Ideation Phase
Problem Statements

Date	19 September 2022
Team Id	PNT2022TMID47381
Project Name	Personal Assistance for seniors who are self reliant
Maximum Marks	2 marks

PERSONAL ASSITANCE FOR SENIORS WHO ARE SELF RELIANT

Independent living is seen as a step in eldercare right before the option of assisted living. Self-Help for the Elderly offers independent living services and housing to give seniors an option to remain independent and on their own, with the benefits of having assistance available. It emphasizes the social and personal aspects that senior citizens require assistance with. Seniors desire to age with dignity and would still like to remain as independent as they can. Elders prefer to continue to live on their own for as long as they can be self-sufficient, so independent living for seniors allows them to live in their own homes or in an independent senior housing facility. Seniors are given the ability to live in their own home and community comfortably and safely. Even though they are living on their own, technology still provide them with assistance in whatever they request and need help with. Seniors are also encouraged to attend planned activities and events. Now the technology has improved the quality of life for older adults by empowering seniors to help themselves and by providing a comprehensive range of services. IoT devices are committed to the seniors' security, freedom and peace of mind and promoting their independence, dignity and self-worth. Under personal assistance, seniors will gain access to programs and services which will empower them to make lifestyle choices, to enhance their standard of living, and to achieve the best possible health. The Internet of things(IoT) is helping society facilitate a major challenge of meeting the needs of an aging population. As technology improves, IoT can help eliminate these issues. Data collected from IoT devices formulates an individual's daily story by monitoring their routine, picking up inconsistencies and alerting emergency services if necessary.

PROBLEM STATEMENT TEMPLATE

Problem Statement	I am (customer)	I am trying to	But	Because	Which makes me feel
PS -1	An elderly citizen	Be self- reliant	I am always depend on others	Of my poor agility and loss of physical strength	Desperate and deserted