3. TRIGGERS

Project Title: food security

The leading cause of food insecurity is poverty, increasing population, drought, etc. awareness, decrease food waste and donations, etc.

4. EMOTIONS: BEFORE / AFTER

Serve meals and sit-down snacks more frequently at first or if a child is healing from food preoccupation. Offer reassurance: "There will always be enough food." Aim for pleasant family meals if you're battling over broccoli or a therapy task, that's not helping them feel secure. Include fat, protein, and carbs.

10. YOUR SOLUTION

Giving more people benefits through nutrition assistance programs, increasing benefit amounts, and addressing **unemployment** may help reduce food insecurity and hunger.

8. CHANNELS of BEHAVIOUR

Food security and insecurity, the food system and climate change. The food system encompasses all the activities and actors in the production, transport,

Team ID: PNT2022TMID43603



