

VISUALIZING AND PREDICTING HEART DISEASES WITH AN INTERACTIVE DASHBOARD

Project Report Format

1. INTRODUCTION

1.1 Project Overview

Healthcare industries generate enormous amount of data, so called big data that accommodates hidden knowledge or pattern for decision making. The huge volume of data is used to make decision which is more accurate than intuition. Exploratory Data Analysis (EDA) detects mistakes, finds appropriate data, checks assumptions and determines the correlation among the explanatory variables. In the context, EDA is considered as analysing data that excludes inferences and statistical modelling. Analytics is an essential technique for any profession as it forecast the future and hidden pattern. Data analytics is considered as a cost effective technology in the recent past and it plays an essential role in healthcare which includes new research findings, emergency situations and outbreaks of disease. The use of analytics in healthcare improves care by facilitating preventive care and EDA is a vital step while analysing data. In this paper, the risk factors that causes heart disease is considered and predicted using K-means algorithm and the analysis is carried out using a publicly available data for heart disease. The dataset holds 209 records with 8 attributes such as age, chest pain type, blood pressure, blood glucose level, ECG in rest, heart rate and four types of chest pain. To predict the heart disease, K-means clustering algorithm is used along with data analytics and visualization tool. The paper discusses the pre-processing methods, classifier performances and evaluation metrics. In the result section, the visualized data shows that the prediction is accurate.

1.2 Purpose

The objective of this project is to check whether the patient is likely to be diagnosed with any cardiovascular heart diseases based on their medical attributes such as gender, age, chest pain, fasting sugar level, etc. A dataset is selected from the UCI repository with patient's medical history and attributes. The proposed work predicts the chances of Heart Disease and classifies patient's risk level by implementing different data mining techniques such as Naive Bayes, Decision Tree, Logistic Regression and Random Forest.

2. LITERATURE SURVEY

2.1 Existing problem

Heart disease can be managed effectively with a combination of lifestyle changes, medicine and, in some cases, surgery. With the right treatment, the symptoms of heart disease can be reduced and the functioning of the heart improved. The predicted results can be used to prevent and thus reduce cost for surgical treatment and other expensive. The overall objective of my work will be to predict accurately with few tests and attributes the presence of heart disease. Attributes considered form the primary basis for tests and give accurate results more or less. can be taken but our goal is to predict with few attributes and faster efficiency the risk of having heart disease.

2.2 References

1. A study of predicting heart disease, <https://www.irjet.net/archives/V7/i5/IRJET-V7I5579>.
2. K. Prasanna Lakshmi, Dr. C.R.K. Reddy, "Fast Rule-Based Heart Disease Prediction using Associative Classification Mining", IEEE International Conference on Computer, Communication and Control (IC4-2015)
3. M. Satish, D Sridhar, "Prediction of Heart Disease in Data Mining Technique", International Journal of Computer Trends & Technology (IJCTT), 2015.
4. Lokanath Sarangi, Mihir Narayan Mohanty, Srikanta Pattnaik, "An Intelligent Decision Support System for Cardiac Disease Detection", IJCTA, International Press 2015.
5. Boshra Bahrami, Mirsaeid Hosseini Shirvani, "Prediction and Diagnosis of Heart Disease by Data Mining Techniques", Journal of Multidisciplinary Engineering Science and Technology (JMEST) ISSN: 3159-0040 Vol. 2 Issue 2, February–2015.

