

PROJECT DESIGN PHASE 1

SOLUTION REQUIREMENTS

DATE	28 OCTOBER 2022
TEAM ID	PNT2022TMID41369
PROJECT NAME	PERSONAL ASSISTANCE FOR SENIORS WHO ARE SELF RELIENT
MAXIMUM MARKS	4 MAXIMUM MARKS

Dimensions	Attributes	Indicators
Personal	Increasing insight on the nature of treatment	<ul style="list-style-type: none"> · Identifying strengths of benefits from treatment compliance · Getting to realize that treatment compliance is part of life
	Improving motivation for recovery	<ul style="list-style-type: none"> · Seeking for life values · Hoping for recovery
Procedural	Encouraging empowerment	<ul style="list-style-type: none"> · Establishing modified behaviors for empowerment · Improving problem-solving skills · Understanding the impacts of internalized stigma · Exploring situations where stigma occurred · Dealing with stigma when it occurred
	Increasing self-esteem	<ul style="list-style-type: none"> · Identifying ones' own strength · Boosting self-efficacy and dealing with emotion.
Institutional	Forming social and government support	<ul style="list-style-type: none"> · Exploring self from significant others · Importance of generating supportive environment · Connecting to accessing financial support and medical insurance
Consequential	Desire for financial independence	<ul style="list-style-type: none"> · Being determined to maintain a job
	Independent housing	<ul style="list-style-type: none"> · A desire to live alone · Planning for the independent living without parents
	Having self-determination	<ul style="list-style-type: none"> · Developing one's own adaptive in daily life · Utilizing reasonable self-assertiveness · Exploring healthy behaviors