```
import RPi.GPIO as GPIO
 # Import Raspberry Pi GPIO library
from time import sleep
  # Import the sleep function from the time module
GPIO.setwarnings(False)
# Ignore warning for now
GPIO.setmode(GPIO.BOARD)
 # Use physical pin numbering
GPIO.setup(8, GPIO.OUT, initial=GPIO.LOW)
 # Set pin 8 to be an output pin and set initial value to low (off)
while True:
# Run forever
  GPIO.output(8, GPIO.HIGH)
# Turn on
  sleep(1)
  # Sleep for 1 second
  GPIO.output(8, GPIO.LOW)
 # Turn off
  sleep(1)
```

Sleep for 1 second