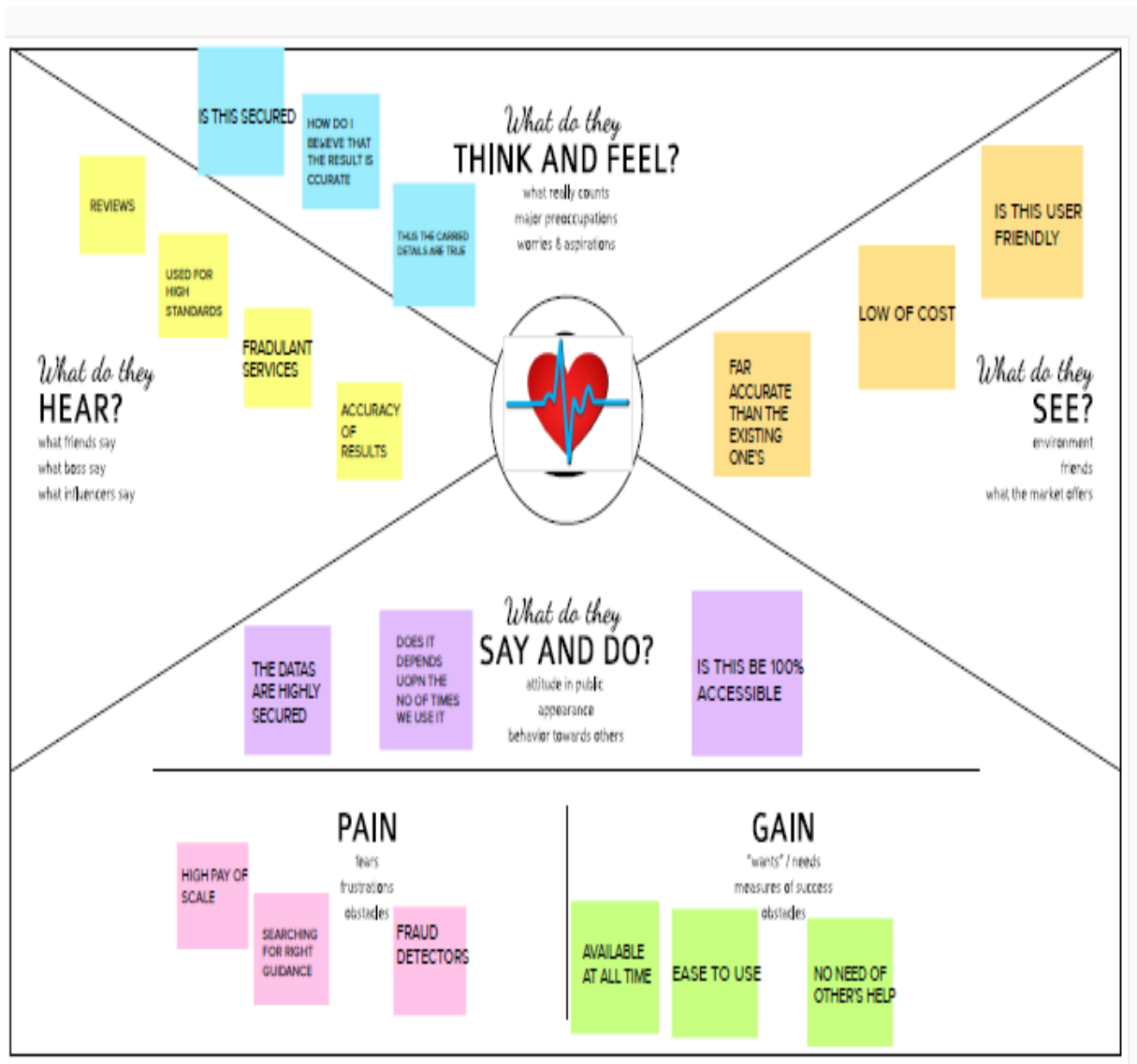
2.3 Problem Statement Definition

Heart disease can be managed effectively with a combination of lifestyle changes, medicine and, in some cases, surgery. With the right treatment, the symptoms of heart disease can be reduced and the functioning of the heart improved. The predicted results can be used to prevent and thus reduce cost for surgical treatment and other expensive. Objective of this project is to develop an interactive dashboard to predict the heart disease accurately with few tests and attributes the presence of heart disease.

- The healthcare environment is still "information rich" but "knowledge poor". There is a wealth of data available within the healthcare systems. However, there is a lack of effective analysis tools to discover hidden relationships and trends.
- Attributes considered form the primary basis for tests and give accurate results more or less. Many more input attributes can be taken but our goal is to predict with few attributes and faster efficiency the risk of having heart disease.

3. IDEATION & PROPOSED SOLUTION

3.1 Empathy Map Canvas



3.2 Ideation & Brainstorming

[illegible]

3.3 Proposed Solution

S.No.	Parameter	Description
1.	Problem Statement (Problem to be solved)	Easy to use heart disease predicting application with interactive easy to use dashboard. Nutritional recommendation system and various other diseases other than heart to be explored.
2.	Idea / Solution description	To develop an application which predicts heart diseases using heart scan and displays the issues in a dashboard solving manual intervention saving both time as well as helping when there is shortage of doctors such as the time of pandemic.
3.	Novelty / Uniqueness	Various other non-heart diseases would be explored and nutritional recommendation system would also be explored. To this, security features would also be explored and if possible would be added.
4.	Social Impact / Customer Satisfaction	The social impact is that it would be useful in many hospitals for immediate output and on a social cause, would be useful in UPHCs/govt hospitals.
5.	Business Model (Revenue Model)	The business model is tentatively planned as a purchase for license model wherein the hospital or the government can purchase license for 1 user or in bulk and can pay price in bulk. No subscription fees has been planned as of now.
6.	Scalability of the Solution	The solution is as of now scalable wherein a network can be introduced, and the solution can be deployed in cloud wherein process happening in a back-centre. The business model can then be changed into a subscription model from a pay for license model. It can also be expanded to various other diseases for various inputs.

3.3 Problem Solution fit

Define CS, fit into CC	1. CUSTOMER SEGMENT(S) CS <ul style="list-style-type: none"> Hospitals Clinics WHO Any medical related agencies those prepare medicines or any kind of solutions inferring over the data of diseases. 	6. CUSTOMER CONSTRAINTS CC <p>The unawareness over the AI/ML technologies, collaborative dashboards, network connection, lack of data.</p>	5. AVAILABLE SOLUTIONS AS <p>The customers can prefer over a manual data visualization and prediction, which is very tedious job and requires the knowledge over the technologies of AI/ML.</p> <p>Hard mathematical formulae were created and the results were being calculated manually.</p>	Explore AS, differentiate
	2. JOBS-TO-BE-DONE / PROBLEMS J&P <p>Quality of Data:</p> <p>The quality of data should be accurate and reliable. Obviously, the outcome will solely depend on the data we put into the prediction. If the data is skewed, then the prediction which is dependent on it, will be skewed as well.</p>	9. PROBLEM ROOT CAUSE RC <ul style="list-style-type: none"> Difficulty of predicting a heart disease. Will not have a proper idea of relation between similar heart diseases. There is a chance of identifying every heart diseases as same. Reason of increase in heart disease will not be rootly identified. 	7. BEHAVIOUR BE <ul style="list-style-type: none"> Generation of legitimate and reliable datasets. Customers need to collect more number of datasets in order to obtain more accurate result. Must obtain knowledge of difference between datasets that is used for comparison. 	
Focus on J&P, top into BE, understand RC	3. TRIGGERS TR <ul style="list-style-type: none"> Insufficient ways of handling huge amounts of datasets and inferring the root cause of the heart disease cannot be found out. Similarity of heart disease has not been identifiable. 	10. YOUR SOLUTION SL <p>With the notable technology of AI/ML we are able to visualize and predict heart diseases and related diseases, by the ultimate power Cognos Analytics Tool we will be able to properly create a dashboard for the customers to work with and visualize and analyze the heart disease on their work with limited knowledge.</p>	8. CHANNELS of BEHAVIOR CH <p>8.1 ONLINE Visualizing the datasets. Exploration of data.</p> <p>8.2 OFFLINE Cleansing of datasets. Collection and noting the datasets.</p>	Focus on J&P, top into BE, understand RC
Identify strong TR & EM				Identify strong TR & EM

