

PROJECT REPORT

On

**“ PERSONAL ASSISTANCE FOR SENIORS
WHO ARE SELF-RELIANT ”**

Submitted to

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1.INTRODUCTION :

1.11 Project Overview :

In this scenario, the Internet of Things (IoT), a technology that connects a variety of everyday devices and systems (e.g. Sensors, actuators, appliances, computers, and smartphones), can provide highly distributed intelligent systems in order to connect several devices and exchange information with human beings and collect the related data, thus representing an effective solution to design smart homes with integrated e-health and assisted living technology. This IoT application in gerontechnology could play a crucial role in overturning the healthcare system for the elderly.

1.12 Purpose :

As technology improves, IoT can help eliminate these issues. Data collected from IoT devices formulates an individual's daily story by monitoring their routine, picking up inconsistencies and alerting emergency services if necessary. Connected IoT devices in the home improve safety, with experts projecting sales of [50 million wireless consumer devices](#) for monitoring health by 2017, the smart home is here to stay.

2.LITERATURE SURVEY

2.1 Existing problem

A Comprehensive survey of IoT- and IoMT based edge-intelligent smart health care, mainly focussing on journal articles published between 2014 and 2020. The systematic review process PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) to identify studies and narrow down results for this review.

2.2 References

The study proposed Unobtrusive Biosensors, Intelligent Medical Boxes, and a Cloud Computing Architectural Framework. Amongst other technologies and

advancement that would pitch the HealthCare Industry to unparalleled heights in terms of efficiency and Patient Comfort.

6

2.3 Problem Statement Definition

The Paper Proposes to revolutionize the industry by real time exchange of data to seamlessly and proactively offer prediction, diagnosis and remedies. The framework this paper proposes is aptly called the internet of medical things (IoMT) which opens a whole new avenue for the patient-Healthcare provider interface (PHI) and wearable Health Technology (WHTH).

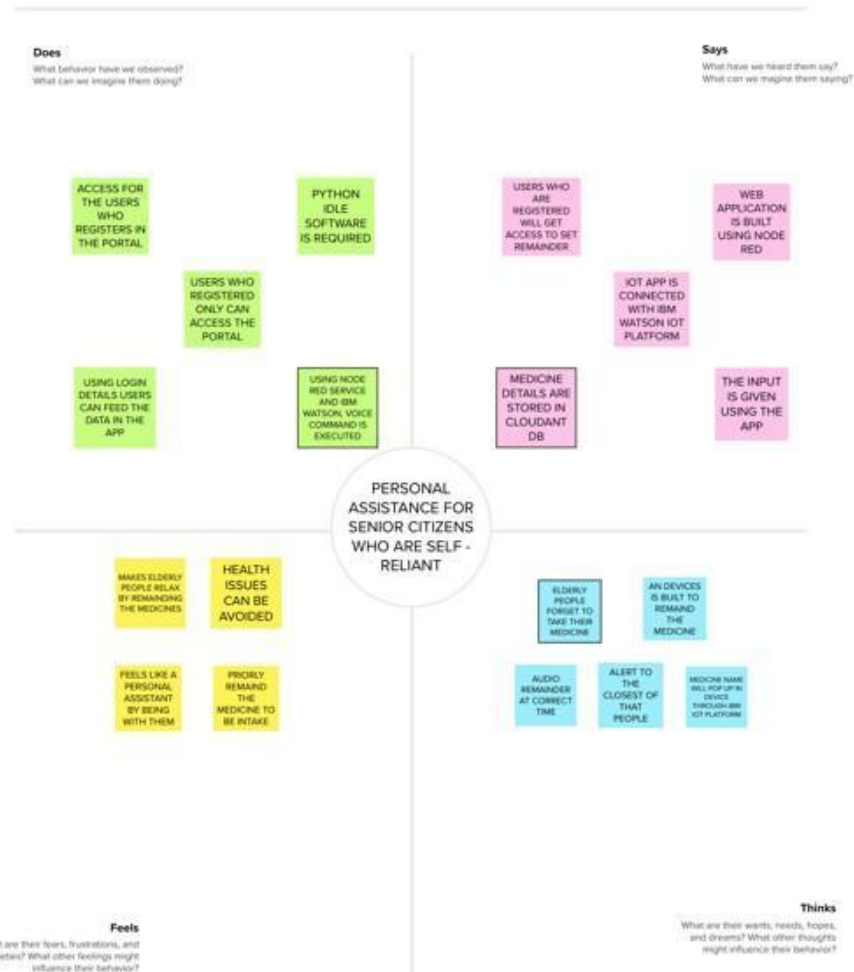
3. IDEATION & PROPOSED SOLUTION :

3.1 Empathy Map Canvas



Build empathy

The information you add here should be representative of the observations and research you've done about your users.



