

**PROJECT REPORT**  
**AI-POWERED NUTRITION ANALYZER FOR FITNESS**  
**ENTHUSIASTS**

**TEAM ID : PNT2022TMID37067**

**TABLE OF CONTENTS**

**1. INTRODUCTION**

- 1.1. Project Overview
- 1.2. Purpose

**2. LITERATURE SURVEY**

- 2.1.Existing problem
- 2.2.References
- 2.3.Problem statement definition

**3. IDEATION & PROPOSED SOLUTION**

- 3.1.Empathy Map Canvas
- 3.2.Ideation and Brainstorming
- 3.3.Proposed Solution
- 3.4.Problem Solution Fit

**4. REQUIREMENT ANALYSIS**

- 4.1.Functional Requirements
- 4.2.Non Functional Requirements

**5. PROJECT DESIGN**

- 5.1. Data Flow Diagrams
- 5.2. Solution & Technical Architecture
- 5.3. User Stories

## **6. PROJECT PLANNING & SCHEDULING**

6.1. Sprint Planning & Estimation

6.2. Sprint Delivery Schedule

## **7. CODING & SOLUTIONING (Explain the features added in the project along with code)**

7.1. Feature1

7.2. Feature 2

## **8. TESTING**

8.1. Test Cases

8.2. User Acceptance Testing

## **9. RESULTS**

9.1. Performance Metrics

## **10. ADVANTAGES & DISADVANTAGES**

## **11. CONCLUSION**

## **12. FUTURE SCOPE**

## **13. APPENDIX**

**Source Code**

**Output**

**GitHub & Project Demo Link**

# **1. INTRODUCTION**

## **1.1. Project overview**

A nutritional analyzer is a device that is used to analyze the nutrient contents of food. Nutritional analyzers can be used to determine the Calorie, Fat, Protein, Carbohydrate, and the Fiber contents of food. Nutritional analyzers can also be used to determine the vitamin and mineral contents of food.

Nutritional analysis is the process of determining the nutritional content of food. It is a vital part of analytical chemistry that provides information about the chemical composition, processing, quality control and contamination of food. It ensures compliance with trade and food laws.

## **1.2. Purpose**

The purpose of a nutritional analyzer is to provide users with information about the nutritional content of their food. This information can be used to make informed decisions about what to eat and how to maintain a healthy diet.

The goal of this project is to develop a nutritional analyzer that can be used to quickly and easily assess the nutritional value of foods. The analyzer will be able to identify the nutrient content of foods, as well as the caloric value. Additionally, the analyzer will be able to provide recommendations on how to improve one's diet.

## 2. LITERATURE SURVEY

### 2.1.Existing Problem

- Progressive Spinal Net architecture for FC layers - In this paper the Progressive Spinal Net progressive computational network for FC layers of deep- networks is introduced as an upgraded version of the DNN concept. - Praveen Chopra
- Spinal Net: Deep Neural Network with Gradual Input - In this research, the Spinal Net DNN model was introduced. The chordate nervous system, which has a special way of connecting a lot of sensing data and making local decisions, is mimicked in the construction of Spinal Net. - H M Dipu Kabir
- Classification of Fruits Using Deep Learning Algorithms - In this study a deep learning-based system for classifying fruits is suggested. A DCNN model, an Alex Net model, and a MobileNetV2 model were investigated in the proposed framework. Three datasets with different sizes and levels of complexity were used to test the recommended framework. - Mirra K B
- A Comprehensive Study on Torch vision Pre- trained Models for Fine-grained Interspecies Classification - This study attempts to investigate various pre-trained models provided in the PyTorch library's Torch vision package. And look into how well they can classify fine- grained photos. - Feras Albardi
- Fruits classification by using machine learning - An experiment using popular approaches on local data - In this paper, we examine the methods for classifying images that can be used to categorise fruits. The study's findings can be used to place fruit on the correct shop shelves, spot fruit mismatches there, or check fruit prices without using a barcode scanner. Three well-known classification models—Random Forest, K-Nearest Neighbours (KNN), and Support Vector Machine—are employed in this study (SVM). - Nguyen Vuong Thinh
- Fruit Recognition and Classification with Deep Learning Support on Embedded System (fruit net) - This suggested study employs image processing techniques for fruit recognition. Convolutional Neural Networks (ConNN)\* deep learning model for classification is created in the study. The Keras platform was used to construct the suggested model. - Haci Bayram Unal

- Using Natural Language Processing and Artificial Intelligence to Explore the Nutrition and Sustainability of Recipes and Food - According to this paper's point of view, Interdisciplinary approaches should be used to address food and recipe research in order to address health and sustainability issues. These approaches should combine NLP and other AI techniques with historical food research, food science, nutrition, and sustainability expertise. - Marieke van Erp
- Fruits Classification using Convolutional NeuralNetwork - This study investigates a CNN-based classification of fruits. For five scenarios utilising the fruits-360 dataset, the accuracy and loss curves were created using various combinations of hidden layers. This paper discusses several computer vision-based approaches and algorithms for fruit recognition and classification. - Mehenag Khatun
- Fruit classification by HPA-SLFN -In this study, we introduced a brand-new fruit classification method called HPASLFN. The findings indicated that HPAClassification SLFN's accuracy of 89.5% was superior to those of other classification techniques.-Siyuan Lu
- Date fruits classification using texture descriptors and shape-size features -In this study a suggested technique breaks down a visual image of a date into its component colours. The local texture descriptor, such as a Weber local descriptor (WLD) histogram or a local binary pattern (LBP), is then applied to each component in order to encode the texture pattern of the date. To characterise the image, the texture patterns from each component are combined.-Ghulam Muhammad.

## 2.2.References

**[1]** Muhammad, Ghulam. "Date fruits classification using texture descriptors and shape-size features." Engineering Applications of Artificial Intelligence 37 (2015): 361-367.

**[2]** Lu, Siyuan, et al. "Fruit classification by HPA-SLFN." 2016 8th International Conference on Wireless Communications & Signal Processing (WCSP). IEEE, 2016.

**[3]** Khatun, Mehenag, et al. "Fruits Classification using Convolutional Neural Network." GRD Journals-Global Research and Development Journal for Engineering 5.8 (2020).

**[4]** Ünal, Hacı Bayram, et al. "Fruit recognition and classification with deep learning support on embedded system (fruitnet)." 2020 Innovations in Intelligent Systems and Applications Conference (ASYU). IEEE, 2020.

**[5]** Thinh, Nguyen Vuong, et al. "Fruits classification by using machine learning-An experiment using popular approaches on local data." 2021 IEEE International Conference on Machine Learning and Applied Network Technologies (ICMLANT). IEEE, 2021.

**[6]** Albardi, Feras, et al. "A comprehensive study on torchvision pre-trained models for finegrained inter-species classification." 2021 IEEE International Conference on Systems, Man, and Cybernetics (SMC). IEEE, 2021.

**[7]** KB, Mirra, and R. Rajakumari. "Classification of Fruits Using Deep Learning Algorithms." Available at SSRN 4068366.

**[8]** Chopra, Praveen. "Progressivespinalnet architecture for fc layers." arXiv preprint arXiv:2103.11373 (2021).

**[9]** Kabir, HM Dipu, et al. "Spinalnet: Deep neural network with gradual input." IEEE Transactions on Artificial Intelligence (2022).

**[10]** Van Erp, Marieke, et al. "Using natural language processing and artificial intelligence to explore the nutrition and sustainability of recipes and food." Frontiers in artificial intelligence 3 (2021): 621577.

