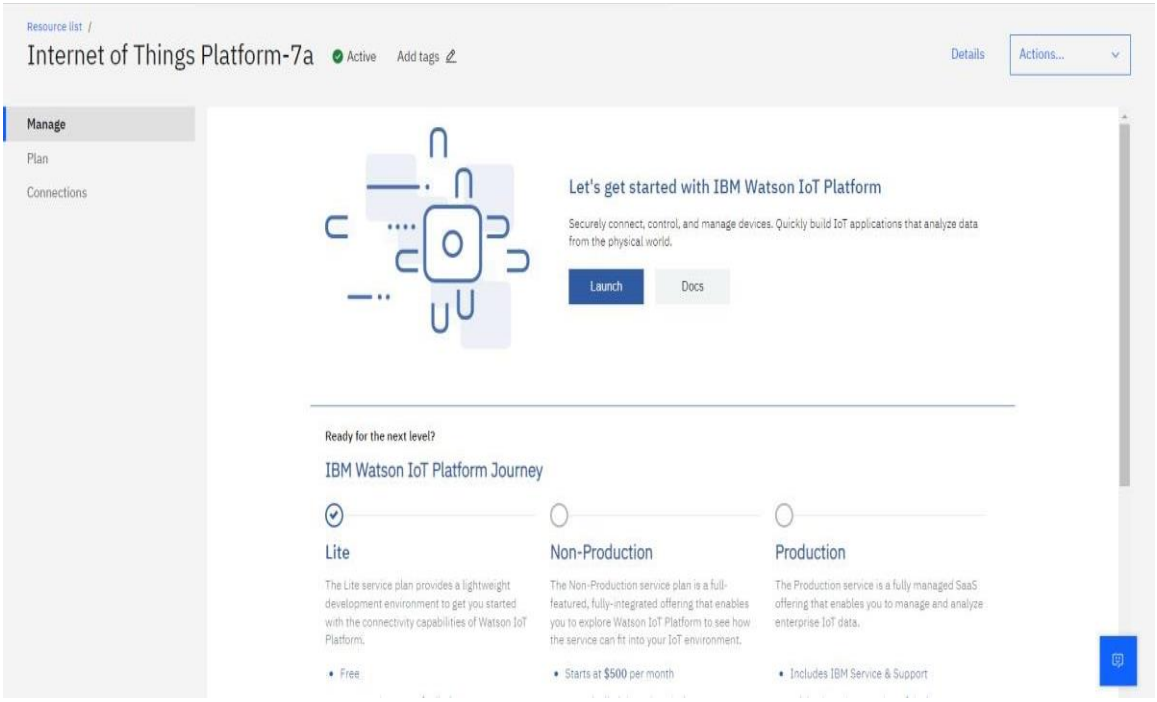
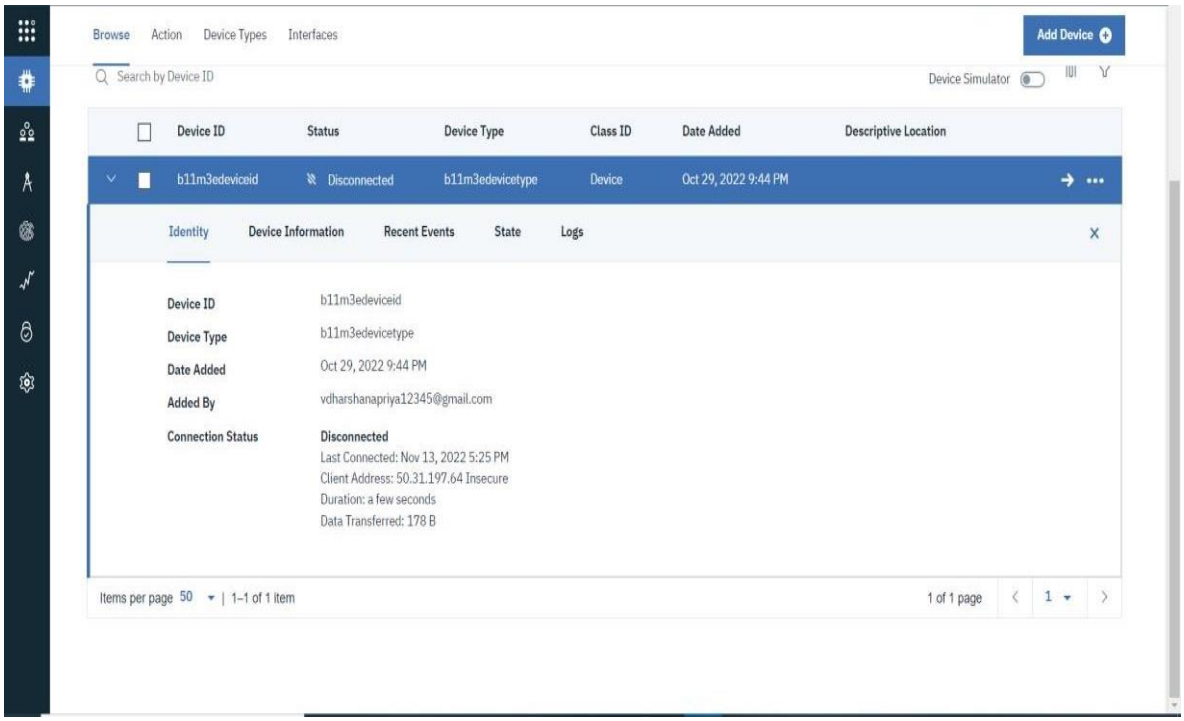
Sprint 1

