```
#!/usr/bin/env
python
                import RPi.GPIO as GPIO # RPi.GPIO can be referred as GPIO from now
                import time

                ledPin = 22    # pin22

                def setup():
                        GPIO.setmode(GPIO.BOARD)       # GPIO Numbering of Pins
                        GPIO.setup(ledPin, GPIO.OUT)   # Set ledPin as output
                        GPIO.output(ledPin, GPIO.LOW)  # Set ledPin to LOW to turn Off
                the LED

                def loop():
                        while True:
                                print 'LED on'
                                GPIO.output(ledPin, GPIO.HIGH)   # LED On
                                time.sleep(1.0)                   # wait 1 sec
                                print 'LED off'
                                GPIO.output(ledPin, GPIO.LOW)   # LED Off
                                time.sleep(1.0)                 # wait 1 sec
                def endprogram():

                        GPIO.output(ledPin, GPIO.LOW)     # LED Off
                        GPIO.cleanup()                    # Release resources

                if __name__ == '__main__':         # Program starts from here
                        setup()
                        try:
                                loop()
                        except KeyboardInterrupt:  # When 'Ctrl+C' is pressed, the
                destroy() will be  executed.
                                endprogram()
```