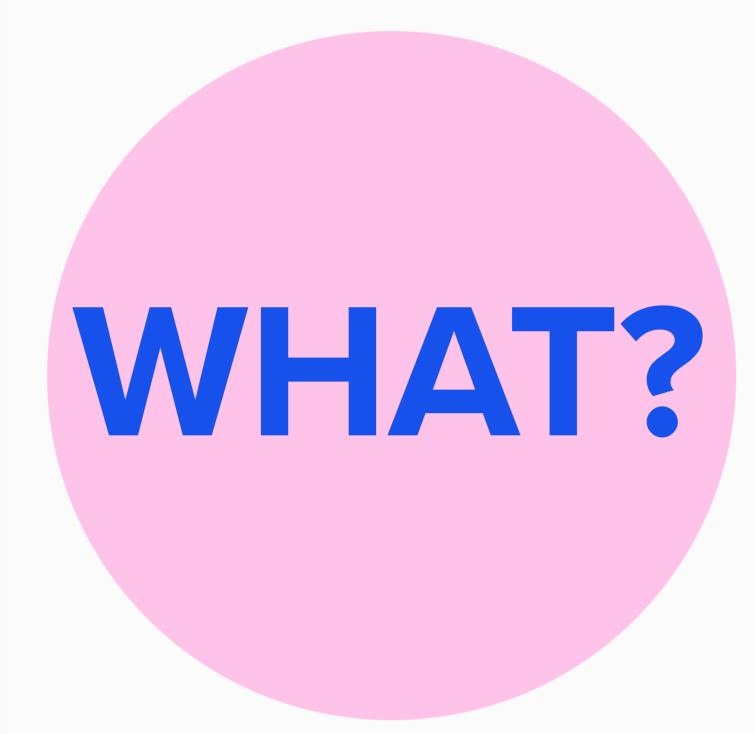
## Problem Statement



For the person seeking a big change in their Health and Lifestyle. Eg: Uncontrolled diet Persons.



Tracks their calorie and carbs intake. And plans their Diet Chart in according to their Maintanence Calorie.



Schedule the food intake to be consumed and Burn the calories in physical activities. Identify low and High calorie food based upon their Body Mass Index.



Customer value/benefit

To track and keep record of food intake on their daily basis. Because to avoid Cardio Vascular disease & some other disease and maintain a good lifestyle.

Business value/benefit