

Ideatio
n Phase
Define the Problem Statements

Date	19 September 2022
Team ID	PNT2022TMID44966
Project Name	Project - Personal Assistance For Senior Who are Self Reliant
Maximum Marks	2 Marks

Older adults who have difficulty with such daily activities as bathing, grooming, cooking, eating, or just getting to the bathroom often end up in hospitals or nursing homes, spending a disproportionately huge number of healthcare Rupees, according to a report conducted for the Indian Department of Health & Human Services

Most older adults don't need much help from others. In fact, many of them are quite busy assisting others and otherwise contributing to their families, communities, and/or workplaces. But of course, many older people eventually do need some help from others, especially if they live into their 80s, 90s, or beyond.

For far less money, perhaps 80 percent of these same elders could be made more self-reliant and healthy and also less depressed, suggest the preliminary findings of a study

When an older person does start to need help, it tends to be close family members — assuming the person has family — that step in: spouses, adult children, siblings, nephews or nieces, grandchildren, and so forth. Older adults may also develop new symptoms or health concerns, and may need their family's assistance in getting evaluated. Family members often help bring up questions and concerns to the health providers.