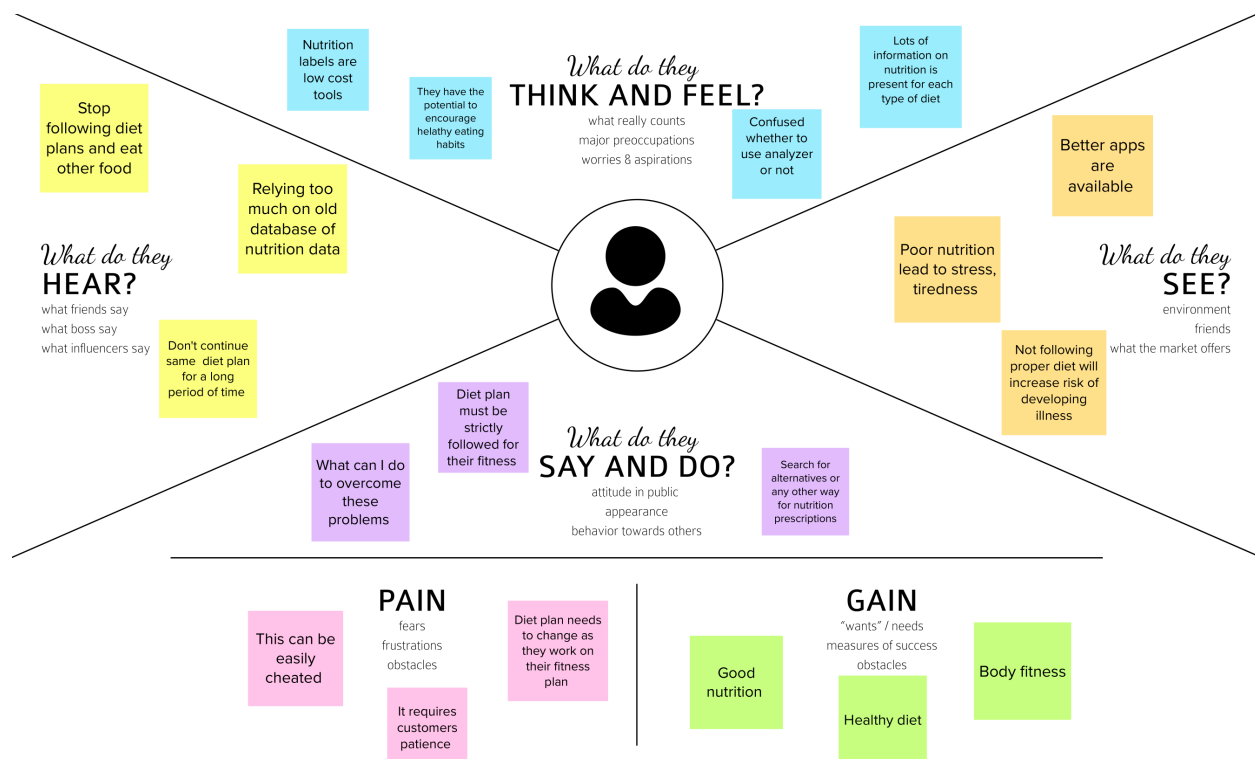
### **2.3.Problem Statement Definition**

The main aim of the project is to build a model which is used for classifying the fruit depends on the different characteristics like colour, shape, texture etc. Here the user can capture the images of different fruits and then the image will be sent the trained model. The model analyses the image and detect the nutrition based on the fruits like (Sugar, Fibre, Protein, Calories, etc.)

### 3. IDEATION & PROPOSED SOLUTION

#### 3.1. Empathy Map Canvas

An empathy map is a collaborative tool teams can use to gain a deeper insight into their customers. Much like a user persona, an empathy map can represent a group of users, such as a customer segment. The empathy map was originally created by Dave Gray and has gained much popularity within the agile community.



## 3.2.IDEATION AND BRAINSTORMING

Ideation is the process of forming ideas from conception to implementation, most often in a business setting. Ideation is expressed via graphical, written, or verbal methods, and arises from past or present knowledge, influences, opinions, experiences, and personal convictions.

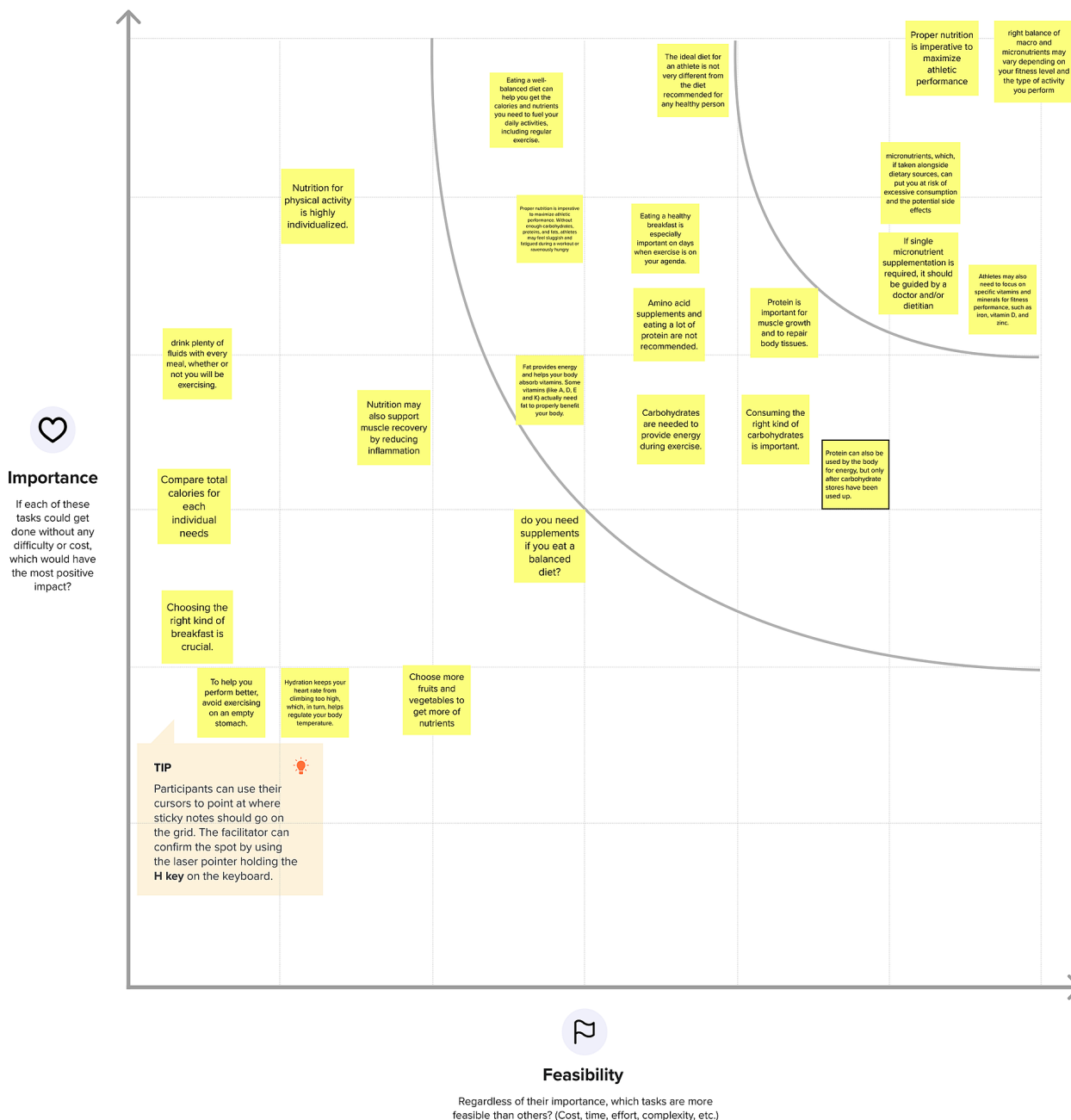
Ideation is often closely related to the practice of brainstorming, a specific technique that is utilized to generate new ideas. A principal difference between ideation and brainstorming is that ideation is commonly more thought of as being an individual pursuit, while brainstorming is almost always a group activity

S.Vijayamurugan	S.Velan	S.Deepak	G.Keerthivasan
<div>Proper nutrition is imperative to maximize athletic performance</div> <div>Nutrition for physical activity is highly individualized.</div> <div>do you need supplements if you eat a balanced diet?</div>	<div>Eating a healthy breakfast is imperative. Important on days when exercise is on your agenda.</div> <div>Eating a well-balanced diet can help you get the calories and nutrients you need to fuel your daily activities, including regular exercise.</div> <div>Athletes may also need to focus on specific vitamins and minerals for fitness performance, such as iron, vitamin D, and zinc.</div>	<div>Compare total calories for each individual needs</div> <div>Choosing the right kind of breakfast is crucial.</div> <div>Choose more fruits and vegetables to get more of nutrients</div>	<div>The ideal diet for an athlete is not very different from the diet recommended for any healthy person.</div> <div>To help you perform better, avoid exercising on an empty stomach.</div> <div>Protein can also be used by the body for energy, but only after carbohydrate stores have been used up.</div>
<div>Nutrition may also support muscle recovery by reducing inflammation</div> <div>right balance of macro and microelements. There are alternative ways to alter your diet and the type of activity you perform.</div> <div>Hydration keeps your heart rate from climbing too high, which, in turn, helps regulate your body temperature.</div>	<div>Consuming the right kind of carbohydrates is important.</div> <div>Amino acid supplements and eating a lot of protein are not recommended.</div> <div>drink plenty of fluids with every meal, whether or not you will be exercising.</div>	<div>Carbohydrates are needed to provide energy during exercise.</div> <div>Protein is important for muscle growth and to repair body tissues.</div> <div>If single micronutrient supplementation is required, it should be guided by a doctor and/or dietitian.</div>	<div>Fat provides energy and helps your heart rate climb. However, it should not be consumed in excess as it can lead to excessive weight gain.</div> <div>Microelements, which, if taken alongside dietary sources, can put you at risk of excessive consumption and the potential side effects.</div> <div>Protein can also be used by the body for energy, but only after carbohydrate stores have been used up.</div>