Team ID	PNT2022TMID31307
Project Name	Personal Assistance for Seniors Who Are Self Reliant

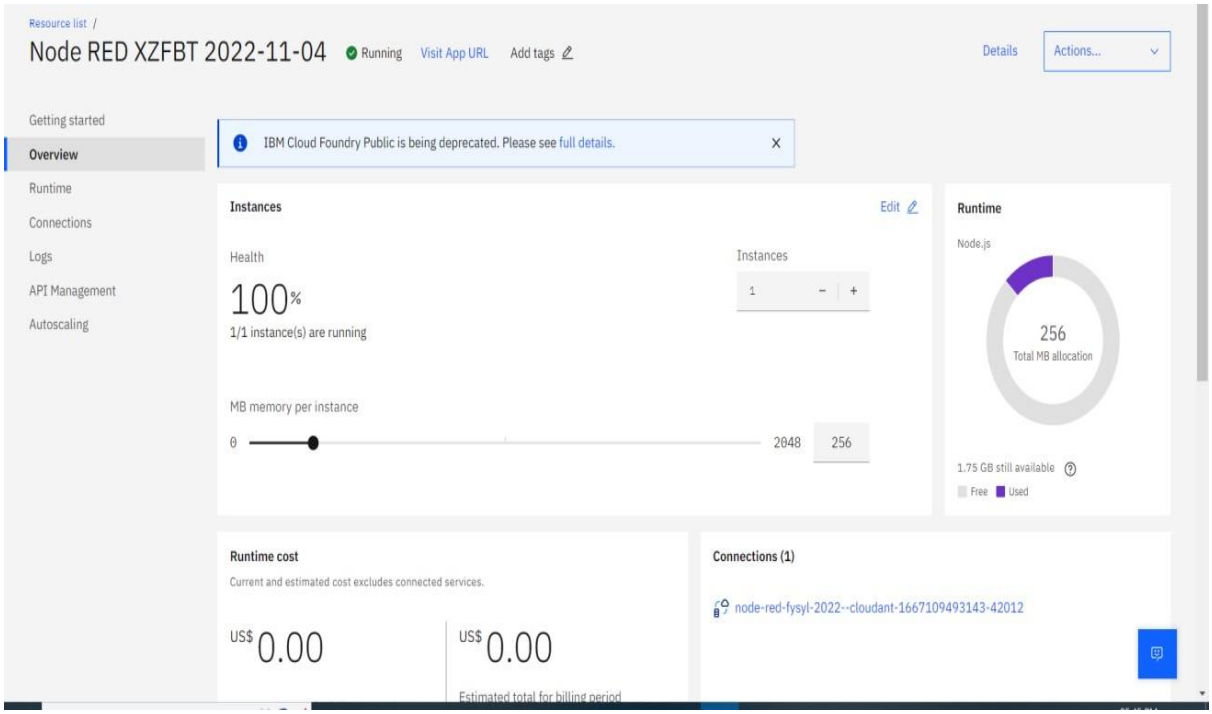
1.Launch IBM Watson IoT Platform to create the virtual devices

