## Project Design Phase-I Proposed Solution Template

Date	23 September 2022
Team ID	PNT2022TMID49561
Project Name	Project - Nutrition assistant Application
Maximum Marks	2 Marks

## **Proposed Solution Template:**

Project team shall fill the following information in proposed solution template.

S.No.	Parameter	Description
1.	Problem Statement (Problem to be solved)	If your appetite and taste have been affected by Illness, medications or others health issues, you may have trouble eating and getting proper nutrition. These changes can affect your overall health.
2.	Idea / Solution description	Eat smaller meals and snacks more frequently. Eating six or seven times a day might be more easily tolerated than eating the same amount of food in three meals. Avoid non nutrition beverages such as black coffee and tea instead of milk and juices. Try to eat more protein and fiber foods and less simple sugars. Walk in light activity to simulate your appetite.
3.	Novelty / Uniqueness	This application provides link which contains tasty and healthy food recipe.
4.	Social Impact / Customer Satisfaction	It will help people with providing proper nutrition and helps in maintaining a healthy lifestyle.
5.	Business Model (Revenue Model)	Social media is the best way to spread the word about our application. And with the influencers we can attract the normal people. Subscription or the membership will have extra benefits.
6.	Scalability of the Solution	This application can maintain many users and assign a separate assistant for subscribed members.