Gain knowledge about healthy diet.

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## Explore 1.CUSTOMER SEGMENT(S) 6. CUSTOMER CONSTRAINTS 5. AVAILABLE SOLUTIONS CC AS CS By making use of online For the purpose of understanding the nutrient content of meal, the People of all age access the resources and by using app based nutrient dashboard application those are the users and they can view the nutrient consumer must provide a clear visual system. like values of food. Pros: eliminate excess calorie fit into • Obese people Fixed schedules and fairy intake gym membership Malnourished person Cons: time consuming and Insufficiency of professional training റ PC 2. JOBS-TO-BE-DONE / PROBLEMS 9. PROBLEM ROOT CAUSE 7. BEHAVIOUR BE IQ.D The behavioral changes It's easy to fall into a trap • Inferiority complex in user reflect in their of unhealthy life: about appearance day to day life Poor quality of diet • Fear of getting health Indirectly related to plan related issues adequate water Not aintaining Lack of confidence and consumption medical correct BMI rate of increasing surgeries. Consumption of obesity. high calorie foods SL TR 10. YOUR SOLUTION 3. TRIGGERS 8. CHANNELS of BEHAVIOUR A web application that automatically 8.1 ONLINE Body shaming The application is user friendly the customer will estimates food attributes and their nutritional Desire to live a healthy lifestyle search directly for the nutritional information value by classifying the input image of the To maintain their health 8.2 OFFLINE meal provide and easy to understand the food Conducting offline session by nutrition condition and its details by anybody expert or tend to consult dietician ΕM 4. EMOTIONS: BEFORE / AFTER **Before** People feels uncomfortable because of their weight and appearance No adequate knowledge about healthy foods After People feels better because of reducing the weight and increasing confidence