



### Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

🕒 10 minutes

#### Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

#### PROBLEM

A variety of medical problems can affect appetite. Your illness medicines or surgery can cause these problem.to suggest healthy foods and identify the increditents and nutritions in their food.



#### Key rules of brainstorming

To run an smooth and productive session



Stay in topic.



Encourage wild ideas.



Defer judgment.



Listen to others.



Go for volume.



If possible, be visual.

1

### Brainstorm

Write down any ideas that come to mind that address your problem statement.

🕒 10 minutes

#### Alrijwana & asvethasri

Nutrition analysis is process to identify the nutrition in the food.

In this system we are going to recommend good food

Choose high calorie and high protein foods

Suggests food items based upon their diet.

Identify the ingredients in the food and its nutrition.

If the user have any medical issue suggest based upon that

#### Boomathi

Plan meals to include your favourite foods

Healthy nutrition contributes to preventing diet related diseases

The nutrtilized application collection input data on the food behavior of the users and on the interaction with a different screens

Nutritional database recording tne accuracy and variety of nutritional information

Recording the quality of food items we compared three different nutritional database

Nutrilized generates new recommendation for each and everyday

#### Janani

First, gathering all information about the health condition of the user

Suggesting recipes according to the diet plan

Providing motivational quotes to the user

There will be a dashboard for sharing health tips

User can analyse healthy nutrition contributes to preventing diet related diseases

Notifying harmful ingredients in the food

#### Ramya

The Diet Tracking Of Each User Is Done Using a Search Interface

The User Can Either Perform a Free Text Search Select The Food Item From a Tree Structure

The Food Item To Receive Some More Detail Information On a Foods Nutrition And Choose a Custom Portion Size To Add To The Diary

In Search Interface User Select One Of His/Her Fecent Or Favourite Items

User Can Analyse Healthy Nutrition Contributes To Preventing Diet Related Diseases.

The Recommendations Features Shows a List Of Recommended Recipes Split By Meal Type To The User.

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### Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

🕒 20 minutes

Healthy nutrition contributes to preventing diet related diseases

Healthy nutrition contributes to preventing non-communicable diseases.

There will be a dashboard for sharing health tips

The food item to receive some more detail information on a foods nutrition and choose a custom portion size to add to the diary.

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### Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

🕒 20 minutes

