

Ideation Phase

Define the Problem Statements

Date	29 October 2022
Team ID	PNT2022TMID28758
Project Name	Project - AI POWERED NUTRITION ANALYZER FOR FITNESS ENTHUSIASTS
Maximum Marks	2 Marks

Customer Problem Statement Template:

- The basics of nutrition including macronutrients, micronutrients, specific nutrition and supplements.
- To learn that by managing our nutrition you will largely enhance the outcome of our exercise efforts.
- To learn how to determine our own nutrition strategy, rehydration requirements and supplement needs.
- To learn that a rock-solid nutrition strategy is not only about eating the RIGHT foods. It's also about WHEN to eat them.
- To learn what whole foods you should eat to meet your macro and micronutrient requirements.

Example:



Problem Statement (PS)	I am (Customer)	I'm trying to	But	Because	Which makes me feel
PS-1	A student	Find nutrition in my food	It is challenging	Measuring nutrients involves a long process	irritated
PS-2	a fitness freak	Measure nutrients to make my diet healthy	I don't know how to do it	It is not possible to measure manually	Confused