Based on nutrition	Based on supplements and breakfast	Based on macro and micro nutrients
<div>Compare total calories for each individual needs</div> <div>Nutrition for physical activity is highly individualized.</div> <div>Nutrition may also support muscle recovery by reducing inflammation</div>	<div>Eating a well-balanced diet can help you get the calories and nutrients you need to fuel your daily activities, including regular exercise.</div> <div>Proper nutrition is imperative to maximize athletic performance. Without enough carbohydrates, protein, and fats, athletes may feel sluggish and fatigued during exercise or excessively hungry.</div> <div>Amino acid supplements and eating a lot of protein are not recommended.</div> <div>The ideal diet for an athlete is not very different from the diet recommended for any healthy person.</div> <div>To help you perform better, avoid exercising on an empty stomach.</div>	<div>If single micronutrient supplementation is required, it should be guided by a doctor and/or dietitian.</div> <div>right balance of macro and microelements may vary depending on your fitness level and the type of activity you perform</div>
<div>Nutrition for physical activity is highly individualized.</div> <div>Proper nutrition is imperative to maximize athletic performance</div>	<div>do you need supplements if you eat a balanced diet?</div> <div>Choosing the right kind of breakfast is crucial.</div> <div>drink plenty of fluids with every meal, whether or not you will be exercising.</div> <div>Eating a healthy breakfast is especially important on days when exercise is on your agenda.</div>	<div>micronutrients, which, if taken alongside dietary sources, can put you at risk of excessive consumption and the potential side effects</div>

Based on nutrition
<div>Consuming the right kind of carbohydrates is important.</div> <div>Protein can also be used by the body for energy, but only after carbohydrate stores have been used up.</div> <div>Hydration keeps your heart rate from climbing too high, which, in turn, helps regulate your body temperature.</div>
<div>Carbohydrates are needed to provide energy during exercise.</div> <div>Athletes may also need to focus on specific vitamins and minerals for fitness performance, such as iron, vitamin D, and zinc.</div> <div>Fat provides energy and helps your body absorb vitamins. Some vitamins like A, D, E, and K actually need fat to properly benefit your body.</div>
<div>Protein is important for muscle growth and to repair body tissues.</div> <div>Choose more fruits and vegetables to get more of nutrients</div>





### 3.3.Proposed Solution

S.No.	Parameter	Description
1.	Problem Statement (Problem to be solved)	<ul style="list-style-type: none"><li>• The emergence of technology has made our life more inactive</li><li>• The App Store and Google Play are already saturated with fitness and sports apps. Thus, users are finding it difficult to make a choice.</li><li>• I am a fitness enthusiast, I'm trying to maintain fitness but unable to maintain fitness because of improper intake of nutrition which makes me feel the need to intake proper amount of nutrition</li></ul>
2.	Idea / Solution description	<ul style="list-style-type: none"><li>• The online artificial dietitian is a bot, with artificial intelligence about human diets.</li><li>• It acts as a diet consultant like a real dietitian.</li><li>• This type of app helps the users have a well-fine-tuned workout experience.</li></ul>
3.	Novelty / Uniqueness	<ul style="list-style-type: none"><li>• AI augments the capabilities of differently abled individuals</li><li>• fitness apps raise the bar when it comes to the user's standard of wellness.</li><li>• AI operates 24x7 without interruption or breaks and has no downtime.</li></ul>

4.	Social Impact / Customer Satisfaction	<ul style="list-style-type: none"> <li>● The main objective of this study is to know the influence of the use of the fitness application (app) on sports habits, customer satisfaction and maintenance intention of fitness centre users.</li> </ul>
5.	Business Model (Revenue Model)	<ul style="list-style-type: none"> <li>● It can be developed with minimum cost and provide high effective process at less time</li> <li>● Due to the cost of app development technology, the amount of physical work has almost diminished which is the root cause of various problems.</li> </ul>
6.	Scalability of the Solution	<ul style="list-style-type: none"> <li>● In the further advancement, users can post their queries and get more advice from other users</li> <li>● In the further can advancement, users can Integrate this app with fitness trackers</li> </ul>

### 3.4.Problem Solution Fit

The Problem-Solution Fit simply means that you have found a problem with your customer and that the solution you have realized for it actually solves the customer's problem.

Define CS, fit into CL	<b>1. CUSTOMER SEGMENT(S)</b> <b>CS</b> <ul style="list-style-type: none"><li>Trainers who can provide fitness plans.</li><li>Anyone who wants to maintain their body fitness.</li><li>Patients who want to monitor their caloric intake.</li></ul>	<b>6. CUSTOMER LIMITATIONS</b> EG. BUDGET, DEVICES <b>CL</b> <ul style="list-style-type: none"><li>Limited supervision.</li><li>Limited financial constraints.</li><li>Limited information on specified nutrition intakes.</li></ul>	<b>5. AVAILABLE SOLUTIONS</b> <b>PLUSSES &amp; MINUSES</b> <b>AS</b> <ul style="list-style-type: none"><li>Artificial intelligence monitors customer traffic and engagement and learns from insights to promote self-service and sales systems.</li></ul>	Explore AS, differentiate
	<b>2. PROBLEMS / PAINS</b> + ITS FREQUENCY <b>PR</b> <ul style="list-style-type: none"><li>improper diet leads to various health related issues.</li><li>Muscular atrophy can occur due to lack of malnutrition, lack of physical activity</li><li>Hard to maintain body shape after taking in artificial supplements.</li><li>Due to lack of specialist staff for providing nutrition prescriptions</li></ul>	<b>9. PROBLEM ROOT / CAUSE</b> <b>RC</b> <ul style="list-style-type: none"><li>Lack of knowledge among people regarding the proper amount of nutrition intake.</li><li>Many suggestions for a single diet make it hard to concentrate on following a particular routine</li><li>People think the only way to get good body shape is to take in artificial supplements</li><li>Lack of guidance can cause wrong amount of intake in nutrition and can cause various health issues</li></ul>	<b>7. BEHAVIOR</b> + ITS INTENSITY <b>BE</b> <ul style="list-style-type: none"><li>Asking suggestions from surrounding peoples and implementing the recent technologies</li><li>Searching an alternative solution from an already existing solution.</li></ul>	Focus on PR, tap into BE, understand RC
Identify strong TR & EM	<b>3. TRIGGERS TO ACT</b> <b>TR</b> <ul style="list-style-type: none"><li>Hearing about innovative technologies and effective solutions.</li><li>Seeing others having better results while following this nutrition chart make better option while compared to other solutions</li></ul>	<b>10. YOUR SOLUTION</b> <b>SL</b> <ul style="list-style-type: none"><li>The AI gets all the required data like height, weight and body size from the user and according to the user and their desired body shape it creates a diet plan that will make them reach goals in an efficient way.</li><li>It can provide diet using all food types like vegetables, meat, egg and including fruits and juices which can be helpful for the adequate intake of nutrients required by the body</li><li>It makes sure the right amount of nutrients are taken in at the right interval of time.</li></ul>	<b>8. CHANNELS of BEHAVIOR</b> <b>CH</b> <div>ONLINE<ul style="list-style-type: none"><li>Using different platforms /social media to describe uses of the nutrition analyser and how it works as a great tool for fitness enthusiasts.</li></ul></div> <div>OFFLINE<ul style="list-style-type: none"><li>Gives awareness among people about the types of nutrition intake and how the application is useful for various people who is interested in maintaining Body fitness</li></ul></div>	Extract online & offline CH of BE
	<b>4. EMOTIONS</b> BEFORE / AFTER <b>EM</b> <ul style="list-style-type: none"><li>People are unaware of what nutrition to take and the right amount.</li><li>Step by step instructions provided by the nutrition analyser is easy to follow.</li></ul>			

