



<div><div>SENARIO</div><div>HEALTHY EATING,WORKOUT AND A HAPPY LIFESTLE IS OUR MOTO</div></div>	<div><div>Entice</div><div>How does someone initially become aware of this process?</div></div>	<div><div>Enter</div><div>What do people experience as they begin the process?</div></div>	<div><div>Engage</div><div>In the core moments in the process, what happens?</div></div>	<div><div>Exit</div><div>What do people typically experience as the process finishes?</div></div>	<div><div>Extend</div><div>What happens after the experience is over?</div></div>
<div><div><div></div></div><div><div>Steps</div><div>What does the person (or group) typically experience?</div></div></div>	<div><div>online source</div><div>when the customers are in need of help about their health they search for the sources available</div></div> <div><div>friends and family</div><div>people who have already benefitted by our app or website they suggest it to their friends and family</div></div> <div><div>gym coach and fitness experts</div><div>this can be helpful for those peoples find it really hard to follow up diet</div></div>	<div><div>AI-SCANNING</div><div>the AI in our project collects the information about the person and progress the diet chart</div></div> <div><div>Information be collected</div><div>Customers age ,current height and weight and health issues</div></div> <div><div>EASY TO USE</div><div>Availability of all languages and prone to use it everywhere</div></div>	<div><div>HEALTHY DIET SCHEDULE WILL BE PROVIDE</div><div>For the time being it provides diet chart for a whole day according to which customer it is</div></div> <div><div>ALARM FACILITY TO NOTIFY WHEN TIME TO WORKOUT</div><div>during the busy hours people may find it hard to keep up with the time</div></div> <div><div>FITNESS MONITOR</div><div>The customers activity be monitor daily by the artificial fitness monitor</div></div> <div><div>Advanced water tracking</div><div>measure the amount of water percentage in the body</div></div>	<div><div>CALORY MONITOR</div><div>customers food intake proves a lot of fats burned and its displayed every time the operate it</div></div> <div><div>FREE FROM HOSPITAL BILLS</div><div>As working out daily with this AI based fitness enthusiasts and nutrition analyzer this helps people a lot</div></div>	<div><div>A MOTIVE TO LEAD A STANDARS LIFESTYLE</div><div>THIS HELPS PEOPLE FROM EVERY AGE THE URGE TO EAT HEALTHY FOOD AND EXERCISE</div></div> <div><div>FITNESS FREAKS WOULD LOVE IT!</div><div>People who loves working out will definitely love this experience with not hard diet on them</div></div>
<div><div><div></div></div><div><div>Interactions</div><div>What interactions do they have at each step along the way?</div><div><div>■ People: Who do they see or talk to?</div><div>■ Places: Where are they?</div><div>■ Things: What digital touchpoints or physical objects would they use?</div></div></div></div>	<div><div>they will start their process by answering the questions asked by AI</div></div> <div><div>operating this system is easy from where ever you are</div></div> <div><div>we have provided with a fitness enthusiasts with Artificial knowledge</div></div>	<div><div>this AI #D scanning be supported by both android and apple devices</div></div> <div><div>the AI collects the data about the customer</div></div> <div><div>It doesn't need a required place to operate it like going to gym and meeting fitness experts</div></div>	<div><div>the diet charts be prepared according to the body type by the AI</div></div> <div><div>when you start the daily routine with the AI-powered fitness and nutrition analyzer you get notified before all the process</div></div> <div><div>monitors the customers activity throughout the days</div></div> <div><div>Calculations be made with the users intake of foods</div></div>	<div><div>user doesn't have to interact with any persons to find the calories intake we have the scanner in our project</div></div> <div><div>As we provide high technological easy way to be fit and stay healthy it will reduce unwanted healthy issues by saving your money</div></div>	<div><div>as Its easy to access the user doesn't feel like she/he is on diet or the urge to hit the gym</div></div> <div><div>with a mobile phone or tablet or PC you can operate it anywhere</div></div>
<div><div><div></div></div><div><div>Goals & motivations</div><div>At each step, what is a person's primary goal or motivation? ("Help me..." or "Help me avoid...")</div></div></div>	<div><div>the goal for the user is to be fit and lead a healthy life style</div></div> <div><div>the moto of our project is to serve them with great facilities to stay focus on their goal</div></div>	<div><div>some of the project goals are Proper diet chart Schedule preparation 3d Scanning mechanism to Monitor the user activity</div></div> <div><div>Anthropometric measurement</div></div>	<div><div>help them to be confident with a healthy body</div></div> <div><div>The body they want will surely reach them</div></div> <div><div>some people find it hard knowing what to eat healthy to loose wait</div></div>	<div><div>the body they want will surely reach them</div></div> <div><div>they'll take the positive feel using our app</div></div>	<div><div>user reach the goal of having a perfect body and that is what we serve</div></div>
<div><div><div></div></div><div><div>Positive moments</div><div>What steps does a typical person find enjoyable, productive, fun, motivating, delightful, or exciting?</div></div></div>	<div><div>our workout is so simple and fun</div></div> <div><div>we have a reminder to help them stay organized</div></div> <div><div>the food charts we have includes foods prepared by them ,user finds it enjoyable</div></div>			<div><div>it provides them plenty of diet options according to what they need</div></div> <div><div>availability of protein ,vitamin foods</div></div>	<div><div>they can feel the changes in the body after one months of use</div></div>
<div><div><div></div></div><div><div>Negative moments</div><div>What steps does a typical person find frustrating, confusing, angering, costly, or time-consuming?</div></div></div>	<div><div>due to inappropriate data its derives wrong diet chart</div></div> <div><div>old people may find it hard doing exercise</div></div>	<div><div>diet chart includes maximum amount of veggies</div></div> <div><div>people who are always busy with work may not be able to follow these steps</div></div>	<div><div>serveral people experience "data not found" when they reload</div></div> <div><div>alarm which notifies them can be a disturbance sometimes</div></div>	<div><div>not validating tools for specific user population</div></div> <div><div>inaccurate information can leads to bad condition</div></div>	
<div><div><div></div></div><div><div>Areas of opportunity</div><div>How might we make each step better? What ideas do we have? What have others suggested?</div></div></div>	<div><div>1 future we can provide it with advanced sensors to capture images of user for comparison</div></div> <div><div>we can also make the implementation cost little less so that everybody get easy access to it</div></div>	<div><div>advanced options be added to calory meter</div></div>	<div><div>provide an information summary so so user can understand the process</div></div> <div><div>provide them with grades and badges for each level they've completed</div></div>	<div><div>over review strategies can be given</div></div> <div><div>augument data with expert human insights</div></div>	<div><div>optimizing users engagement and motivation</div></div>

