Ideation Phase
BrainStorm & Idea Prioritization

Date	19-09-2022
Batch	B11-5A1E
Project Name	Nutrition Assisstant Application
Maximum Marks	4 Marks

STEP 1 :

STEP 2 :

2

Brainstorm

Write down any ideas that come to mind that address your problem statement

⏱ 10 minutes

Pradheeksha

Nutritional analysis is the process of determining the nutritional content of food.	This will help you to track their progress,keep a food journal,track their water intake	It help people with providing proper nutrition and helps in maintaining a healthy lifestyle
Nutrlized system is a content based approach for both health and taste.	Choose high protein and high calorie snacks.	Healthy nutrition contributes to preventing non communicable diseases

Preethi

Plan meals to include your favorite foods	This application will provide the right diet plan and food habits	Body condition could be tracked.
Nutrional system is a content based approach for both health and taste.	The calories of the food were accurately predicted in this application	Nutritional analysis is the process of determining the nutritional content of food.

Pradicsha

We can add and analyze our tasty recipes and save the nutrition labels	Nutrilized generates new recommendation each day for all weeks	We can compare to the recommended dietary allowance
We can see charts with macros,fats, carbs, energy and protein distribution micronutrient totals	We can check any meal plan or food journal with our tool	It leverage great results by analysing the diets yor create

Rheena

The diet tracking of each user is done using a search interface	This one software can handle meal planning,diet analysis and communication between clients and nutritionists	It search interface items.
The user can either perform a free text search select the food item from a tree structure	It is based on the nutrients and the calories of the food	Try eating the high calorie foods in your meal list.

3

Group ideas.

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

⏱ 20 minutes

Nutritional analysis is the process of determining the nutritional content of food

This application will provide the right diet plan and food habits

We can add and analyze our tasty receipes and save the nutrition labels

The diet tracking of each user is done using a search interface

The calories of the food were accurately predicted in this application

We can see charts with macros ,fats,carbs,energy and protein distribution micro-nutrient totals.

STEP 3 : Idea Prioritization

4

Prioritize

Your team should all be on the same page about what's important moving forward.
Place your ideas on this grid to determine which ideas are important and which
are feasible

Importance

If each of these
tasks could get
done without any
difficulty or cost,
which would have
the most positive
impact?

Feasability

Regardless of their importance, which tasks are more
feasible than others? (Cost, time, effort, complexity, etc.)