

# Ideation

## Collective ideas of all the team members:

- ❖ Send regular reminders for health checkup and get the necessary data from the tests for heart disease prediction.
- ❖ Get the food intake of the user for each meal, calculate and keep track of the calorie intake.
- ❖ Track smoking and alcoholic habits and suggest ways to combat the addiction gradually.
- ❖ Display graphical representations of nutrition balance according to the diet intake.
- ❖ Show a risk factor chart according to the user's lifestyle.
- ❖ Track exercise habits and recommend ways for the refinement of the same.
- ❖ Send health tips each day.
- ❖ According to the disease predicted, autosuggest cardio exercises, diet changes requirements, sleep schedule correction and other lifestyle changes necessary.
- ❖ Recommend best doctors around the patient's locality and provide online appointment booking option.

- ❖ Give medals and badges as rewards for each betterment of health habits.
- ❖ A chatbot service to easy navigation for the plethora of visualizations offered.

### Most feasible idea:

- Get the food intake of the user for each meal, calculate and keep track of the calorie intake
- 
- Track smoking and alcoholic habits and suggest ways to combat the addiction gradually.
- Display graphical representations of nutrition balance according to the diet intake.
- Show a risk factor chart according to the user's lifestyle.