## 4.REQUIRMENT ANALYSIS

### 4.1.Functional Requirements

FR No.	Functional Requirement (Epic)	Sub Requirement (Story / Sub-Task)
FR-1	User Registration	Registration through Form Registration through Gmail
FR-2	User Confirmation	Confirmation via Email Confirmation via OTP
FR-3	Image Acquisition	Capture the Image and Check the Top and Side View of Image
FR-4	Object Detection	Get a series of Bounding Boxes, which means objects are located.
FR-5	Image Segmentation	Get a series of food images stored in matrix with values of background pixels replaced by zeros.
FR-6	Volume Estimation	To estimate the volume, calculate the scale factors on calibration objects.
FR-7	Calorie Estimation	After estimating the volume, the next step is to estimate each food's mass

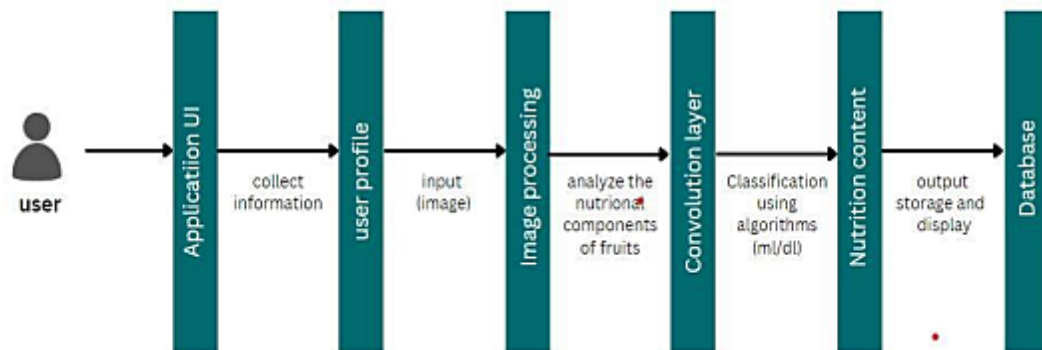
## 4.2.Non Functional Requirements

FR No.	Non-Functional Requirement	Description
NFR-1	<b>Usability</b>	Informs you how nutrient dense your food is.
NFR-2	<b>Security</b>	The information is visible to user only and image was secured highly.
NFR-3	<b>Reliability</b>	The food packages are important for calculate the calories
NFR-4	<b>Performance</b>	It is based on the package of food used for the calorie calculation
NFR-5	<b>Availability</b>	It is available for all users to calculate the calorie of the foods
NFR-6	<b>Scalability</b>	Increasing the calculation of the calorie in foods

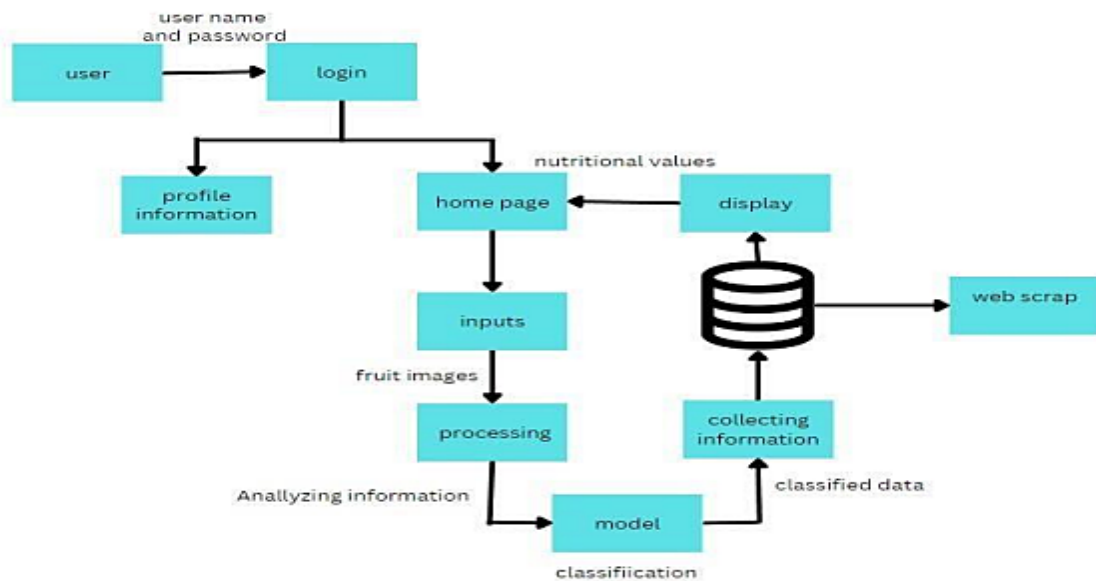
## 5.PROJECT DESIGN

### 5.1.Data Flow Diagrams

#### Simplified diagram

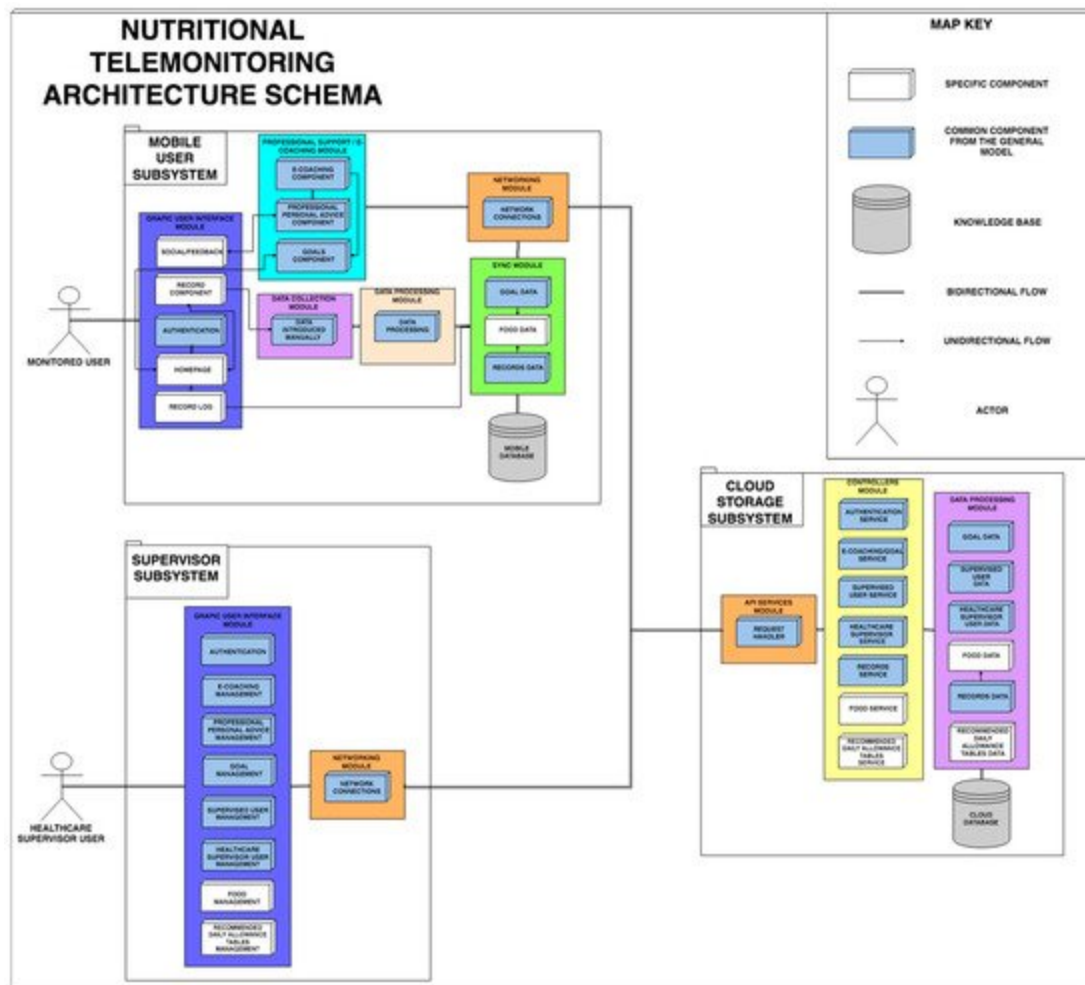


#### DFD Level 0 (Industry Standard)



## 5.2.Solution and Technical Architecture

Based on the complexity of the deployment, a solution architecture diagram may actually be a set of diagrams documenting various levels of the architecture. The diagram relates the information that you gather on the environment to both physical and logical choices for your architecture in an easily understood manner.