3.2 Ideation & Brainstorming

2

Brainstorm

Write down any ideas that come to mind that address your problem statement.

🕒 10 minutes

TIP

You can select a sticky note and hit the pencil [switch to sketch] icon to start drawing!

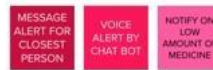
BALAJI.T



ANNAMALAI.A



ISAKDAYAS.S



AJAY.A



GIRISHANKAR



3.2 Problem Solution fit



Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	Senior citizen who is self-reliant.	Eat medicines at correct time	Fails to eat	No one is there to remind about medicines or forgot by themselves	Anxious

3.3 Proposed Solution

3

Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

🕒 20 minutes



4. REQUIREMENT ANALYSIS

4.1 Functional requirement

Project Title: Personal Assistance for Seniors who are Self Reliant

Project Design Phase-I -

Solution Fit Template

Team ID: PNT2022TMID26620

	<p>Define CS, fit into</p> <p>1. CUSTOMER SEGMENT(S) CS</p> <p>Here the customers are the elder people who needs to take medicine regularly at correct time.</p> <p>Patients who can't be monitored</p>	<p>6. CUSTOMER CONSTRAINTS CC</p> <p>Due to lack of internet.</p> <p>It should be present near to them.</p> <p>Knowing the process of using the</p>	<p>5. AVAILABLE SOLUTIONS</p> <p>If customers medicine ,medication then to take medicine.</p> <p>Alert the customer by SMS alarm.</p>
<p>Focus on J&P, tap into BE, understand RC</p>	<p>2. JOBS-TO-BE-DONE / PROBLEMS J&P</p> <p>Remembrance of the medicine to be consumed through voice.</p> <p>Message sent on regarding intake of medicines to the closest persons.</p> <p>Alert the patient about the low amount of medicine.</p>	<p>9. PROBLEM ROOT CAUSE RC</p> <p>Doctors cannot monitor the patients all the time.</p> <p>Visually impaired persons needs an assistance.</p> <p>Elder people(self-reliant) who needs care to be taken.</p>	<p>7. BEHAVIOUR</p> <p>The customer can use 'help' the application to get the problem solved.</p> <p>The user can use user guide in the 'about' section for reference.</p>

	<div>3. TRIGGERS<div>TR</div><div><div>· The customers are introduced with this by the doctors.</div><div>· By seeing ads on the internet.</div></div></div>	<div>10. YOUR SOLUTION<div>SL</div><div><div>Notifying of medicines names through audio and message with the help of data fed from the mobile application which is initiated by web application which stores the user details.</div></div></div>	
	<div>4. EMOTIONS: BEFORE / AFTER<div>EM</div><div><div>How do customers feel when they face a problem or a job and afterwards?</div><div><div>BEFORE: Customers forgot to take at right time which affect their health.</div></div></div></div>		<div>m</div> <div>m</div>

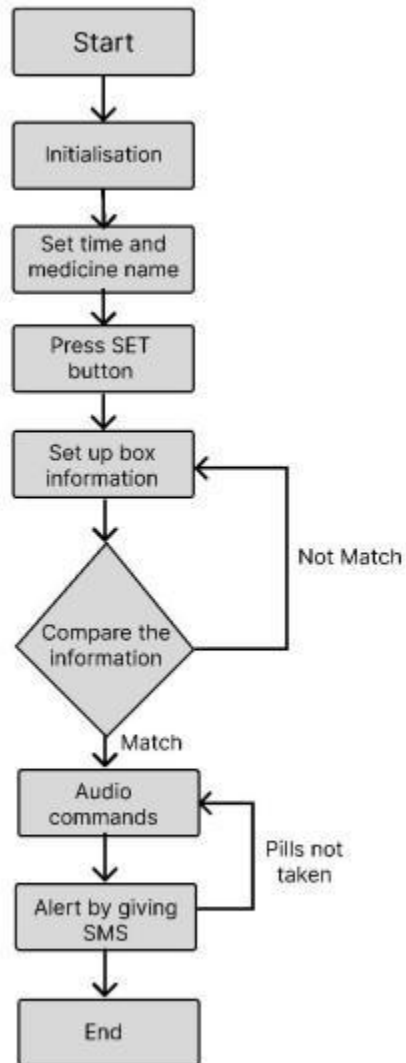
	<p>AFTER: Now after using medcare applications customers are taking their medicines properly at correct time.</p>		
--	--	--	--

