

INDEX.html

```
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<title>Login Page with Background Image Example</title>
<link rel="stylesheet" href="style.css">
</head>
<body>
<!-- partial:index.partial.html -->
<div id="bg"></div>
<form action="formp.html" method="post">
<div class="form-field">
<input type="email" placeholder="Email / Username" required/>
</div>
<div class="form-field">
<input type="password" placeholder="Password" required/> </div>
<div class="form-field">
<button class="btn" type="submit">Log in</button>
</div>
</form>
<!-- partial -->
</body>
</html>
```

FORM.html

```
<html>
```

```
<head>
```

```
  <style>
```

```
    body {
```

```
      background-image:
url('https://www.expatrio.com/sites/default/files/styles/image_slider/public/2
022-05/hermes-rivera-Ww8eQWjMJWk-unsplash_3.jpg?itok=aqyA4cvZ');
```

```
      position: fixed;
```

```
      left: 0;
```

```
      top: 0;
```

```
      width: 100%;
```

```
      height: 100%;
```

```
      background-size: cover;
```

```
    }
```

```
    form {
```

```
      margin-top: 3%;
```

```
      font-size: 25px;
```

```
    }
```

```
    table {
```

```
      font-size: 25px;
```

```
    }
```

```
    input,
```

```
    select,
```

```
    option {
```

```
      font-size: 20px;
```

```
        background-color: transparent;
        color: black;
        border: 3px groove gray;
        cursor: pointer;
    }
    button {
        border: 5px double black;
        border-radius: 5px;
        padding-left: 6px;
        columns: rgb(159, 1, 1);
        background: transparent;
        font-size: 20px;
        cursor: pointer;
    }
    button:hover {
        border: 5px groove red;
        border-radius: 5px;
        padding-left: 6px;
        columns: rgb(3, 3, 3);
        background: gray;
        font-size: 20px;
        cursor: pointer;
    }
</style>
</head>
<body>
```

```
<div id="bg"></div>

<form action="calories.html" method="post">

  <center>

    <table cellpadding="10" cellspacing="10">

      <tr>

        <td>Name</td>

        <td><input type="text" name="name" placeholder="Enter your
name" required></td>

      </tr>

      <tr>

        <td>Sex</td>

        <td><select required>

          <option value=""></option>

          <option value="male">Male</option>

          <option value="female">Female</option>

        </select></td>

      </tr>

      <tr>

        <td>Age</td>

        <td><input type="tel" name="age" pattern="[0-9]{2}"
placeholder="Enter your age" required> </td>

      </tr>

      <tr>

        <td>Phone no.</td>

        <td><input type="tel" name="number" pattern="[0-9]{10}"
placeholder="Enter your phone no." required></td>

      </tr>
```

```
<tr>
  <td>Height</td>
  <td><input type="number" name="height" placeholder="Enter your
height" required></td>
</tr>
<tr>
  <td>Weight</td>
  <td><input type="number" name="weight" placeholder="enter your
weight" required></td>
</tr>
<tr>
  <td>Medical Condition</td>
  <td>
    <select required>
      <option value=""></option>
      <option value="diabetes">Diabetes</option>
      <option value="pre-diabetes">Pre-Diabetes</option>
      <option value="hypertension">Hypertension</option>
      <option value="pcos">PCOS</option>
      <option value="thyroid">Thyroid</option>
      <option value="physical injury">Physical Injury</option>
      <option value="sleep issue">Sleep issue</option>
      <option value="depression">Depression</option>
      <option value="anger issue">Anger Issue</option>
      <option value="loneliness">Loneliness</option>
    </select>
  </td>
</tr>
```

```
        </tr>
    </table>

    <p>Do you want any medical conditions </p>

    <input type="radio" name="nutri" id="yes" value="yes">Yes
    <input type="radio" name="nutri" id="no" value="No">No<br><br>

    <button>next</button>

</center>

</form>

</body>

</html>
```

CALORIES.html

```
<html>

<head>

    <link rel="stylesheet" href="calories.css">

</head>

<body>

    <center>

        <h1>food Calories</h1><br>

        <label>

            <h3>Servings:</h3>

            <input type="number" id="numberOfStocks" value="1" min="0" />

        </label><br><br>

        <div>
```

```
<div class="side">
  <h2>Breakfast<span class="servingUnit"></span>:</h2>
  <select class="selectStock">
    <option value="-1">Pick a food!</option>
  </select>
  <br>
  <br>
  <div class="result"></div>
</div>

<div class="side">
  <h2>Lunch<span class="servingUnit"></span>:</h2>
  <select class="selectStock">
    <option value="-1">Pick a food!</option>
  </select>
  <br>
  <br>
  <div class="result"></div>
</div>

<div class="side">
  <h2>Dinner<span class="servingUnit"></span>:</h2>
  <select class="selectStock">
    <option value="-1">Pick a food!</option>
  </select>
  <br>
  <br>
  <div class="result"></div>
```

```

        </div>
    </div>
    <div class="comparison">
        <h2>Comparison:</h2>
        <br>
        <div class="result"></div>
    </div>
</center>
<form action="bmi.html" method="post">
    <button>Next</button>
</form>
<script
src="https://ajax.googleapis.com/ajax/libs/jquery/2.1.1/jquery.min.js"></scrip
t>
    <script type="text/javascript" src="js/calory.js"></script>
</body>
</html>

