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## IBM Nalaiya thiran

Title Name : Personal Assistance for Seniors Who Are Self-Reliant

**Domain Name**: Internet Of Things

Leader Name : S.Keerthana

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## **Problem Statement:**

A senior living in the family home can upset the family dynamics. Being a family caregiver is a demanding role. The added caregiving stress can take an emotional, physical, and mental toll on family members. Family members are torn between taking care of their own families and the senior.

Assist with personal hygiene,etc Developing Self accurance

Sensing Technologie swhich helps farming

Maintaining databases and filling systems

Is it resist conformity

Is Self Reliant?

Is seniors live without dependent?

Is it helpful for elders?



Says

Does

User

(Senior)

Feels

Make their own Decisions

Assume Responsibility

Personal Assistants responsibility to give you the peace and quiet

Passionate about sustainability

Ask others opinion about the self reliant

Conducting Research on behalf of the manager

Keeping the elderly independent at home

Handle their personal obligations like doctor's appointment