4.2 Non-Functional requirements

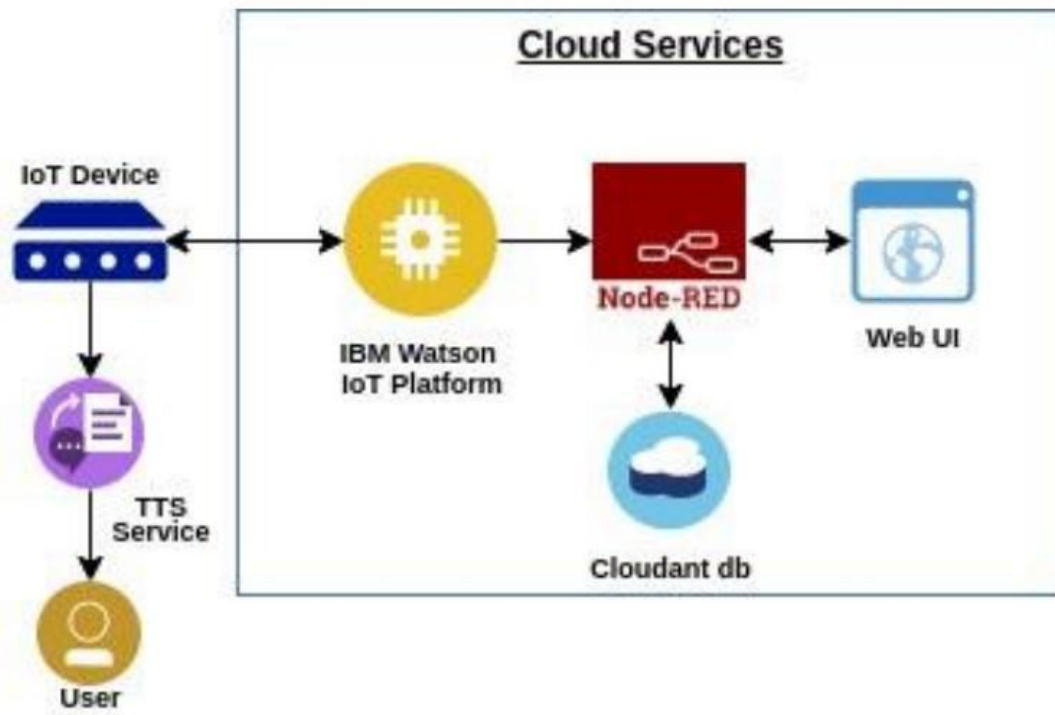
FR No.	Non-Functional Requirement	Description
NFR-1	Usability	The system should be user-friendly for the users. It is used to remaind the medicine names. It alerts the users through voice commands.
NFR-2	Security	The login information should not be accessed by anyother users than the respective. The data of the users should be kept confidential.
NFR-3	Reliability	Reminds on correct time The user data should be updated and examined after certain period of time.
NFR-4	Performance	The voice message will be delivered accurately to the given time. It works without any connection interruption
NFR-5	Availability	The system should be monitored 24X7 for the alert of medicines. It can be used by any registered users from any place.
NFR-6	Scalability	It is easily adaptable The device is compatible and portable The application can handle any number of registration.

5.PROJECT DESIGN :

5.1 Data Flow Diagrams



5.2 Solution & Technical Architecture



6.PROJECT PLANNING & SCHEDULING

6.1 Sprint Delivery Schedule

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points
Sprint-1	Login	USN-1	As a admin, I can log into the application by entering username & password	5
Sprint-1		USN-2	When the admin doesn't enter the username it displays an error message group	3
Sprint-1		USN-3	When the admin doesn't enter the password it displays an error message popup	4

Sprint-1		USN-4	When the admin enters the invalid credentials it displays an error popup	5
Sprint-1		USN-5	When the admin enter the correct username and password it redirects to the dashboard	3
Sprint-2	Dashboard	USN-1	Creating a Node-Red dashboard	5
Sprint-2		USN-2	Developing a Node-Red to publish data to IBM cloud	8
Sprint-2		USN-3	Create a register form in Node-Red	7
Sprint-3	Creating device	USN-1	Creating a device in IBM Watson IOT platform	10
Sprint-3	Python	USN-2	Connect the device created in wwi to the device created in IBM Watson IOT platform.	10
Sprint-4		USN-1	Troubleshooting errors	5
Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points
Sprint-4		USN-2	Install twilio node in node-red	5

