuals or social groups to procure, prepare, and consume food as well as those actions related to storage and clearance.

3. TRIGGERS

strong

What triggers customers to act? i.e. seeing their neighbour installing solar panels, reading about a more efficient solution in the news.

Antigens are substances that the body labels as foreign and harmful, which triggers immune cell activity.

4. EMOTIONS: BEFORE / AFTER

How do customers feel when they face a problem or a job and afterwards? i.e. lost, insecure > confident, in control - use it in your communication strategy & design.

Before: Initially they felt inferiority complex by their own. And felt more negative thoughts and underestimate themselves.

After : After the correct session they had a great confidence among themself. And achive their Heathy diet

10. YOUR SOLUTION

If you are working on an existing business, write down your current solution first, fill in the canvas, and check how much it fits reality.

If you are working on a new business proposition, then keep it blank until you fill inthe canvas and come up with a solution that fits within customer limitations, solves a problem and matches customer behaviour.

- •In our plateform we provide a individual healthy chart for subscribers
- Normally Common health diet plan was allocated
- Seek your way on organic side amd stay healthy

8. CHANNELS of BEHAVIOUR



What kind of actions do customers take online? Extract online channels from #7

Refer journal, through online applications.

attending some online session, following healthy remedies.

8.2 OFFLINE

What kind of actions do customers take offline? Extract offline channels from #7

*Taking proteins, visit gym, doing aerobic exercise, consume huge water.



