# 2. JOBS-TO-BE-DONE / PROBLEMS

R

Focus on J&P, tap into

The problem of the user are obesity, fear of getting health related issues like heart attack, diabetes, etc... They will get frustrated of not getting immediate result and difficult to do tedious work. Sometimes they feel like lack of confidence due to their appearance.

### 3. TRIGGERS

Desire to live a healthy lifestyle. By knowing the success story of people who achieved their goal. By seeing people who are fit and healthy.

TR

# 4. EMOTIONS: BEFORE / AFTER

They scared of declining health, so they get motivated towards eating healthy

### 9. PROBLEM ROOT **CAUSE**

It is easy to fall into a trap of eating unhealthy foods which is heavy in calories. Once the nutritional value is replaced by foods high in sugar, bad fats and salt it leads to various health issues so users need to control their daily calorie intake to lead a healthy lifestyle.

> foods and move to healthy lifestyle.

RC

## 7. BEHAVIOU R

The behavioral changes in users reflect in their day-to-day lifesuch as they will maintain aproper diet and follow the daily routine in eating and intake of healthy food.

So, that it helps them to improve their health.

# 10. YOUR SOLUTION

By taking the picture of the food anduploading it in the app, the user can know what are all the nutrients present in the food. Clarifai's AI-Driven Food Detection Model is used for getting accurate identification of food and APIs to give the nutritional value of the identified food.

Focus on PR, tap

into BE,

SL

BE

#### ONLINE

The application provides a user friendly environment that enables users to interact through chatbot to clarify their queries and a dashboard is displayed to know the acivities.

### OFFLINE

Connecting all the users through offline meeting and giving some complimentarygifts. Conducting offline session by nutrition expert.