

Nutrition Assistant Application

# PROBLEM STATEMENT

Nutrition Assistant Application

RAMA MOORTHY.G

SOUNDHAR.G

SUIYA.P

VIJAY KUMAR.P

**Nutrition Assistant Application**

- 1.The user who want to maintain a healthy and fit body but have no one to guide them on their dieting
- 2.The user wants to develop a deep learning model that basically help athlete, body builders or other game players to keep up with their health and fitness by suggesting them with proper nutrition plan
- 3.The user wants an AI software to maintain healthy diet rather than having a physical consultant
- 4.People who are obese and overweight are more likely to have high-risk factors for heart disease, diabetes,hypertension. The goal of the application is to create a healthy lifestyle for its user.
- 5.User has obesity who needs to follow diet to improve his health without the feeling that he's following diet