

**Project Title: AI Powered Nutrition Analyze
For Fitness Enthusiasts**

Project Design Phase-I - Solution Fit Template

Team ID: PNT2022TMID45194

1. CUSTOMER SEGMENT(S)

Nutrition analyzes designed to help health professionals, dietitians, coaches, trainers and gymnasiums manage client, create personalized meal plans.

4. CUSTOMER CONSTRAINTS

Food allergies or sensitivities, religious, practices, and ideologies beliefs are some of the main reasons people rely on specific diets or follow dietary restrictions.

7. AVAILABLE SOLUTIONS

- Information available on internet or web
- To prevent malnutrition is to eat a healthy, balanced diet.

2. JOBS-TO-BE-DONE / PROBLEM

MSJ&P

people are eating far more food than is necessary for their health.

5. PROBLEM ROOT CAUSE

RC

People are not eating sufficient amount of food to provide the calories,

8. BEHAVIOUR

BE

- † To give the regular notification

vitamins and minerals they need optimal health. While in others, people are eating far more food than is necessary for their health.

- † To give proper diet
- † Don't beat yourself up if you miss a day
- † Add to your existing habits

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| <div data-bbox="163 68 353 103">3. TRIGGERS</div> <div data-bbox="163 159 689 424">Nutritional Analysis detects the exact nutritional value of any given food item. It determines the percentage of macro and micronutrients present in that food item as well as the presence of inhibitors, toxic chemicals, or any other new component.</div> | <div data-bbox="732 68 1189 103">6. EMOTIONS: BEFORE / AFTER</div> <div data-bbox="723 175 1238 210">BEFORE: Improper health maintenance.</div> <div data-bbox="723 260 1178 295">AFTER: proper health maintenance</div> | <div data-bbox="1335 68 1615 103">9. YOUR SOLUTION</div> <div data-bbox="1335 164 1917 231">Wellness and Mental health for end user who uses our application.</div> |
| <div data-bbox="163 544 172 553">.</div> | | |