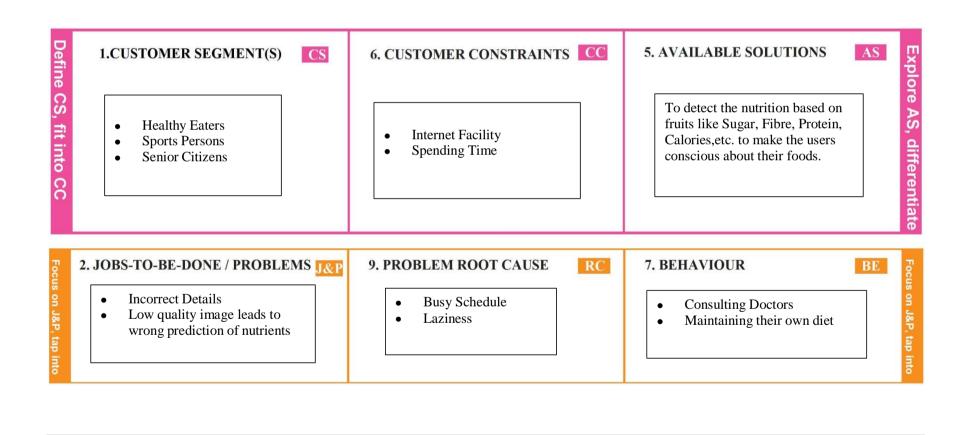
# PROJECT DESIGN PHASE - 1

#### PROBLEM SOLUTION FIT

Date	11 October 2022
Team ID	PNT2022TMID49087
Project Name	AI Powered Nutrition Analyst for Fitness
	Enthusiasts
Maximum Marks	2 Marks



10. YOUR SOLUTION

8.CHANNELS OF BEHAVIOUR

3. TRIGGERS

Antigens are substance that the body labels as foreign and harmful, which triggers immune cell activity

### 4. EMOTIONS: BEFORE / AFTER

Before: Unhealthy,Confused After:Healthy,Confident

- In our plateform we provide a individual healthy chart for subscribers
- Normally common health diet plan was allocated
- Seek your way on organic side and stay healthy

## **ONLINE:**

- Through Social Media
- Channel Advertisements
- Online applications
- Online session

## **OFFLINE:**

- Taking proteins
- Visit gym
- Consume huge water