4.REQUIREMENT ANALYSIS

4.1Functional requirement

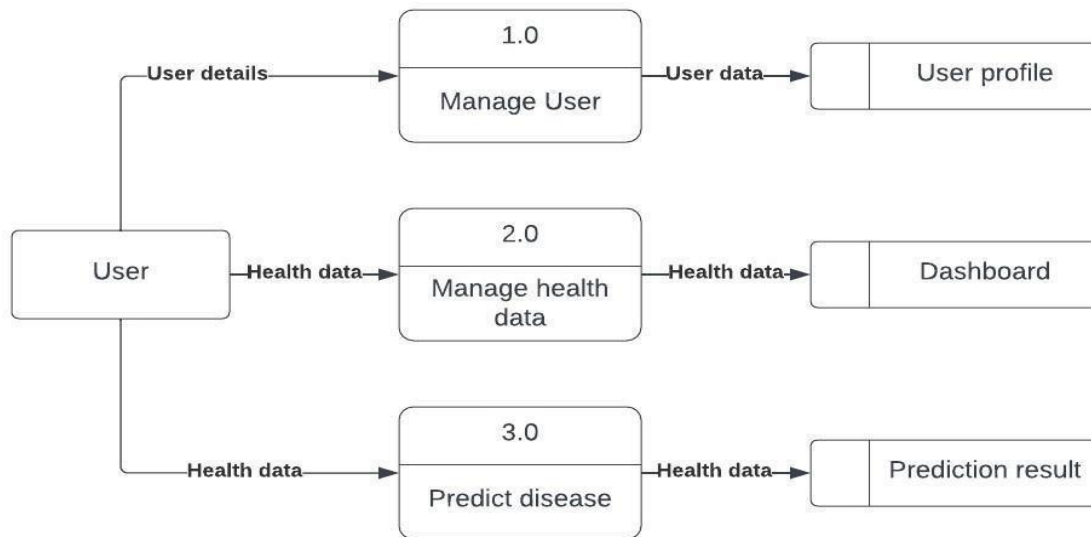
FR No.	Functional Requirement (Epic)	Sub Requirement (Story / Sub-Task)
FR-1	User Registration	Registration through dashboard Registration through app registration through link
FR-2	User Fill the Particular	User fill through the online User fill through the application
FR-3	User Confirmation	User confirmation through Gmail User confirmation through notification

4.2 Non-Functional requirements

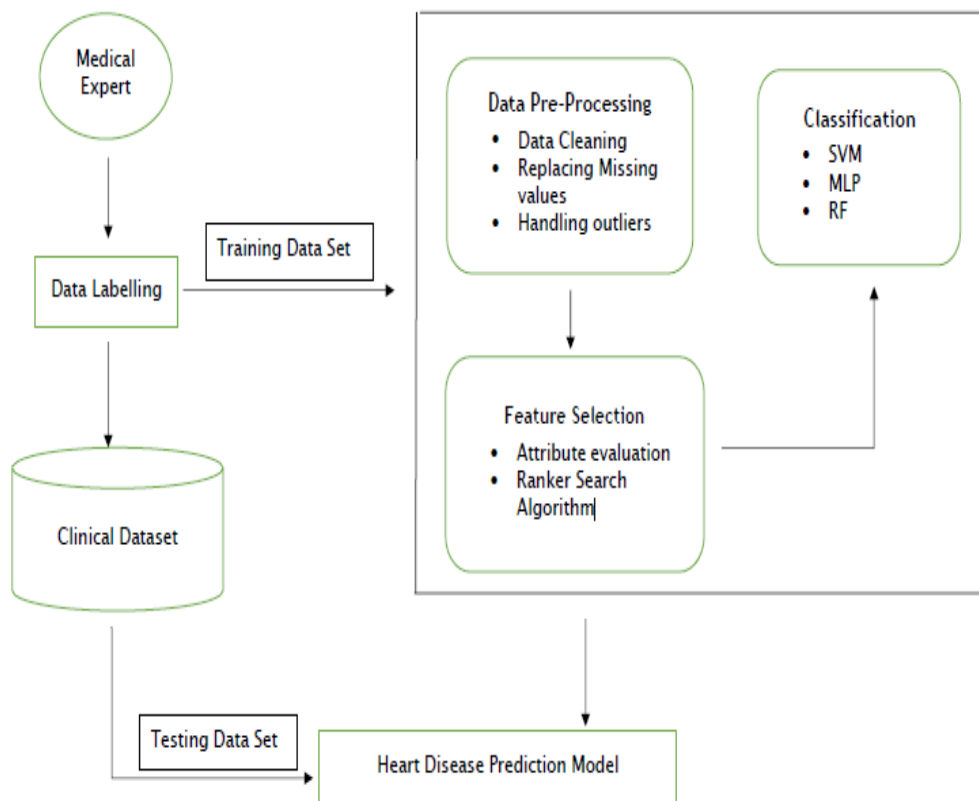
FR No.	Non-Functional Requirement	Description
NFR-1	Usability	Used to improve the accuracy of the Heart Diseases Prediction
NFR-2	Security	In this project we secure more lives early
NFR-3	Reliability	Reliability for accessing the attributes of cardiovascular patients about the Illness
NFR-4	Performance	The performance of this project is to Improve the accuracy of the diseases prediction
NFR-5	Availability	The availability solution is more benefit for all type persons to predict the Heart Diseases
NFR-6	Scalability	The scalability is 90%-95%

