

INTEGRATE NUTRITION API

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TEAM ID	PNT2022TMID40549
PROJECT NAME	NUTRITION ASSISTANT APPLICATION

INTEGRATE NUTRITION API:

There is a webpage link in the IBM Project workspace that may be used to register for a Nutrition API account. Using those resources, we have already registered for a Nutrition API account.

SHORT NOTE ABOUT NUTRITION API (FROM RESOURCE):

*** The prevention of unintended weight gain from extra body fat must be the most crucial element of a successful weight management programme. Undoubtedly, intricate interplay between genetic, behavioural, and environmental factors lead to overweight and obesity. The rate of people who effectively sustain their weight loss has been calculated to be as low as 5 kilogrammes each month. At least 2.8 million people every year pass away from issues brought on by excess weight. An easy approach to ensure that each meal has 50% fruit and veggies is to establish a meal plan. 25% protein and 25% whole grains. 25–30 grammes of fibre should be consumed overall. Self-monitoring is essential for achieving weight loss success.**

Recipe - Food - Nutrition API Doc

IBM-Project-19702-1659704480/

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Recipe - Food - Nutrition

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Popularity

9.8 / 10

Latency

700ms

Service Level

100%

Verified

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Recipe - Food - Nutrition API Documentation

The spoonacular Recipe - Food - Nutrition API gives you to access to thousands of recipes, storebought packaged foods, and chain restaurant menu items. Our food ontology and semantic recipe search engine makes it possible to search for recipes using natural language queries, such as "gluten free brownies without sugar" or "low fat vegan cupcakes." You can automatically calculate the nutritional information for any recipe, estimate recipe costs, visualize ingredient lists, find recipes for what's in your fridge, find recipes based on special diets, nutritional requirements, or favorite ingredients, classify recipes into types and cuisines, convert ingredient amounts, or even compute an entire meal plan. With our powerful API, you can create many kinds of food and nutrition apps.

Special diets/dietary requirements currently available include: vegan, vegetarian, pescetarian, gluten free, grain free, dairy free, high protein, low sodium, low carb, Paleo, Primal, ketogenic, and more.

Search endpoints

Recipes

GET Search Recipes

GET Search Recipes (Deprecated)

GET Search Recipes

Subscribe to Test

Code Snippets

Results

(Node.js) Axios

Copy Code

```
const axios = require("axios");

const options = {
```

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