

LITERATURE SURVEY

Date	28 October 2022
Team ID	PNT2022TMID41369
Project Name	Personal Assistance For Seniors Who are Self-Reliant
Maximum Marks	2 Marks

INTRODUCTION

Project focuses on the individual and being self-reliant. Being self-reliant means being self-confident and completing work through one's own efforts. According to Emerson, everyone has their own unique qualities that separates them from everyone else. It is important for people to embrace these qualities because uniformity is boring and overrated, and it is important to have variety in a society. In his argument, Emerson makes three main points. He first states that people should accept their God-given role in life and work with what He has given them, that they can learn different things from the people around them, and that they shouldn't let society govern their choices.

PROBLEM IDENTIFICATION

Resist the urge to rescue team members by providing them the answers to problems. Instead, ask them open-ended questions to lead them through the process of solving the problem on their own. Follow these steps:

- Ask them to define the problem in one sentence.
- Help them brainstorm options of addressing the problem.
- Ask them to list the pros and cons of these various courses of actions.
- Cheer them on as they work toward solving the problem.

PROBLEM SOLUTION

If you want the people you're leading to be strong and resilient, you have to teach them how to solve their own problems. This can be one of the hardest challenges for leaders, because most of us have risen to our positions by being great problem-solvers. We're good at identifying problems, coming up with solutions, and making improvements. However, those very strengths can be weaknesses when it comes to developing resilient team members.

LITERATURE SURVEY

REFERENCES

- 1) Giamatti, A. Bartlett. *The University and the Public Interest*. New York: Atheneum, 1981.
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- 3) Masters, Edgar Lee. *The Living Thoughts of Emerson*. London: Cassel , 1947.
- 4) Mitchell, Charles E. *Individualism and Its Discontents: Appropriations of Emerson, 1880-1950*. Amherst: University of Massachusetts Press, 1997.
- 5) Mott, Wesley T. "'The Age of the First Person Singular': Emerson and Individualism." In *A Historical Guide to Ralph Waldo Emerson*, edited by Joel Myerson, pp. 61-100. New York: Oxford University Press, 2000.

CONCLUSION

A self-reliant India does not mean turning the country inwards or into an isolationist nation, but embracing the world by becoming stronger. The call for self-reliant India doesn't mean shutting down doors to globalization but growing with the world, as a self-reliant India will have more to offer to the world. Hence we all should work together for a self-reliant, resilient, and dynamic India which lends glory to our rich heritage.