### 5.3.User Stories

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Customer (Mobile user)	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	I can access my account / Dashboard	High	Sprint-1
		USN-2	As a user, I will receive confirmation email once I	I can receive confirmation	High	Sprint-1
			have registered for the application	email & click confirm		
		USN-3	As a user, I can register for the application through Facebook	I can register & access the dashboard with Facebook Login	Low	Sprint-2
		USN-4	As a user, I can register for the application through Gmail	I can register through already existing mail account.	Medium	Sprint-1

	Login	USN-5	As a user, I can log into the application by entering email & password	After registration, I can log in via only email & password.	High	Sprint-1
	Dashboard	USN-6	Display the nutrition values, line graph / bar graph real time.	I can expect the prediction in various formats.	Low	Sprint-3
Customer (Webuser)	Login	USN-7	As the user, I can login by using Gmail or Facebook	Existing users can easily login.	High	Sprint-2

			account or LinkedIn or by registering.			
Customer Care Executive	Support	USN-8	The Customer care service will provide solutions for any FAQ and provide Chat-Bot.	I can solve the problems raised.	High	Sprint-3
<b>User Type</b>	<b>Functional Requirement (Epic)</b>	<b>User Story Number</b>	<b>User Story / Task</b>	<b>Acceptance criteria</b>	<b>Priority</b>	<b>Release</b>

		er				
Administrator	Access Control	USN-9	Admin can control the access of users.	Access permission for Users.	High	Sprint-4
	Database	USN-10	Admin can store the details of users.	Stores User details.	Medium	Sprint-4
	News	USN-11	Admin will give the recent news of food nutrition values	Provide the recent food details.	Medium	Sprint-4
	Notification	USN-12	Admin will notify when the food nutrition values change.	Notification by Gmail.	High	Sprint-4

## 6.PROJECT PLANING AND SCHEDULING

### 6.1. Sprint Planning & Estimation

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Data Collection	USN-1	Download Food Nutrition Dataset	2	Medium	Velan S
Sprint-1	Data Preprocessing	USN-2	ImportingThe Dataset into Workspace	1	Low	Keerthivas anG
Sprint-1		USN-3	Handling Missing Data	3	Medium	Velan S
Sprint-1		USN-4	FeatureScaling	3	Low	Vijayamurug an S
Sprint-1		USN-5	Data Visualization	3	Medium	Deepak S
Sprint-1		USN-6	SplittingData into Trainand Test	4	High	Velan S
Sprint-1		USN-7	CreatingA Dataset withSliding Windows	4	High	Velan S
Sprint-2	Model Building	USN-8	Importing The ModelBuilding Libraries	1	Medium	Keerthivas anG

Sprint-2		USN-9	Initializing The Model	1	Medium	Vijayamurug an S
Sprint-2		USN-10	Adding LSTM Layers	2	High	Vijayamurug an S
Sprint-2		USN-11	Adding Output Layers	3	Medium	Vijayamurug an S
Sprint-2		USN-12	ConfigureThe Learning Process	4	High	Deepak S
Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-2		USN-13	Train The Model	2	Medium	Vijayamurug

						an S
Sprint-2		USN-14	Model Evaluation	1	Medium	Vijayamurugan S
Sprint-2		USN-15	Save The Model	2	Medium	Velan S
Sprint-2		USN-16	Test The Model	3	High	Deepak S
Sprint-3	Application Building	USN-17	Create An HTMLFile	4	Medium	KeerthivasanG
Sprint-3		USN-18	Build Python Code	4	High	Vijayamurugan S
Sprint-3		USN-19	Run The App in Local Browser	4	Medium	Deepak S
Sprint-3		USN-20	Showcasing Prediction On UI	4	High	Vijayamurugan S
Sprint-4	Train The Model On IBM	USN-21	RegisterFor IBM Cloud	4	Medium	Deepak S
Sprint-4		USN-22	Train The ML Model On IBM	8	High	Velan S
Sprint-4		USN-23	IntegrateFlask with Scoring End Point	8	High	Vijayamurugan S

## 6.2.Sprint Delivery Schedule

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	20	6 Days	24 Oct 2022	29 Oct 2022	20	29 Oct 2022
Sprint-2	20	6 Days	31 Oct 2022	05 Nov 2022	20	03 Nov 2022
Sprint-3	20	6 Days	07 Nov 2022	12 Nov 2022	20	10 Nov 2022
Sprint-4	20	6 Days	14 Nov 2022	19 Nov 2022	20	17 Nov 2022

## 7. CODING & SOLUTIONING

### 7.1 Feature 1

The aim of pre-processing is an improvement of the image data that suppresses unwilling distortions or enhances some image features important for further processing, although geometric transformations of images (e.g. rotation, scaling, translation) are classified among pre-processing methods here since similar techniques are used.

#### Code:

```
from google.colab import drive
drive.mount('/content/drive')

cd//content/drive/MyDrive/Colab Notebooks/Dataset

import numpy as np#used for numerical analysis
import tensorflow #open source used for both ML and DL for computation
from tensorflow.keras.models import Sequential #it is a plain stack of layers
from tensorflow.keras import layers #A layer consists of a tensor-in tensor-out
computation function
#Dense layer is the regular deeply connected neural network layer
from tensorflow.keras.layers import Dense,Flatten
#Faltten-used fot flattening the input or change the dimension
from tensorflow.keras.layers import Conv2D,MaxPooling2D,Dropout #Convolutional
layer
#MaxPooling2D-for downsampling the image
from keras.preprocessing.image import ImageDataGenerator

#setting parameter for Image Data agumentation to the training data
train_datagen =
ImageDataGenerator(rescale=1./255, shear_range=0.2, zoom_range=0.2, horizontal_flip
=True)
#Image Data agumentation to the testing data
test_datagen=ImageDataGenerator(rescale=1./255)

#performing data agumentation to train data
x_train = train_datagen.flow_from_directory(
    r'/content/drive/MyDrive/content/TRAIN_SET',
    target_size=(64, 64),batch_size=5,color_mode='rgb',class_mode='sparse')
```

```

#performing data agumentation to test data
x_test = test_datagen.flow_from_directory(
    r'/content/drive/MyDrive/content/TEST_SET',
    target_size=(64, 64),batch_size=5,color_mode='rgb',class_mode='sparse')

print(x_train.class_indices)#checking the number of classes

print(x_test.class_indices)#checking the number of classes

from collections import Counter as c
c(x_train .labels)

