

# **DEFINE A PROBLEM SOLUTION**

for

*Personal Assistance for Senior who are self reliant*

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To Develop Self-Reliance :

- Accepting yourself, and being your own best friend  
Inner confidence.
- Making our own decisions.
- Recognize and manage dependence.
- Accept yourself for who you are.
- Having your own values.

## PROBLEM SOLUTION :

- Seniors can continue living at home independently as IoT devices give them the security of being monitored and enable them to quickly call for help in cases of emergencies. For instance, the wireless Motion Sensor Mini, allows relatives or caregivers to track the status and exact whereabouts of the senior. Moreover, a smart home care solution including the sensor is able to immediately notify relatives or personnel via Zigbee communication, if the sensor finds something to be out of the ordinary. Thanks to this monitoring, the senior can feel safe in their home, knowing that they will get help in emergencies.
- Sensors offer gentle and discrete monitoring of elderly people and people with special care needs, providing the possibility of a more comfortable life in their own homes. Through monitoring the health and habits of their relatives, IoT technology can give peace of mind for family members, who, through their phone or tablet, can ensure their loved ones are safe.