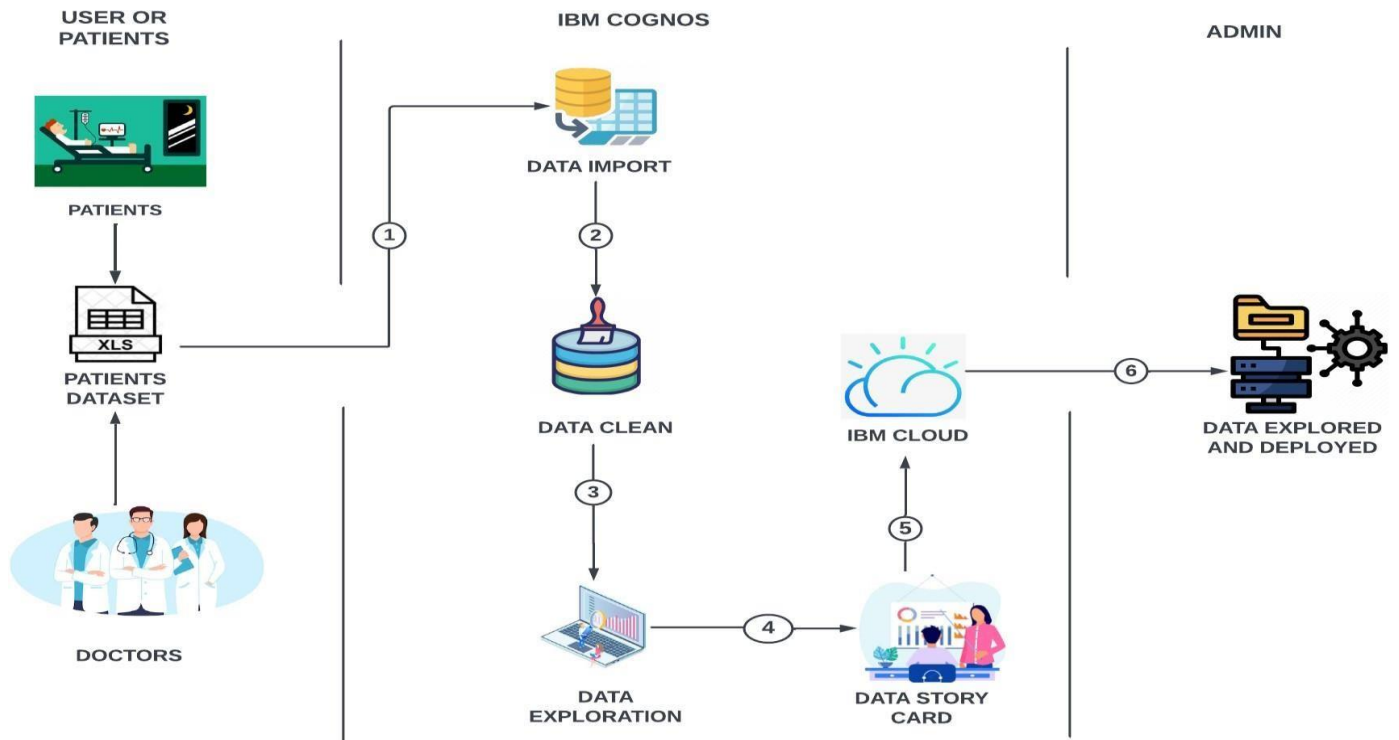
5.PROJECT DESIGN

5.1 Data Flow Diagrams



5.2 Solution & Technical Architecture





5.3 User Stories

Flow:

- 1) User creates an account in the application.
- 2) User enters the medical records in the dashboard.
- 3) User can view the visualizations of trends in the form of graphs and charts for his/her medical records with the trained dataset.
- 4) User can view the accuracy of probability of occurrence of heart disease in the dashboard.

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Customer (Web user)	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	I can access my account / Dashboard	High	Sprint-1
		USN-2	As a user, I will receive confirmation email once I have registered for the application	I can receive confirmation email & click confirm	High	Sprint-1
	Login	USN-3	As a user, I can log into the application by entering email & password	I can access my account / Dashboard when logged in	High	Sprint-1
Customer (Web user)	Dashboard	USN-4	User can view his/her complete medical analysis and accuracy of disease prediction	I can view my medical analysis in the dashboard	High	Sprint-2
		USN-5	User can view the accuracy of occurrence of heart disease	I can view the accuracy of heart disease in the dashboard	High	Sprint-2
Customer Care Executive	Helpdesk	USN-6	As a customer care executive, he/she can view the customer queries.	I can post my queries in the dashboard	Medium	Sprint-3
		USN-7	As a customer care executive, he/she can answer the customer queries.	I can get support from helpdesk	High	Sprint-3
Administrator	User Profile	USN-8	As an admin, he/she can update the health details of users.	I can view my updated health details.	High	Sprint-4