```

BMI.html

```

<!doctype html>
<html lang="en">
<head>
    <!-- Required meta tags -->
    <meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1,
shrink-to-fit=no">
    <!-- Bootstrap CSS -->

```



```
<link rel="stylesheet"
href="https://stackpath.bootstrapcdn.com/bootstrap/4.5.2/css/bootstrap.min.
css" integrity="sha384-
JcKb8q3iqJ61gNV9KGb8thSsNjpSL0n8PARn9HuZOnIxN0hoP+VmmDGMN5t9UJ
0Z" crossorigin="anonymous">
```

```
<title>Calorie Calculator</title>
```

```
<style>
```

```
#loading,
```

```
#results {
```

```
display: none;
```

```
}
```

```
#loading {
```

```
width: 100%;
```

```
}
```

```
</style>
```

```
</head>
```

```
<body>
```

```
<div class="container">
```

```
<div class="row">
```

```
<div class="col-lg-6 mx-auto">
```

```
<div class="card card-body text-center mt-5">
```

```
<h1 class="heading display-5 pb-3">Calorie Calculator</h1>
```

```
<form id="calorie-form">
```

```
<div class="form-group row">
```

```
<label for="age" class="col-sm-2 col-form-label">Age</label>
```

```
<div class="col-sm-10">
```

```
        <input type="number" class="form-control" id="age"
placeholder="Ages 15-80" required>
```

```
    </div>
```

```
</div>
```

```
<fieldset class="form-group">
```

```
    <div class="row">
```

```
        <legend class="col-form-label col-sm-2 pt-
0">Gender</legend>
```

```
        <div class="col-sm-10" id="form-radio">
```

```
            <div class="custom-control custom-radio custom-control-
inline">
```

```
                <input type="radio" id="male"
name="customRadioInline1" class="custom-control-input"
checked="checked">
```

```
                <label class="custom-control-label"
for="male">Male</label>
```

```
            </div>
```

```
            <div class="custom-control custom-radio custom-control-
inline">
```

```
                <input type="radio" id="female"
name="customRadioInline1" class="custom-control-input">
```

```
                <label class="custom-control-label"
for="female">Female</label>
```

```
            </div>
```

```
        </div>
```

```
    </div>
```

```
</fieldset>
```

```
<div class="form-group row">
```

```
        <label        for="weight"        class="col-sm-2        col-form-  
label">Weight</label>
```

```
        <div class="col-sm-10">
```

```
                <input  type="number"  class="form-control"  id="weight"  
placeholder="In kilograms" required>
```

```
        </div>
```

```
</div>
```

```
<div class="form-group row">
```

```
        <label        for="height"        class="col-sm-2        col-form-  
label">Height</label>
```

```
        <div class="col-sm-10">
```

```
                <input  type="number"  class="form-control"  id="height"  
placeholder="In centimeters" required>
```

```
        </div>
```

```
</div>
```

```
<div class="form-group row">
```

```
        <legend class="col-form-label col-sm-2 pt-0">Activity</legend>
```

```
        <select class="custom-select col-sm-10" id="list" required>
```

```
        <option selected value="1">Sedentary (little or no exercise)</option>
```

```
        <option  value="2">Lightly  active  (light  exercise/sports  1-3  
days/week)</option>
```

```
        <option value="3">Moderately active (moderate exercise/sports 3-5  
days/week)</option>
```

```
        <option value="4">Very active (hard exercise/sports 6-7 days a  
week)</option>
```

```
        <option value="5">Extra active (very hard exercise/sports & physical  
job or 2x training)</option>
```

```
</select>
```

```
</div>
```

```
<div class="form-group">
  <input type="submit" value="Calculate" class="btn btn-primary
btn-block">
</div>
</form>
<div id="loading">
  
</div>
<div id="results" class="pt-4">
  <h5>Total Calories</h5>
  <div class="form-group">
    <div class="input-group">
      <input type="number" class="form-control" id="total-
calories" disabled>
    </div>
  </div>
</div>
</div>
</div>
</div>
</div>
</div>
<script src="https://code.jquery.com/jquery-3.5.1.slim.min.js"
integrity="sha384-
DfXdz2htPH0lsSSs5nCTpuj/zy4C+OGpamoFVy38MVBnE+IbbVYUew+OrCXaRkfj"
crossorigin="anonymous"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"
```

```
integrity="sha384-  
9/reFTGAW83EW2RDu2S0VKalzap3H66lZH81PoYlFhbGU+6BZp6G7niu735Sk7l  
N" crossorigin="anonymous"></script>
```

```
<script  
src="https://stackpath.bootstrapcdn.com/bootstrap/4.5.2/js/bootstrap.min.js"  
integrity="sha384-  
B4gt1jrGC7Jh4AgTPSdUtOBvfO8shuf57BaghqFfPlYxofvL8/KUEfYiJOMMV+rV"  
crossorigin="anonymous"></script>
```

```
<script src="js/script.js"></script>
```

```
</body>
```

```
</html>
```