```

## 7.2.Feature 2

### model training on IBM Watson Studio

```

!pip install watson-machine-learning-client

from ibm_watson_machine_learning import APIClient
wml_credentials = {
    "url" : "https://us-south.ml.cloud.ibm.com",
    "apikey" : "o49g8_rjLtMfFOxWPrBuja8eQPmNZtIK-uGy3_MzolZp"
}

client = APIClient(wml_credentials)

client = APIClient(wml_credentials)

def giud_from_space_name(client,space_name):
    space = client.spaces.get_details()
    return(next(item for item in space['resources'] if
item['entity']['name'] == space_name)['metadata']['id'])

space_uid = giud_from_space_name(client,'Nutrition Analyzer')
print("Space UID = "+ space_uid)

client.set.default_space(space_uid)

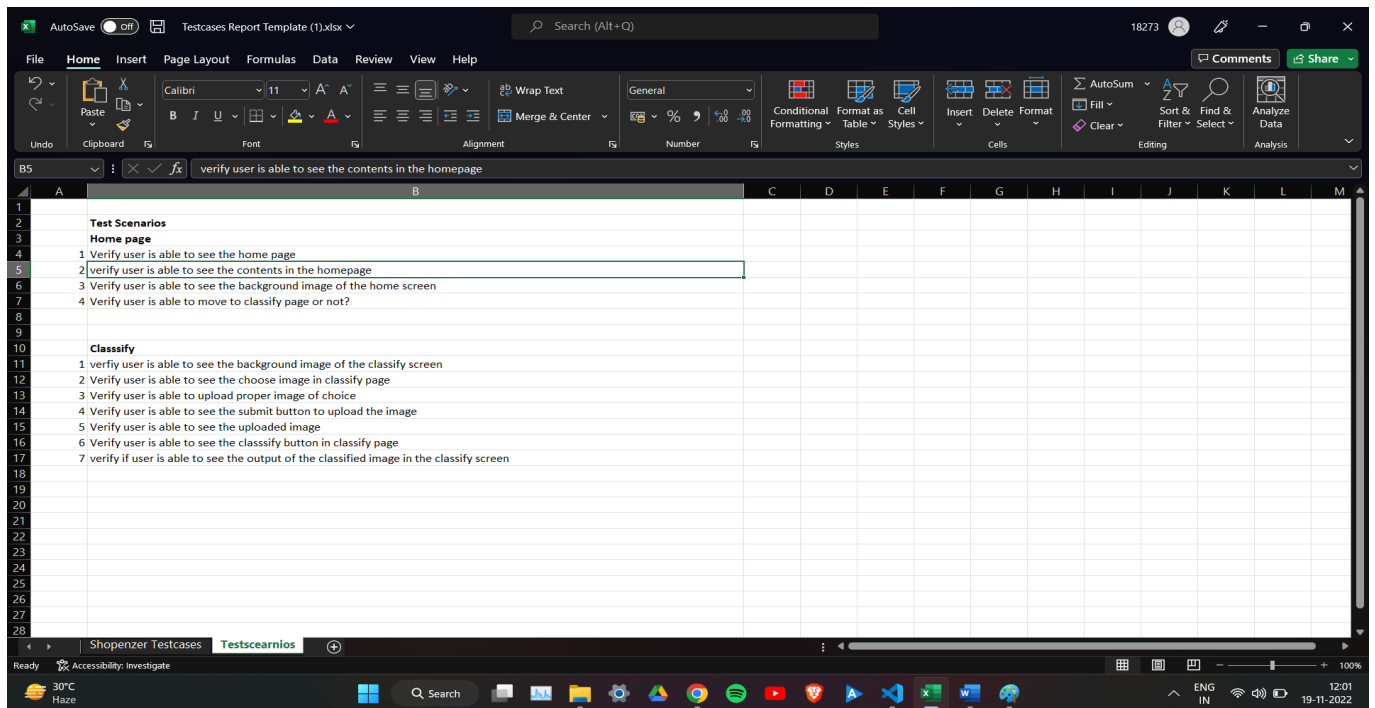
client.repository.download('4e26aed0-bb0c-4b3d-8476-9630f3617dc2',
'my_model.tar.gz')

```

## 8. TESTING

### 8.1. Test Cases

A test case is a set of actions performed on a system to determine if it satisfies software requirements and functions correctly. A test case is a document, which has a set of test data, preconditions, expected results and postconditions, developed for a particular test scenario.





AutoSave Off Testcases Report.xlsx Search (Alt+Q) 18273

File Home Insert Page Layout Formulas Data Review View Help

Calibri 11 Font B I U Alignment Merge & Center Number Conditional Formatting Styles Cells Editing Analysis

H10 user should be able to view the details of the processed image

Feature Type	Component	Test Scenario	Pre-Req	Steps To Execute	Test Data	Expected Result	Actual Result	Status	Comments	TC for Automation(Y/N)	Bug ID	Executed By
UI	Home Page	Verify user is able to see the contents in the homepage		1.Enter URL and click go	http://0.0.0.0:5000	the contents of the homepage must be visible in a tab	Working as expected	Pass				Karthikeyan
UI	Home Page	Verify user is able to click on classify button		1.Enter URL and click go 2.Click on classify	http://0.0.0.0:5000	user must be on classify page	Working as expected	Pass				Velan
Functional	classify page	Verify user is able to press the upload button		1.Enter URL and click go 2.Click on classify 3.press upload image button	http://0.0.0.0:5000	user should be able to click the upload image button	Working as expected	Pass				Deepak
UI	classify page	Verify user is able to preview the image uploaded		1.Enter URL and click go 2.Click on classify 3.press upload image button	http://0.0.0.0:5000	user should be able to preview the image uploaded	working as expected	Pass				
UI	classify page	Verify user is able to view the content after the image is processed		1.Enter URL and click go 2.Click on classify 3.press upload image button 4.click classify	http://0.0.0.0:5000	user should be able to view the details of the processed image	working as expected	Pass				Vijayamunigan

Shopenzer Testcases Testscenarios

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## 8.2. User Acceptance Testing

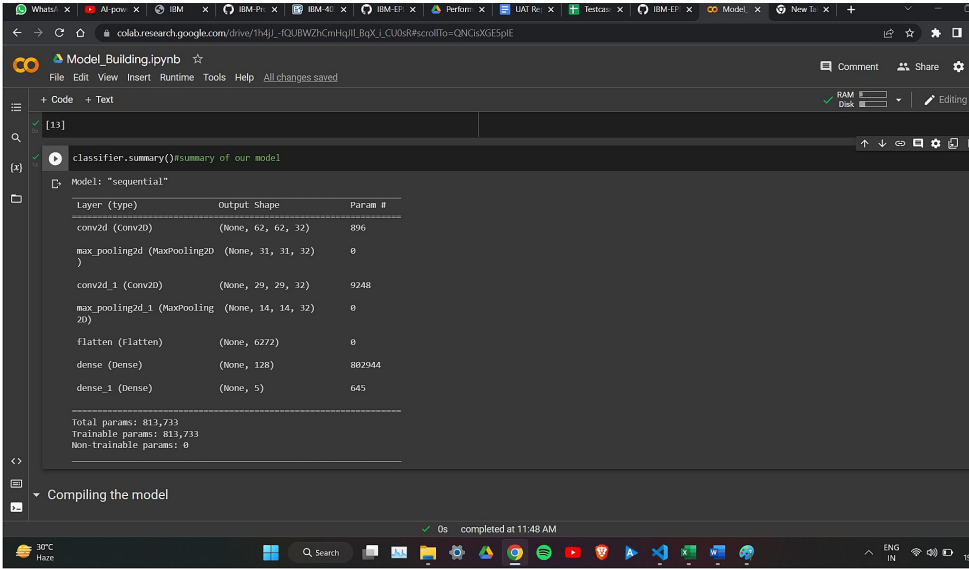
User acceptance testing (UAT), also called application testing or end-user testing, is a phase of software development in which the software is tested in the real world by its intended audience. UAT is often the last phase of the software testing process and is performed before the tested software is released to its intended market. The goal of UAT is to ensure software can handle real-world tasks and perform up to development specifications. In UAT, users are given the opportunity to interact with the software before its official release to see if any features have been overlooked or if it contains any bugs. UAT can be done in-house with volunteers, by paid test subjects using the software or by making the test version available for download as a free trial. The results from the early testers are forwarded to the developers, who make final changes before releasing the software commercially. UAT is effective for ensuring quality in terms of time and software cost, while also increasing transparency with users.

Resolution	Severity 1	Severity 2	Severity 3	Severity 4	Subtotal
No background image	6	3	2	3	20
Image not uploaded	2	0	3	0	4
Output not visible	3	2	0	1	6
Fixed	9	4	4	20	37
No preview of uploaded image	0	0	1	0	1
Skipped	0	0	1	1	2
Won't Fix	0	5	2	1	8
Totals	20	14	13	26	77

Section	Total Cases	Not Tested	Fail	Pass
Homepage	2	0	0	2
Contents of homepage	5	0	0	51
Background image in homepage	4	0	0	2
Moving to classify page	6	0	0	3
Choose image	4	0	0	9
Uploaded image preview	4	0	0	4
Contents of the output	3	0	0	2

9. RESULTS

9.1. Performance Metrics

S.No.	Parameter	Values	Screenshot
1.	Model Summary	<div>Total params: 813,733 Trainable params: 813,733 Non-trainable params: 0</div>	