6 PROJECT PLANNING & SCHEDULING

6.1 Sprint Planning & Estimation

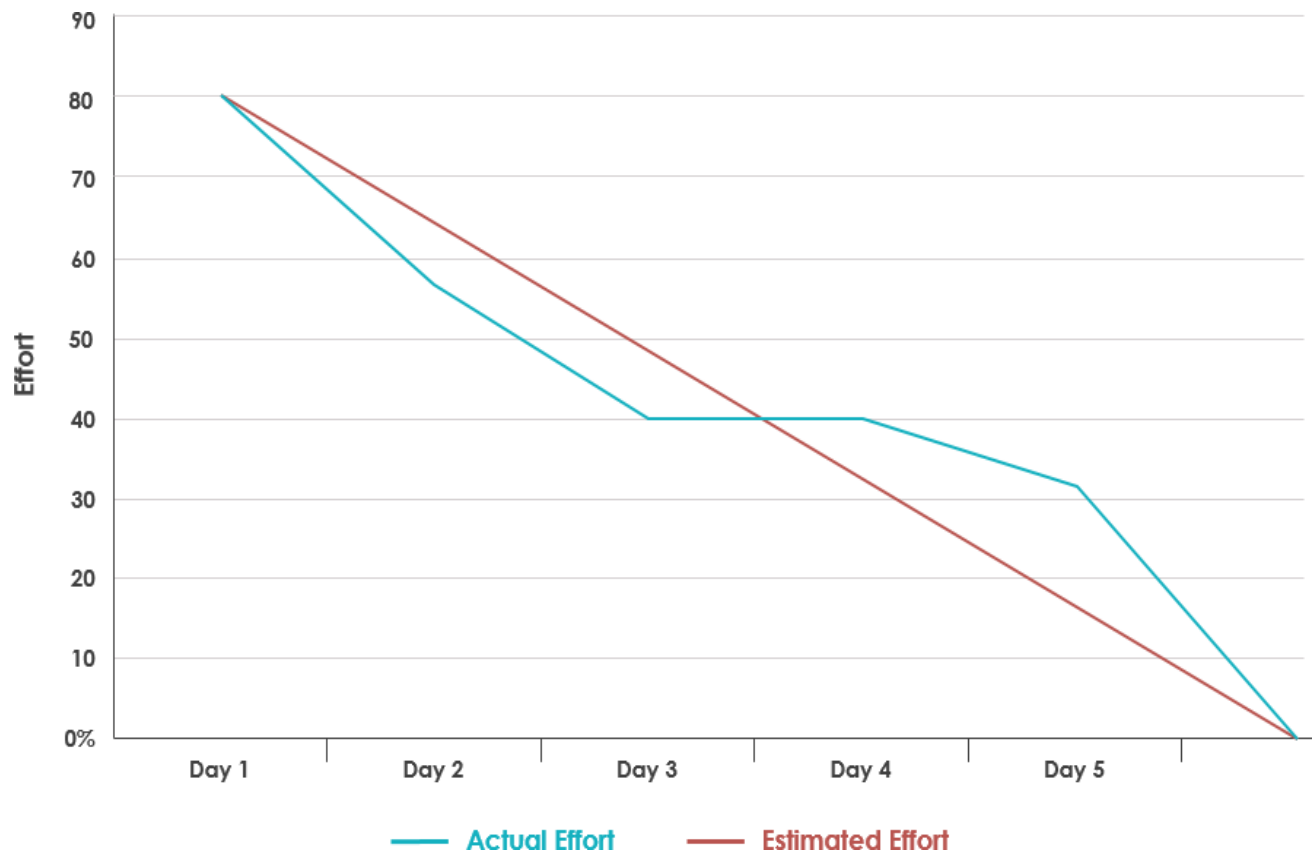
7

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	5	High	S.Vijaya ragavan, G.Santhiya
Sprint-1		USN-2	As a user, I will receive confirmation email once I have registered for the application	5	High	W.Martin, M.Aruna
Sprint-1		USN-3	As a user, I can register for the application through Email, Google account and mobilenumbr	2	High	S.Vijaya ragavan, G.Santhiya
Sprint-1	Login	USN-4	As a user, I can log into the application by entering email&password	8	High	W.Martin, M.Aruna
Sprint-2	Dashboard	USN-5	As a user, I can update my profile and medical records for analysis	10	High	S.Vijaya ragavan, G.Santhiya
Sprint-2		USN-6	As a user, I can view the accuracy of occurrence of heart disease through thereport generation	10	Medium	W.Martin, M.Aruna
Sprint-3	Guidelines	USN-7	As a user, they can view the guidelines and perform the requiredactions	10	High	S.Vijaya ragavan, G.Santhiya
Sprint-4	User profile	USN-8	As an admin, he/she can update the health details of theusers	10	High	W.Martin, M.Aruna
Sprint-4		USN-9	As an admin, he/she can addor delete users	5	High	S.Vijaya ragavan, G.Santhiya
Sprint-4		USN-10	As an admin, he/she canmanage the user details	5	High	W.Martin, M.Aruna

