

## IDEATION PHASE PROBLEM STATEMENTS

Date	14 September 2022
Team ID	PNT2022TMID11404
Project Name	Nutrition Assisstant Application
Maximum Marks	2 Marks

User Problem Statement :

<b>Problem Statement (PS)</b>	<b>I am (Customer)</b>	<b>I'm trying to</b>	<b>But</b>	<b>Because</b>	<b>Which makes me feel</b>
PS - 1	Atheletes	Maintain the heathy lifestyle.	Couldn't identify all the nutrients all the time.	The food calories can't be calculated all the time.	Frustrated
PS - 2	Fitness Enthusiasts	Follow the diet regularly	Couldn't follow the diet regularly.	Lack of Knowledge about the required nutrients.	Go for the cheat day sometime.
PS-3	Senior Adults	Maintain the body weight and follow the diet provided by the nutritionist.	Couldn't maintain the diet properly.	The body condition gets poor because of intaking	Fatigue
PS-4	Teen to Middle Aged Adults	Lead a healthy lifestyle by following the diet.	Couldn't follow the diet foods regularly.	Intake of more junk foods often which leads to a unhealthy lifestyle.	Demotivated to stay fit.

