

## Ideation Phase

### Define the Problem Statements

|               |   |
|---------------|---|
| Date          | 19 September 2022                         |
| Team ID       | PNT2022TMID45161                          |
| Project Name  | Project – NUTRITION ASSISTANT APPLICATION |
| Maximum Marks | 2 Marks                                   |

#### Customer Problem Statement Template:

Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health. People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity. However, although food packaging comes with nutrition (and calorie) labels, it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyse real-time images of a meal and analyse it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle. The main objective of this project is to building a web App that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food.

| Problem Statement (PS) | I am (Customer) | I'm trying to   | But   | Because  | Which makes me feel   |
|------------------------|-----------------|---|---|--|---|
| PS-1                   | STUDENT         | Find a balanced nutrition diet to loss weight                                     | There is no balanced diet available without workout | I have no time to do workout                                     | A best nutritional based diet plan with less workout  |
| PS-2                   | ATHLETE         | Choose a best nutrition plan and workout technique to increase my sprinting speed | Confused with many techniques                       | I want to increase my sprinting speed very much before than ever | Prefect suggestions   |
| PS-3                   | PREGNANT WOVAN  | Choose a yoga and healthy nutrition diet for the normal pregnancy delivery        | I am not familiar with yoga and diets               | I don't have any idea about it                                   | User friendly application to choose the beginner based type of yoga,exercises, and nutrition base diet plan |
| PS-4                   | USER            | Know the food nutrients   | I can't predict the nutrients in food               | Doesn't have an efficient system                                 | To have a efficient systems which predict the nutrients of the food   |