6.2 Sprint Delivery Schedule

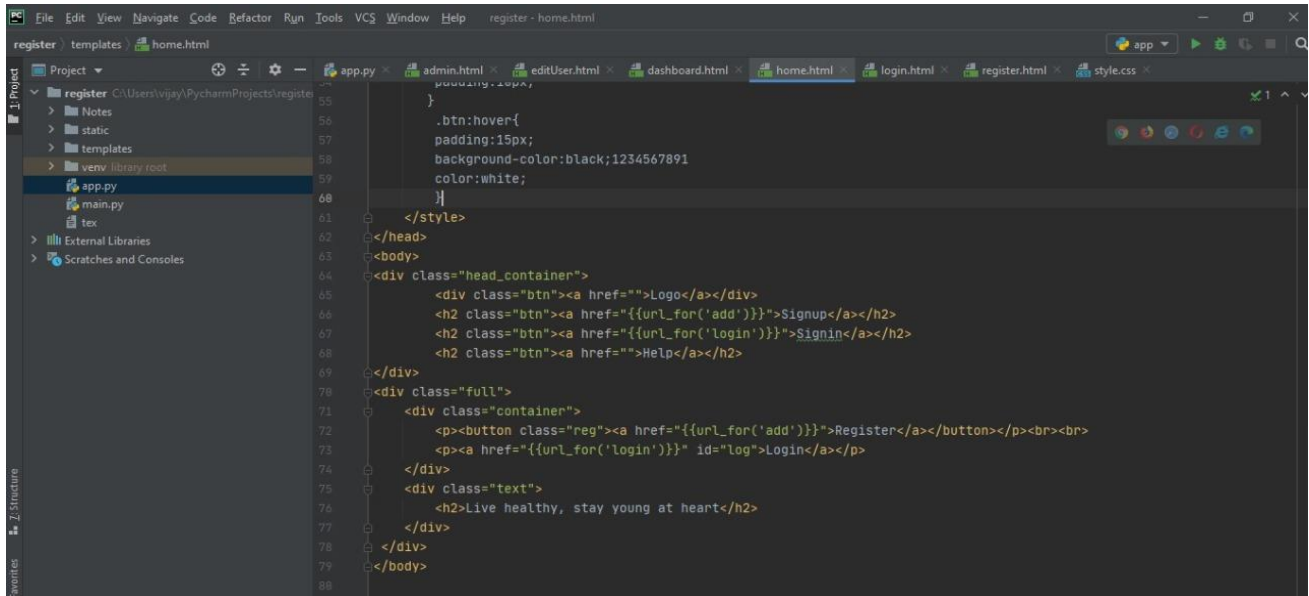
Sprint	Total Story Points	Duration	Sprint Start Date	Sprint EndDate (Planned)	Story Points Completed (as on Planned EndDate)	Sprint Release Date (Actual)
Sprint-1	20	6 Days	24 Oct 2022	29 Oct 2022	20	29 Oct 2022
Sprint-2	20	6 Days	31 Oct 2022	05 Nov 2022	20	05 Nov 2022
Sprint-3	20	6 Days	07 Nov 2022	12 Nov 2022	20	12 Nov 2022
Sprint-4	20	6 Days	14 Nov 2022	19 Nov 2022	20	19 Nov 2022

6.3 Reports from JIRA



7 CODING & SOLUTIONING (Explain the features added in the project along with code)

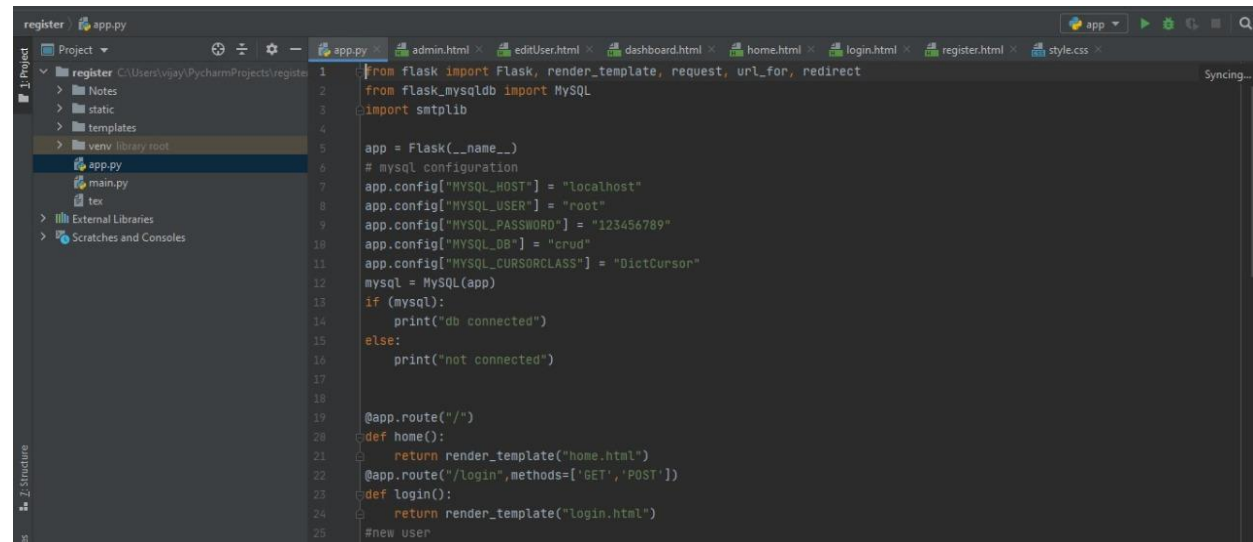
7.1 Feature 1



The screenshot shows the PyCharm IDE with the 'home.html' file open in the editor. The file is part of a project named 'register' located at 'C:\Users\vijay\PycharmProjects\register'. The editor displays HTML code for a web page. The code includes a CSS class 'btn' with a hover effect, a head section with a logo and navigation links (Signup, Signin, Help), and a body section with a container for a registration button, a login link, and a text message 'Live healthy, stay young at heart'.

```
55 }
56
57 .btn:hover{
58     padding:15px;
59     background-color:black;1234567891
60     color:white;
61 }
62
63 </style>
64 </head>
65 <body>
66 <div class="head_container">
67     <div class="btn"><a href="">Logo</a></div>
68     <h2 class="btn"><a href="{{url_for('add')}}">Signup</a></h2>
69     <h2 class="btn"><a href="{{url_for('login')}}">Signin</a></h2>
70     <h2 class="btn"><a href="">Help</a></h2>
71 </div>
72 <div class="full">
73     <div class="container">
74         <p><button class="reg"><a href="{{url_for('add')}}">Register</a></button></p><br><br>
75         <p><a href="{{url_for('login')}}" id="log">Login</a></p>
76     </div>
77     <div class="text">
78         <h2>Live healthy, stay young at heart</h2>
79     </div>
80 </div>
81 </body>
```

