

PROBLEM STATEMENT

Customer Problem Statement Template:

Problem statement	I am (Customer)	I am trying to	But	Because	Which makes me feel
PS-1	Fitness freak	Finding a perfect pre workout plan for maintaining fitness	I can't choose a correct plan	It is confusing	A perfect daily pre workout plan suggestion
PS-2	Student	Find a balanced nutrition diet to loss weight	There is no balanced diet available without workout	I have no time to do workout	A best nutritional-based diet plan with less workout
PS-3	Body Builder	Choose the best plan for the whole body	It is hard to select the best workout plan	A wrong workout plan will lead to a change in the shape of my body	Perfect diet and workout plan for bodybuilding

Obesity rates are rising alarmingly quickly as a result of people's lack of knowledge about appropriate eating practices, which reflects the hazards to their health. The simplest way to prevent obesity is for people to limit their daily calorie consumption by eating healthier meals. It's still not very convenient for people to use app-based nutrient dashboard systems, even though food packaging includes nutrition (and calorie) labels. These systems can analyze real-time images of a meal and analyze it for nutritional content, which can be very handy and improve dietary habits and subsequently help with maintaining a healthy lifestyle. The main goal of this project is to create a web application that automatically predicts food features like components and nutritional value by identifying the given food image.

Nutrition Assistant Application

Customer Problem Statement

PS-4	Athlete	Choose the best nutrition plan and workout technique to increase my sprinting speed	Confused with many techniques.	I want to increase my sprinting speed Very much before than ever	Perfect suggestion
PS-5	Pregnant woman	Choose a yoga and healthy nutrition diet for the normal pregnancy delivery	I am not familiar with yoga and exercise	I don't have any idea about yoga and exercise	User-friendly application to choose the beginner-based type of yoga, exercise, and nutrition-based diet plan