


## Brainstorm & Idea Prioritization Template

Date	12 September 2022
Team ID	PNT2022TMID50689
Project Name	Project – AI powered Nutrition Analyzer for Fitness Enthusiasts
Maximum Marks	4 Marks

### Brainstorm & Idea Prioritization Template:

Brainstorming provides a free and open environment that encourages everyone within a team to participate in the creative thinking process that leads to problem solving. Prioritizing volume over value, out-of-the-box ideas are welcome and built upon, and all participants are encouraged to collaborate, helping each other develop a rich amount of creative solutions. Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

### Step-1: Team Gathering, Collaboration and Select the Problem Statement



## Brainstorm & idea prioritization

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

🕒 10 minutes to prepare  
🕒 1 hour to collaborate  
👥 2-8 people recommended

**Before you collaborate**  
A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

🕒 10 minutes

---

**A Team gathering**  
Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.

**B Set the goal**  
Think about the problem you'll be focusing on solving in the brainstorming session.

**C Learn how to use the facilitation tools**  
Use the Facilitation Superpowers to run a happy and productive session.

[Open article](#) →


**1 Define your problem statement**  
What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

🕒 5 minutes

---

**PROBLEM**

How might we [your problem statement]?



### Key rules of brainstorming

To run a smooth and productive session

- Stay in topic.
- Defer judgment.
- Go for volume.
- Encourage wild ideas.
- Listen to others.
- If possible, be visual.

### Step-2: Brainstorm, Idea Listing and Grouping

2

## BRAINSTROM

write down ideas that come to mind that address your problem statements.

🕒 10 minutes

### TIP

You can select a sticky notes and hit the pencil [switch to sketch] icon to start drawing



### Sridevi Mahalakshmi

- Nutrition may likewise increment muscle recuperation
- Wellbeing and wellness tips are given
- assists with halting utilizing supplements
- regular development can be accomplish

### Latha Maheswari

- nourishment decreases aggravation
- it go about as an individual essient
- it additionally safeguard for individual veggie lover
- It gives sustenance content about each food to be familar with your eating routine

### Crosslin Mary

- go about as your dieterian
- makes us mindful of what we are eating
- let go about as your reviewing partner in eating quality food because supports solid way of life.
- in the event that you don't meet your day to day admission of nourishment, it reminds you

### Rasina

- it realize the sustenance updates of specific food prior to admittng
- gives a few options in contrast to some infimily food sources
- knows the individual something things and food varieties and they bring from that things recommendation
- better way a center around your eating regimen and sustenance admission

1

## GROUP IDEAS

Take turn your ideas while clustering similar or related notes as you go once all sticky notes have been group give each cluster a sentence like label. if a cluster is bigger than the sticky notes.try and see if you break it up in to small groups

 20 minutes

### TIP

You can select a sticky notes and hit the pencil [swith to sketch] icon to start drawing



### Based on nurition

Wellbeing  
and  
wellness tips  
are given

supports  
solid way of  
life

makes us  
mindful of  
what we  
are eating

### Based on intake

in the event that  
you didn't meet  
your day to day  
admission of  
nourishment, it  
remains you

a realize the  
sustenance  
upsides of  
specific food  
prior to admitting

better way o  
center around  
your eating  
regimen and  
sustenance  
admission

### Based on supplements

gives a few  
options in  
contrast to  
some infirmity  
food sources

assists with  
halting  
utilizing  
supplements

## Step-3: Idea Prioritization

4

### Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

🕒 20 minutes

