

Empathy Map

Visualizing and Predicting Heart Diseases with an Interactive Dash Board

SAYS

1. Is age become a factor for heart disease
2. Variation in breathing rate leads to heart disease
3. Weight gain may be due to rise in cholesterol level ?
4. I need a stress free satisfying life to avoid heart diseases

THINKS

1. I can't do my regular activities
2. Is my improper food habit becomes a issue
3. Am I leading a stressful life
4. My smoking and alcoholic behaviour leads to this situation

DOES

1. Tracking a healthy food cycle
2. Avoiding habits like smoking and alcohol
3. Taking BMP test at regular intervals
4. Do regular exercise

FEELS

1. Easy to identify and eliminate unhealthy habits
2. Improving a healthy life
3. Controlling unhealthy habits