7.2 Feature 2



The screenshot shows the PyCharm IDE with the 'app.py' file open in the editor. The file is part of a project named 'register' located at 'C:\Users\vijay\PycharmProjects\register'. The editor displays Python code for a Flask application. The code imports Flask, render_template, request, url_for, redirect, flask_mysqldb, MySQL, and smtplib. It initializes the Flask app, configures MySQL, and defines routes for home, login, and a new user.

```
1 from flask import Flask, render_template, request, url_for, redirect
2 from flask_mysqldb import MySQL
3 import smtplib
4
5 app = Flask(__name__)
6 # mysql configuration
7 app.config["MYSQL_HOST"] = "localhost"
8 app.config["MYSQL_USER"] = "root"
9 app.config["MYSQL_PASSWORD"] = "123456789"
10 app.config["MYSQL_DB"] = "crud"
11 app.config["MYSQL_CURSORCLASS"] = "DictCursor"
12 mysql = MySQL(app)
13 if mysql:
14     print("db connected")
15 else:
16     print("not connected")
17
18
19 @app.route("/")
20 def home():
21     return render_template("home.html")
22 @app.route("/login", methods=['GET', 'POST'])
23 def login():
24     return render_template("login.html")
25 #new user
```

7.3 Database Schema (if Applicable)

8 TESTING

8.1 Test Cases

This report shows the number of test cases that have passed, failed, and untested.

Section	Total Cases	Not Tested	Fail	Pass
Print Engine	7	0	0	7
Client Application	51	0	0	51
Security	2	0	0	2
Outsource Shipping	3	0	0	3
Exception Reporting	9	0	0	9
Final Report Output	4	0	0	4
Version Control	2	0	0	2

8.2 User Acceptance Testing

1. Purpose of Document

The purpose of this document is to briefly explain the test coverage and open issues of the Visualizing and Predicting Heart Disease with an Interactive Dash Board project at the time of the release to User Acceptance Testing (UAT).

2. Defect Analysis

This report shows the number of resolved or closed bugs at each severity level, and how they were resolved.

Resolution	Severity 1	Severity 2	Severity 3	Severity 4	Subtotal
By Design	5	0	2	2	9

Duplicate	0	0	1	0	1
External	2	1	0	0	3
Fixed	5	0	0	13	18
Not Reproduced	0	0	1	0	1
Skipped	0	1	1	1	3
Won't Fix	0	0	0	0	0
Totals	12	2	5	16	35

9. RESULTS

9.1 Performance Metrics

S. No	Parameter	Screenshot / Values
.	Dashboard design	Visualization-7
.	Data Responsiveness	Yes, the website is responsive completely, by resizing the browser window size as per the test scenario.
.	Amount Data to Rendered (DB2Metrics)	Totally there are 270 records in the dataset.
.	Utilization of DataFilters	Data Filter used in Visualizing and Predicting HeartDisease with an Interactive Dash Board
.	Effective User Story	<ul style="list-style-type: none"> To create the Registration page of the Website To create the Log in page of the Website To work on the given dataset To Understand the Dataset Load the dataset to Cloud platform then Build therequired Visualizations With the help of Heart Disease dataset, create various graphs & Charts to highlight the insights inthe dataset Build a Visualizations to showcase the HeartDisease Prediction

10.ADVANTAGES & DISADVANTAGES

Advantages

1. Increased accuracy for effective heart disease diagnosis.
2. Handles roughest(enormous) amount of data using random forest algorithm and feature selection
3. Reduce the time complexity of doctors.
4. Cost effective for patients.

Disadvantages

1. Prediction of cardiovascular disease results is not accurate.
2. Data mining techniques does not help to provide effective decision making.
3. Cannot handle enormous datasets for patient records.

11.CONCLUSION

1. Out of the 13 features we examined, the top 4 significant features that helped us classify between a positive & negative Diagnosis were chest pain type (cp), maximum heart rate achieved (thalach), number of major vessels (ca), and ST depression induced by exercise relative to rest (oldpeak).
2. Our machine learning algorithm can now classify patients with Heart Disease. Now we can properly diagnose patients, & get them the help they needs to recover. By diagnosing detecting these features early, we may prevent worse symptoms from arising later.
3. Our Random Forest algorithm yields the highest accuracy, 80%. Any accuracy above 70% is considered good, but be careful because if your accuracy is extremely high, it may be too good to be true (an example of Over fitting). Thus, 80% is the ideal accuracy!

12.FUTURE SCOPE

In our project, we analysis given dataset and visualizing the dashboard further we will get the input from the user and predict the heart diseases instantly by using machine learning.

