Login.html

```html
<!DOCTYPE html>
<html lang="en">

<head>
 <!-- REQUIRED META TAGS -->
 <meta charset="UTF-8">
 <meta name="viewport" content="width=device-width, initial-scale=1.0">
 <title>Nutrition Assistant Application</title>

 <!-- BOOTSTRAPS CSS  -->
 <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/bootstrap/4.0.0/css/bootstrap.min.css">

 <!-- OPTIONAL JAVASCRIPT -->
 <!-- JQUERY FIRST,THEN POPPER.JS,THEN BOOTSTRAP JS -->
 <meta charset="UTF-8">
 <meta http-equiv="X-UA-Compatible" content="IE=edge">
 <meta name="viewport" content="width=device-width, initial-scale=1.0">
 <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/bootstrap/4.0.0/css/bootstrap.min.css">
 <script src=https://stackpath.bootstrapcdn.com/bootstrap/4.1.1/css/bootstrap.min.css></script>
 <script src="https://stackpath.bootstrapcdn.com/bootstrap/4.1.1/js/bootstrap.bundle.min.js"></script>
 <script src="https://cdnjs.cloudflare.com/ajax/libs/jquery/3.2.1/jquery.min.js"></script>

 <style>
   .gradient-custom {
     /* fallback for old browsers */
     background: url('/static/images/nutri.jpg');
     /* Full height */
     height: 100%;

     /* Center and scale the image nicely */
     background-position: center;
     background-repeat: no-repeat;
     background-size: cover;
   }
 </style>
</head>
```

```html
<body>
  <section class="vh-100 gradient-custom">
    <div class="container py-5 h-100">
      <div class="row d-flex justify-content-left align-items-center h-100">
        <div class="col-12 col-md-8 col-lg-6 col-xl-5">
          <div class="card card  bg-transparent rounded border border-warning text-black" style="border-radius: 1rem;">
            <div class="card-body  p-5 ">

              <div class="mb-md-5 mt-md-4 pb-5">


                <h1 class="fw-bold mb-2 text-uppercase">Login</h1>
                <p class="text-white-50 mb-5">Please enter your login and password!</p>
                <form>
                <div class="form-group form-white mb-4">
                  <label class="form-label font-weight-bold " for="typeEmailX">Enter Your Email</label>
                  <input type="email" id="typeEmail"  class="form-control form-control-lg" required>

                </div>

                <div class="form-group form-white mb-4">
                  <label class="form-label font-weight-bold" for="typePasswordX">Enter Your Password</label>
                  <input type="password" id="typePassword" class="form-control form-control-lg"  required>

                </div>

                <p class="small mb-5 pb-lg-2"><a class="text-white-50" href="forgetpassword.html">Forgot password?</a></p>

                <input type="submit" name="submit_btn" id="register" class="btn btn-dark btn-md" > <a href ="/index"></a>
              </div>
            </form>
              <p class="mb-0 ">Don't have an account? <a href="/register">Sign Up</a>
              </p>
```

```
        </div>
      </div>

        </div>
      </div>
    </div>
   </div>
  </div>
 </section>
</body>

</html>
```

Register.html

```html
<!DOCTYPE html>
<html lang="en">

<head>
  <!-- REQUIRED META TAGS -->
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Nutrition Assistant Application</title>

  <!-- BOOTSTRAPS CSS  -->
  <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/bootstrap/4.0.0/css/bootstrap.min.css">

  <!-- OPTIONAL JAVASCRIPT -->
  <!-- JQUERY FIRST,THEN POPPER.JS,THEN BOOTSTRAP JS -->
  <meta charset="UTF-8">
  <meta http-equiv="X-UA-Compatible" content="IE=edge">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <link rel="stylesheet" href="https://maxcdn.bootstrapcdn.com/bootstrap/4.0.0/css/bootstrap.min.css">
  <script src=https://stackpath.bootstrapcdn.com/bootstrap/4.1.1/css/bootstrap.min.css></script>
  <script src="https://stackpath.bootstrapcdn.com/bootstrap/4.1.1/js/bootstrap.bundle.min.js"></script>
  <script src="https://cdnjs.cloudflare.com/ajax/libs/jquery/3.2.1/jquery.min.js"></script>

  <style>
```

```html
    .gradient-custom {
        /* fallback for old browsers */
        background: url('/static/images/nutri2.jpg');
        /* Full height */
        height: 100%;

        /* Center and scale the image nicely */
        background-position: center;
        background-repeat: no-repeat;
        background-size: cover;
    }
  </style>
</head>

<body>
    <section class="vh-100 gradient-custom ">
      <div class="container py-5  h-100" >
        <div class="row d-flex justify-content-left align-items-left h-100">
            <div class="col-12 col-md-8 col-lg-6 col-xl-5">
              <div class="card bg-transparent rounded border border-warning text-black" style="border-radius:
1rem;">
                  <div class="card-body  p-5 text-center">
                    <h1 class="fw-bold mb-2 text-uppercase">Register here</h1>

                      <form action="" method="post" class="form-group">
                        <div class="form-group">
                          <label for="username" class="text-dark">Name:</label>
                          <input type="text" name="username" placeholder=" enter your name" id=""
                            class="form-control" required>
                        </div>
                        <div class="form-group">
                          <label for="email" class="text-dark">Email:</label>
                          <input type="email" name="useremail" placeholder=" enter your email" id=""
                            class="form-control" required>
                        </div>
                        <div class="form-group">
                          <label for="phone number" class="text-dark">phone no:</label>
```

```html
        <input type="tel" name="userphoneno" placeholder=" enter your phone number" id=""
          class="form-control" required>
      </div>
      <div class="form-group">
        <label for="password" class="text-dark">password:</label>
        <input type="password" name="password" placeholder="enter password" id=""
          class="form-control" required>
      </div> 

      <input type="submit" name="submit_btn" id="register" class="btn btn-dark btn-md"
        value="sign up">  
      <div id="register-link" class="text-right ml-2 p-1">
        Already have an account?   <a href="/login" > sign
in<span>&#128100;</span></a>
      </div>

    </form>
  </div>
  </div>
  </div>
  </div>
  </div>

  </section>
</body>
</html>
```