2.	Accuracy	<div>Training Accuracy - 99.2%</div> <div>Validation Accuracy - 98.3%</div>	<div><div>Model_Building.ipynb</div><div><pre>classifier.fit_generator(     generator=x_train, steps_per_epoch = len(x_train),     epochs=10, validation_data=x_test, validation_steps = len(x_test))</pre></div><div><div>No of images in test set</div><div>Epoch 1/10 /usr/local/lib/python3.7/dist-packages/ipynb_launcher.py:3: UserWarning: "Model.fit_generator" is deprecated and will be removed in a future version. Please use "Model.fit", which This is separate from the ipynb package so we can avoid doing imports until 528/528 [=====] - 47s 88ms/step - loss: 0.1510 - accuracy: 0.9450 - val_loss: 0.0042 - val_accuracy: 1.0000 Epoch 2/10 528/528 [=====] - 31s 59ms/step - loss: 0.0227 - accuracy: 0.9939 - val_loss: 0.0030 - val_accuracy: 1.0000 Epoch 3/10 528/528 [=====] - 32s 60ms/step - loss: 0.0121 - accuracy: 0.9970 - val_loss: 0.1909 - val_accuracy: 0.9090 Epoch 4/10 528/528 [=====] - 30s 56ms/step - loss: 0.0547 - accuracy: 0.9856 - val_loss: 0.1168 - val_accuracy: 0.9611 Epoch 5/10 528/528 [=====] - 34s 64ms/step - loss: 0.0038 - accuracy: 0.9985 - val_loss: 0.0106 - val_accuracy: 0.9972 Epoch 6/10 528/528 [=====] - 31s 59ms/step - loss: 1.0557e-04 - accuracy: 1.0000 - val_loss: 0.0127 - val_accuracy: 0.9962 Epoch 7/10 528/528 [=====] - 32s 60ms/step - loss: 5.0372e-05 - accuracy: 1.0000 - val_loss: 0.0136 - val_accuracy: 0.9943 Epoch 8/10 528/528 [=====] - 32s 60ms/step - loss: 3.0419e-05 - accuracy: 1.0000 - val_loss: 0.0140 - val_accuracy: 0.9943 Epoch 9/10 528/528 [=====] - 32s 61ms/step - loss: 3.4009e-05 - accuracy: 1.0000 - val_loss: 0.0194 - val_accuracy: 0.9915 Epoch 10/10 528/528 [=====] - 33s 62ms/step - loss: 1.1176e-05 - accuracy: 1.0000 - val_loss: 0.0182 - val_accuracy: 0.9915 &lt;keras.callbacks.history at 0x7fede989550&gt;</div></div><div><div>Saving our model</div><div>[ ] # Save the model</div></div><div><div>6m 33s completed at 11:56 AM</div></div></div>
----	----------	---	--

## **10. ADVANTAGES & DISADVANTAGES**

### **ADVANTAGES**

There are many advantages to using an AI-powered nutrition analyzer for fitness enthusiasts. Some of these advantages include:

1. The software is powerful and can be used for a long time

The software is easy to operate, powerful, and can be used for a long time. Provide customers with free software upgrades for life.

2. Automated analysis of nutrient content

The instrument is equipped with a spectrum of nutrient analysis software for automatic analysis of nutrient content.

3. It is suitable for food research and development, clinical nutrition, dietitian and other departments

It is suitable for food research and development, clinical nutrition, dietitian and other departments. According to the analysis results, the nutrition of the human body is improved, and the weight loss effect is obvious.

4. To solve the problem of food nutrition labeling

The instrument can quickly and accurately analyze the nutrient content of food, and is an indispensable instrument for solving food nutrition labeling.

5. The instrument is easy to operate, accurate and reliable

The instrument is easy to operate, accurate and reliable. It is an ideal instrument for food analysis, quality control and food research.

## **DISADVANTAGES**

Some of the potential disadvantages of an AI-powered nutrition analyzer for fitness enthusiasts include:

1. They can be expensive.
2. They require you to have a specific food item in order to get accurate results.
3. They can be time-consuming to use.
4. The results can be difficult to interpret.
5. They are not always accurate.
6. They can be frustrating to use.
7. You may not get the results you want.
8. You may not be able to find the right food item.
9. You may not be able to use the results.
10. You may not be able to find the right nutritional analyzer.

## **11. CONCLUSION**

Overall, we believe that the AI-powered nutrition analyzer is a great tool for fitness enthusiasts. It can help them track their diet and ensure that they are getting the nutrients they need. Additionally, it can help them identify areas where they may need to make changes in their diet

## 12. FUTURE SCOPE

Further enhancement can be made in the future advancement, to develop personalized nutrition plans. The plans could be based on an individual's age, weight, height, gender, activity level, and other factors. The plans could also be customized for specific medical conditions. There is a lot of potential for the Nutritional Analyzer to be used in a variety of settings. For example, it could be used in restaurants to help customers make healthier choices. It could also be used in schools to help students learn about nutrition. Additionally, the Nutritional Analyzer could be used in hospitals and other healthcare settings to help patients make better choices about their diet.

## 13. APPENDIX

### Source Code:

```
from flask import Flask,render_template,request
# Flask-It is our framework which we are going to use to run/serve our application.
#request-for accessing file which was uploaded by the user on our application.
import os
import numpy as np #used for numerical analysis
from tensorflow.keras.models import load_model#to load our trained model
from tensorflow.keras.preprocessing import image
import requests

app = Flask(__name__,template_folder="templates") # initializing a flask app
# Loading the model
model=load_model('nutrition.h5')
print("Loaded model from disk")

@app.route('/')# route to display the home page
def home():
    return render_template('home.html')#rendering the home page

@app.route('/image1',methods=['GET','POST'])# routes to the index html
def image1():
```

```
return render_template("image.html")
```

```
@app.route('/predict',methods=['GET', 'POST'])# route to show the predictions in a web UI
```

```
def launch():
```

```
    if request.method=='POST':
```

```
        f=request.files['file'] #requesting the file
```

```
        basepath=os.path.dirname('__file__')#storing the file directory
```

```
        filepath=os.path.join(basepath,"uploads",f.filename)#storing the file in uploads folder
```

```
        f.save(filepath)#saving the file
```

```
        img=image.load_img(filepath,target_size=(64,64)) #load and reshaping the image
```

```
        x=image.img_to_array(img)#converting image to an array
```

```
        x=np.expand_dims(x,axis=0)#changing the dimensions of the image
```

```
        pred=np.argmax(model.predict(x), axis=1)
```

```
        print("prediction",pred)#printing the prediction
```

```
        index=['APPLES','BANANA','ORANGE','PINEAPPLE','WATERMELON']
```

```
        result=str(index[pred[0]])
```

```
        x=result
```

```
        print(x)
```

```
        result=nutrition(result)
```

```
        print(result)
```

```
        return render_template("0.html",showcase=(result),showcase1=(x))
```

```
def nutrition(index):
```

```
    url = "https://calorieninjas.p.rapidapi.com/v1/nutrition"
```

```
    querystring = {"query":index}
```



```

headers = {
    'x-rapidapi-key': "5d797ab107mshe668f26bd044e64p1ffd34jsnf47bfa9a8ee4",
    'x-rapidapi-host': "calorieninjas.p.rapidapi.com"
}

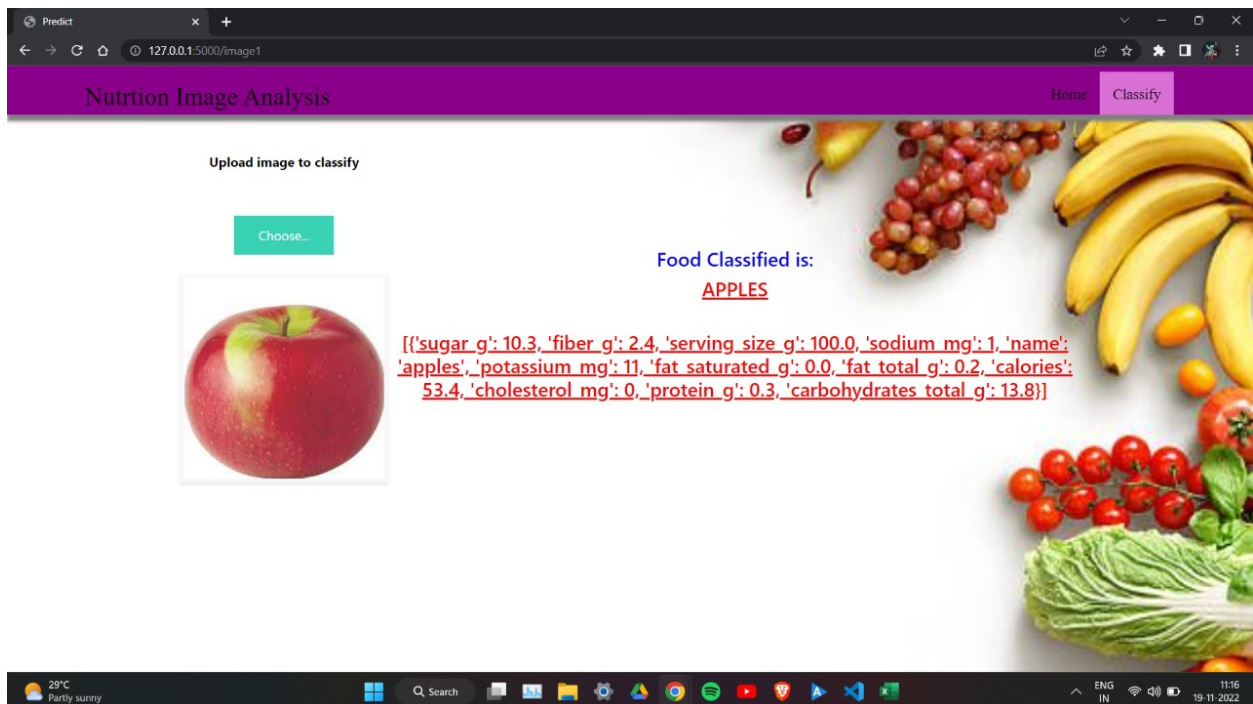
response = requests.request("GET", url, headers=headers, params=querrstring)

print(response.text)
return response.json()['items']
if __name__ == "__main__":
    # running the app
    app.run(debug=False)

```

## Output:

### sample 1:



## sample 2:


Predict x +

127.0.0.1:5000/image1

Nutrion Image Analysis Home **Classify**

Upload image to classify

Choose...