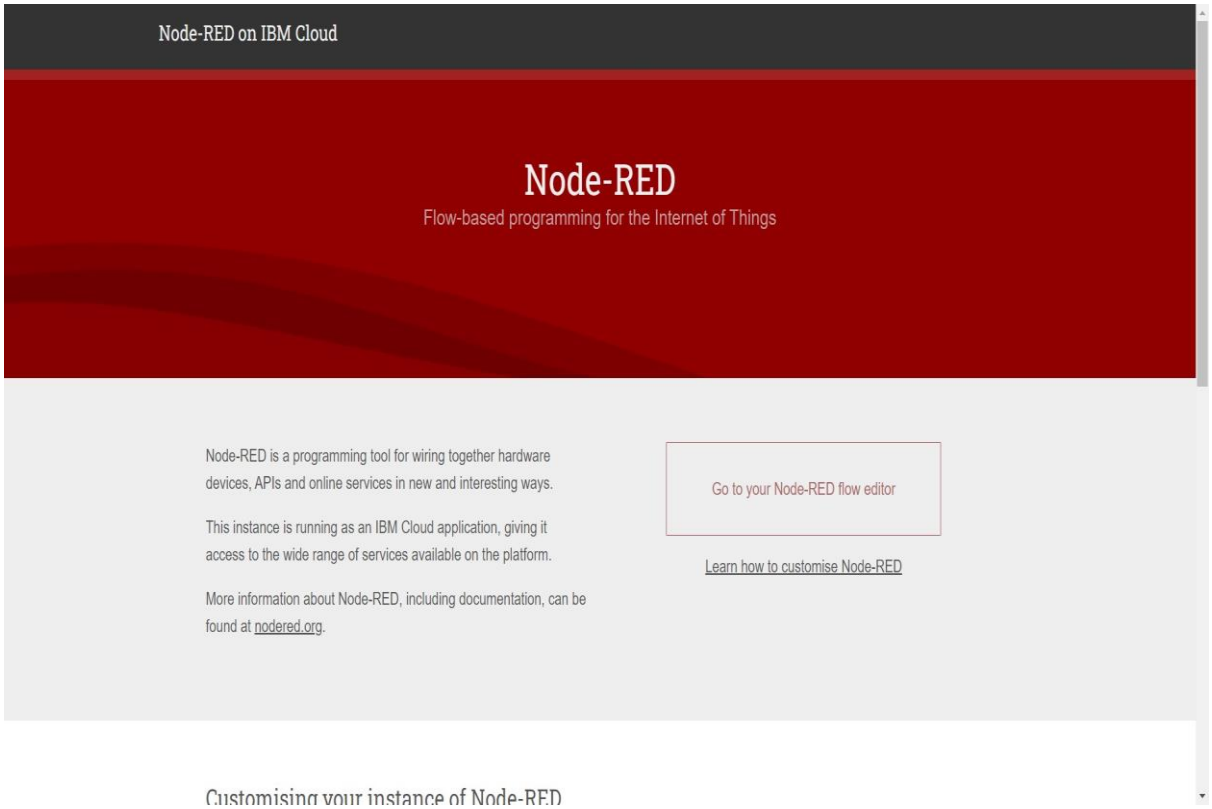


2. Create the Virtual Device

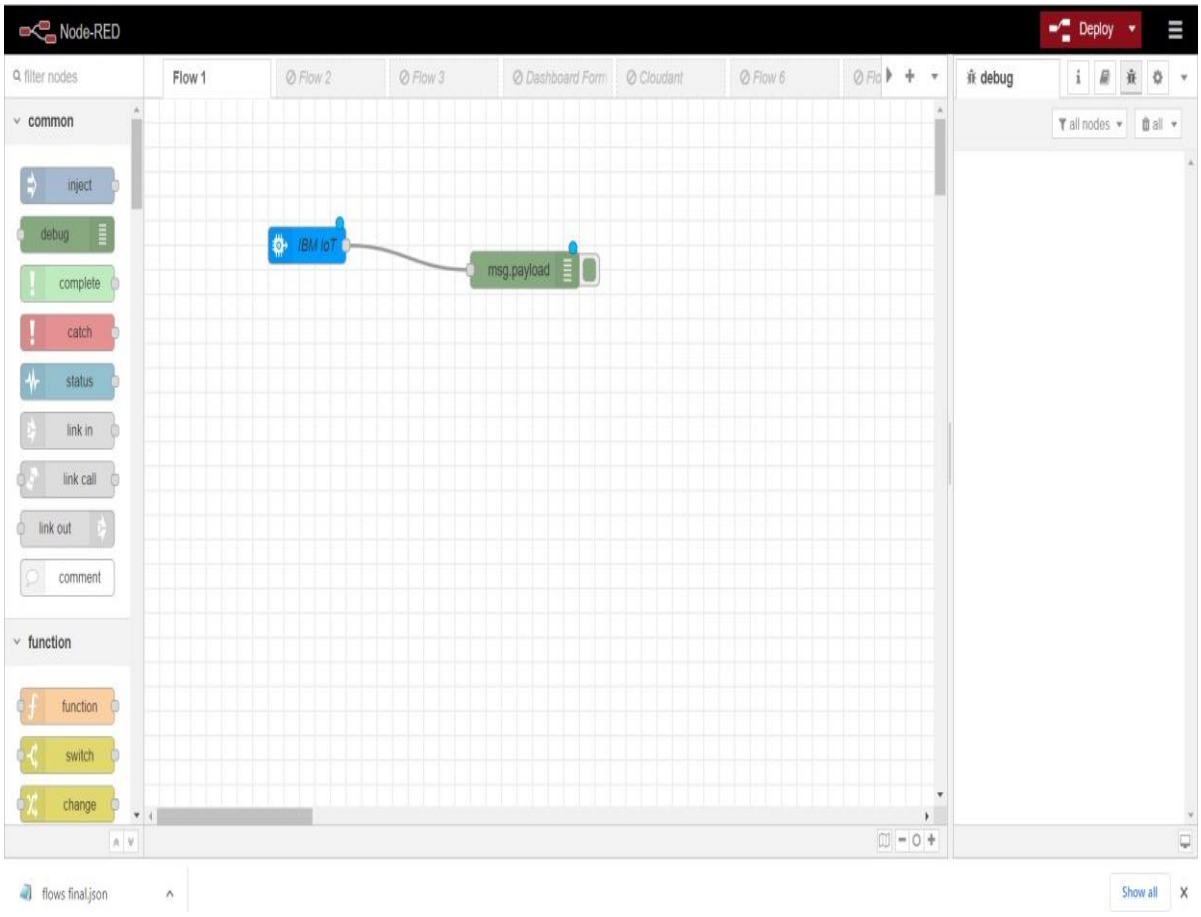


3. Install Node-red Services to develop a Web Application





Customising your instance of Node-RED



4.Install Cloudant DB to Store the Medicine Datas