```
import smtplib
def send_conf_mail(registered_user_mail):
  try:
    #Create your SMTP session
    smtp = smtplib.SMTP('smtp.gmail.com', 587)
  #Use TLS to add security
    smtp.starttls()
    #User Authentication
    smtp.login(<your-email-here>,<your-password-here>)
    #Defining The Message
    message = 'Subject: {}\n\n{}'.format("Registration Successful", 'Your account to access Cardio Care
has been successfully created')
    #Sending the Email
    smtp.sendmail(<your-email-here>, registered_user_mail, message)
    #Terminating the session
    smtp.quit()
    print ("Email sent successfully!")
  except Exception as ex:
    print("Something went wrong....",ex)
```