13.APPENDIX

Source Code

Home.html

```
<!DOCTYPE
TYPE
html>

    <html lang="en">
    <head>
    <meta charset="UTF-8">
    <title>Title</title>
    <link                                rel="stylesheet"                                type="text/css"
href="{{ url_for('static',filename='css/style.css')}} ">
    <style>
    *{
    margin:0px;
    }
    body{
    background:url({{ url_for('static',filename='images/home.jpg')}});
    background-repeat: no-repeat;
    background-size: cover;
    background-position: center;
    width: 100vw;
    height: 100vh;
    box-shadow: inset 0 0 0 2000px rgba(0, 0, 0, 0.5);
    }
    a{
    color:white;
    text-decoration:none;
    }
    .reg:hover{
```

```
background-color: pink;
}
.reg{
background-color: transparent;
}
button{
width:100px;
height:50px;
}
.container{
position:absolute;
left:62%;
top:40%;
}
#log:hover{
color:blue;
}
.full{
display:flex;
}
.text{
position:absolute;
left:10%;
top:40%;
}
.head_container{
display:flex;
justify-content:space-evenly;
background-color:grey;
padding:10px;
}
.btn:hover{
padding:15px;
background-color:black;1234567891
color:white;
}
</style>
</head>
<body>
<div class="head_container">
<div class="btn"><a href="">Logo</a></div>
<h2 class="btn"><a href="{{ url_for('add') }}">Signup</a></h2>
<h2 class="btn"><a href="{{ url_for('login') }}">Signin</a></h2>
```

```

<h2 class="btn"><a href="">Help</a></h2>
</div>
<div class="full">
<div class="container">
<p><button                                class="reg"><a
href="{ { url_for('add') } }">Register</a></button></p><br><br>
<p><a href="{ { url_for('login') } }" id="log">Login</a></p>
</div>
<div class="text">
<h2>Live healthy, stay young at heart</h2>
</div>
</div>
</body>
</html>

```

Login.html

```

<!DOCT
YPE
html>

<html lang="en">
<head>
<meta charset="UTF-8">
<meta http-equiv="X-UA-Compatible" content="IE=edge">
<meta name="viewport" content="width=device-width, initial-
scale=1.0">
<title>Login page</title>
<link
href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstr
ap.min.css" rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgpJLIm9Nao0Yz1ztcQTwFspd3yD65
VohhpuuCOMLASjC" crossorigin="anonymous">
<link rel="stylesheet" href="./style.css"/>
<style>
*{
border: 0px;
box-sizing: border-box;
}
body{
background-color: rgb(179, 168, 212);
}

```

```
.logo{
border-radius: 50%;
}
.container{
width: 70%;
height: 60%;
position: relative;
display: flex;
flex-direction: column;
align-items: center;
background: linear-gradient(rgb(151, 151, 234),violet);
margin-top: 100px;
border: 2px solid white;
padding-top: 50px;
padding-bottom: 50px;
border-radius: 50px;
box-shadow: 5px 3px 10px#000;
}
input{
width: 200px;
height: 50px;
border-radius: 50px;
text-align: center;
}

.header{
padding: 15px;
}
#login{
margin-left: 25%;
width: 100px;
height: 50px;
border-radius: 50px;
}
.link{
padding-top: 20px;
}
</style>
</head>
<body>
<div class="container">

```

```

<h1 class="header">Login</h1>
<form>
<input type="text" placeholder="Enter your name"/><br/><br/>
<input type="password" placeholder="Enter your password"/><br/><br/>
<button id="login">Login</button>
</form>
<h5 class="link">New User ?<span><a href="{ { url_for('add') } }">Register</a></span></h5>
</div>
</body>
</html>

```

Register.html

```

<!DOCTYPE
HTML
html>

```

```

<html lang="en">
<head>
<style>
body{
background-image:url({ { url_for('static',filename='images/v870-
tang-36.jpg') } });

background-size: cover;
background-position: center;
}
section{
width: 70%;
height: 60%;
position: relative;
display: flex;
flex-direction: column;
align-items:center;
background: transparent;
border:transparent;
margin-top: 10px;
margin-left: 15%;
border: 2px solid white;
padding-top: 50px;
padding-bottom: 50px;
border-radius: 50px;
box-shadow: 5px 3px 10px#000;

```

```
padding-bottom: 20px;
}
.header{
text-align: center;
padding: 15px;
}
input{
width: 200px;
height: 50px;
text-align: center;
border-radius: 50px;
border-style: none;
background-color:rgb(235, 165, 165);
color: white;
}
#register{
margin-left: 30%;
width: 100px;
height: 50px;

}


```

```
</style>
<meta charset="UTF-8">
<meta http-equiv="X-UA-Compatible" content="IE=edge">
<meta name="viewport" content="width=device-width, initial-
scale=1.0">
<title>Register</title>
<link
href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstr
ap.min.css" rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgpJLIm9Nao0Yz1ztcQTwFspd3yD65
VohhpuuCOMLASjC" crossorigin="anonymous">
<link rel="stylesheet" href="/style.css"/>
</head>
<body>
<header>
<h1 class="header">Register</h1>
</header>
<section>
<form method="post" action=" ">
<tr>
<td><input type="text" name="name" placeholder="Enter Name"


```

```
class="in"/></td>
</tr><br><br>
<tr>
```

```
<td><input type="Number" name="age" placeholder="Enter Age"
class="in"/></td>
</tr><br><br>
<tr>
```

```
<td><input type="text" name="gender" placeholder="Enter
gender"></td>
</tr><br><br>
<tr>
```

```
<td><input type="email" name="email" placeholder="Enter
Email" class="in"/></td>
</tr><br><br>
<tr>
```

```
<td><input type="Password" name="password"
placeholder="Enter Password" class="in"/></td>
</tr><br><br>
<tr>
```

```
<td><input type="Number" name="phone" placeholder="Enter
Phone Number" class="in"/></td>
</tr><br><br>
<tr>
```

```
<button id="register">
Register
</button></tr>
</form>
</section>
</body>
</html>
```


GitHub & Project Demo Link

IBM-Project-47455-1660799512

https://drive.google.com/drive/u/0/folders/1CzuQ08rUDJ4l0Mx6e6i_aGrcRiFudUPR