Sprint-4		USN-3	Using right credentials in it	6
Sprint-4		USN-4	Run the program from iot devices and check the simulation	4

7. CODING :

PYTHON CODE :

```
#IBM Watson IOT Platform
#pip install wiotp-sdk
import wiotp.sdk.device
import time
import random
myConfig = {
    "identity": {
        "orgId": "rjt3pq",
        "typeId": "CheckingDeviceType",
        "deviceId": "26620"
    },
    "auth": {
```

```
"token": ")jTAgpooTUE+vVYW4K"
```

```
}
```

```
}
```

```
def myCommandCallback(cmd):
```

```
print("Message received from IBM IoT Platform: %s" %
```

```
cmd.data['command'])
```

```
m=cmd.data['command']
```

```
client = wiotp.sdk.device.DeviceClient(config=myConfig,
```

```
logHandlers=None)
```

```
client.connect()
```

```
while True:
```

```
med="Paracetamol"
```

```
med1="D Cold"
```

```
myData={'medicine1':med, 'medicine2':med1}
```

```
client.publishEvent(eventId="status", msgFormat="json",
```

```
data=myData, qos=0,
```

```
onPublish=None)
```

```
print("Published data Successfully: %s", myData)
```

```
client.commandCallback = myCommandCallback
```

```
time.sleep(2)
```

```
client.disconnect()
```

CODES IN NODE-RED :

```
1).var d = new Date();  
var utc = d.getTime() + (d.getTimezoneOffset() * 60000);  
var offset = 5.5;  
newDate = new Date(utc +(3600000*offset));  
var n=newDate.toISOString()  
var date = n.slice(0,10)  
var time = n.slice(11,16)  
global.set('time',time)  
msg.payload=date+" "+time  
return msg;
```

```
2).var d=msg.payload.date  
var t=msg.payload.time  
msg.payload = {  
  "_id":d+" "+t,  
  "name":msg.payload.name,  
}  
return msg;
```



```
return msg;
```

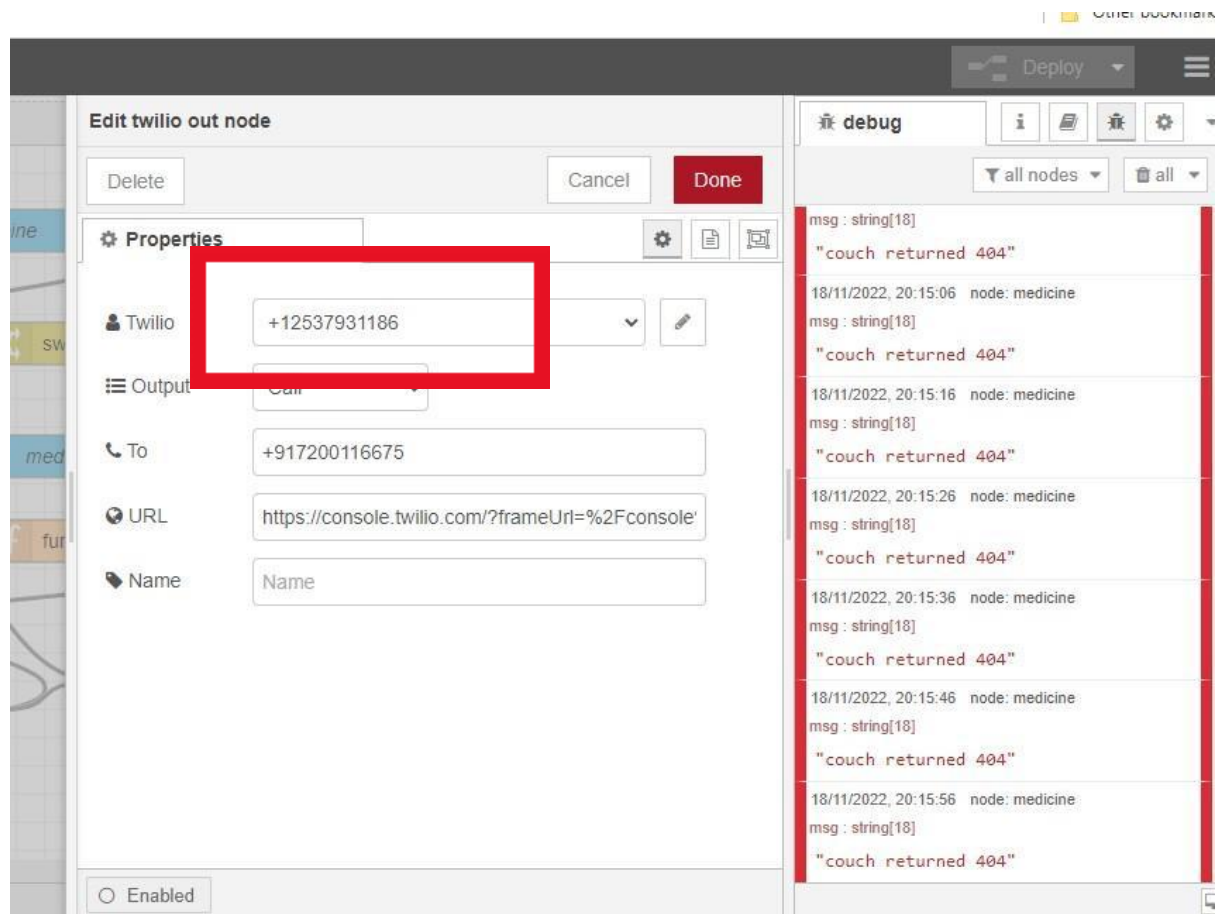
```
4).msg.payload={"command":msg.payload.name}
```

```
return msg;
```

