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# 1. CUSTOMER SEGMENT(S)

All age group people who are careless about their health due to their busy schedule and intake of high-calorie diet.

## 6. CUSTOMER LIMITATIONS BG. BUDGET, DEVICES

The customer should provide a clear image for knowing the nutrition content of the food. The app can't provide accurate result if the image is not clear. In some cases, the recipes maybe allergic to their health.

## 5. AVAILABLE SOLUTIONS PROS & CONS

The premium features like tracking the calorie intake and creating diet charts is not available to all the users, which is the important feature of an nutrition assistant application.

#### 2. PROBLEMS / PAINS + ITS PREQUENCY

The problem and pains of the user are obesity, fear of getting health related issues. They will get frustrated of not getting immediate result and difficult to do tedious work. Lack of confidence due to appearance.

#### 9. PROBLEM ROOT / CAUSE

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It is easy to fall into a trap of eating unhealthy foods which is heavy in calories. Once the nutritional value is replaced by foods high in sugar, bad fats and salt it leads to various health issues so users need to control their daily calorie intake to lead a healthy lifestyle.

#### 7. BEHAVIOR + ITS INTENSITY

The behavioral changes in users reflect in their day- to-day life such as they will maintain a proper diet and follow the daily routine in eating and intake of healthy food. So, that it helps them to improve their health.

## 3. TRIGGERS TO ACT

Desire to live a healthy lifestyle. By knowing the success story of people who achieved their goal. By seeing people who are fit and healthy.

## 4. EMOTIONS BEFORE / AFTER

They are scared of declining health, so they get motivated towards eating. Healthy foods and move to healthy lifestyle.

# 10. YOUR SOLUTION

The solution is user can know the nutritional content of the food they are in taking, by taking picture of the food and uploading it in the app. Clarifai's Al-Driven Food Detection Model is used for getting accurate food identification and APIs to give the nutritional value of the identified food.

# 8. CHANNELS of BEHAVIOR

ONLINE

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The application provides a user-friendly environment that enables users to interact to clarify their queries

#### OFFLINE

Connecting all the users through offline meeting and giving some complimentary gifts. Conducting offline session by nutrition expert.

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