

Project Planning Tool

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Project Name	Project Assistance For Seniors Who Are Self-Reliant

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This website is archived for historical purposes and is no longer being maintained or updated.

The Healthy Community Design Initiative, also known as the Built Environment and Health Initiative, is no longer a funded program and the information on this website is not being reviewed and updated on a regular basis.

This page describes tools created by CDC and partners to help planners, decision-makers, the public, and other stakeholders with health planning.

The CDC/DOT [Transportation and Health Tool](#) gives transportation decision-makers, health officials, and the public easy access to data to understand the health impact of an existing transportation system or proposed transportation project.

The [Healthy Community Design Checklist](#) can help planners, public health professionals, and the general public include health in the community planning process.

The [Built Environment Assessment Tool](#) measures the core features and qualities of the built environment that affect health, especially walking, biking, and other types of physical activity.

The [Transportation Health Impact Assessment Toolkit](#) provides a framework for public health departments, city planners, project managers, and other stakeholders to conduct HIAs on proposed transportation projects, plans, and policies.

The [Parks and Trails Health Impact Assessment Toolkit](#) can assist in the development of HIAs with park and trail components. It provides a framework for public health departments, city planners, project managers, and other stakeholders to work together.

The [Parks, Trails, and Health Workbook](#) helps communities in designing parks and trails that promote physical activity, reduce stress, and provide environmental benefits.

Partner Tools

The [Healthy Community Design Toolkit—Leveraging Positive Change](#) (Pioneer Valley Planning Commission) identifies key leverage points in local community design, planning, and development to help make communities healthier.

The [Healthy Community Planning Toolbox](#) (Tacoma-Pierce County) helps planners create healthy communities by integrating health in planning documents.

The [Health Impact Assessment Tools and Resources](#) (Design for Health) help focus attention on human health in the planning process.

[The Planning Information Sheet: Integrating Health into Comprehensive Planning](#)[PDF – 1.1

MB] (University of Minnesota Design for Health) helps communities begin thinking about how to integrate health into their planning and design decisions.

[The Healthy Community Checklist](#)[PDF – 172 KB] (Michigan Department of Community Health) is a 40-item questionnaire that provides a quick assessment of a community's health environment with regard to promoting physical activity; healthy eating and healthy weight; and smoke-free environments and tobacco-free lifestyles.