8. TESTING :

[illegible]

RESULT :



+1 253 793 1186



Likely Sales



6AM · Auburn United States

+12537931186

Other - Onvoy, LLC - WA - Last call 12 min. ago

truecaller



Remind



Reply

10. CONCLUSION :

Along with an exponential growth in connected devices, each thing in IoT communicates packets of data that require reliable connectivity, storage, and security. With IoT, an organization is challenged with managing, monitoring, and securing immense volumes of data and connections from dispersed devices.

11. FUTURE SCOPE :

The future of IoT is virtually unlimited due to advances in technology and consumers desire to integrate devices such as smart phones with household machines. A Networking and connectivity protocol has made it possible to connect people and machines on all platforms.

12.APPENDIX :

SOURCE CODE :

PYTHON CODE :

```
#IBM Watson IOT Platform
```

```
#pip install wiotp-sdk
```

```
import wiotp.sdk.device
```

```
import time
import random
myConfig = {
    "identity": {
        "orgId": "rjt3pq",
        "typeId": "CheckingDeviceType",
        "deviceId": "26620"
    },
    "auth": {
        "token": ")jTAgpooTUE+vVYW4K"
    }
}

def myCommandCallback(cmd):
    print("Message received from IBM IoT Platform: %s" %
          cmd.data['command'])
    m=cmd.data['command']
    client = wiotp.sdk.device.DeviceClient(config=myConfig,
        logHandlers=None)
    client.connect()
    while True:
```

```
med="Paracetamol"
med1="D Cold"
myData={'medicine1':med, 'medicine2':med1}
client.publishEvent(eventId="status", msgFormat="json",
data=myData, qos=0,
onPublish=None)
print("Published data Successfully: %s", myData)
client.commandCallback = myCommandCallback
time.sleep(2)
client.disconnect()
```

CODES IN NODE-RED :

```
1).var d = new Date();
var utc = d.getTime() + (d.getTimezoneOffset() * 60000);
var offset = 5.5;
newDate = new Date(utc +(3600000*offset));
var n=newDate.toISOString()
var date = n.slice(0,10)
var time = n.slice(11,16)
global.set('time',time)
```

```
msg.payload=date+" "+time  
return msg;
```

```
2).var d=msg.payload.date  
var t=msg.payload.time  
msg.payload = {  
  "_id":d+" "+t,  
  "name":msg.payload.name,  
}  
return msg;
```

```
3).msg.payload = {  
  "date": "",  
  "time": ""  
}  
return msg;
```

```
4).msg.payload={"command" :msg.payload.name}  
return msg;
```

APPENDIX :

GITHUB LINK : <https://github.com/IBM-EPBL/IBM-Project-36086-1660292562>

PROJECT DEMO LINK : <https://youtu.be/qrhud9vmDI0>

WEB APPLICATION LINK :

<https://node-red-xznvx-2022-11-15.eu-gb.mybluemix.net/ui/#!/0?socketid=7VBgtWCOQvI2PGAaAAAZ>