Food Classified is:  
ORANGE

[{'sugar\_g': 8.4, 'fiber\_g': 2.2, 'serving\_size\_g': 100.0, 'sodium\_mg': 1, 'name': 'orange', 'potassium\_mg': 23, 'fat\_saturated\_g': 0.0, 'fat\_total\_g': 0.1, 'calories': 50.4, 'cholesterol\_mg': 0, 'protein\_g': 0.9, 'carbohydrates\_total\_g': 12.4}]

23°C Partly sunny

Search

ENG IN 11:18 19-11-2022

## sample 3:


Predict x +

127.0.0.1:5000/image1

Nutrion Image Analysis Home **Classify**

Upload image to classify

Choose...



Food Classified is:  
BANANA

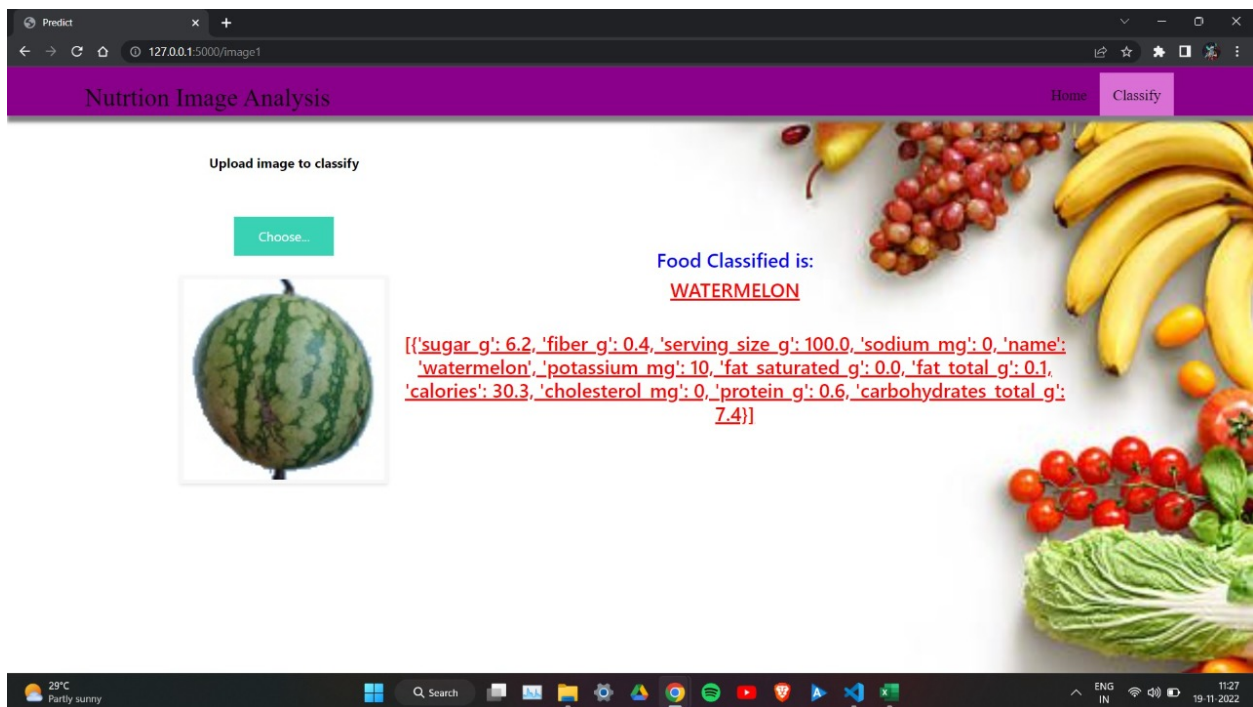
[{'sugar\_g': 12.3, 'fiber\_g': 2.6, 'serving\_size\_g': 100.0, 'sodium\_mg': 1, 'name': 'banana', 'potassium\_mg': 22, 'fat\_saturated\_g': 0.1, 'fat\_total\_g': 0.3, 'calories': 89.4, 'cholesterol\_mg': 0, 'protein\_g': 1.1, 'carbohydrates\_total\_g': 23.2}]

23°C Partly sunny

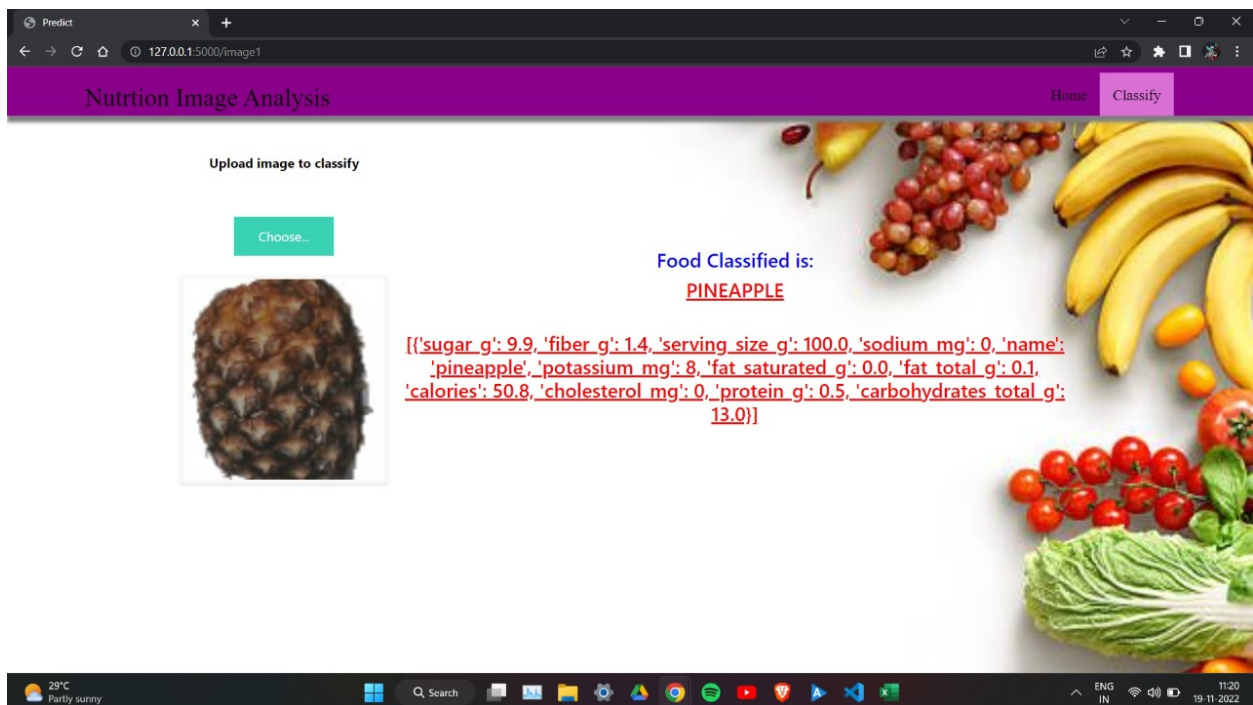
Search

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## sample 4:



## sample 5:



**GitHub Link:** <https://github.com/IBM-EPBL/IBM-Project-40391-1660628900>

**Project Demo Link:** <https://youtu.be/F8WHFTWDHj4>



