# NUTRITION ASSISTANT APPLICATION

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**TEAM MEMBERS:**

1. P. JENIFER (953119104303)

2. M. KALI GAYATHRI (953119104304)

3. C. MARAGATHAVALLI (953119104306)

4. P. SELVI (953119104307)

# PROBLEM STATEMENT

- Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health.

- However, although food packaging comes with nutrition labels, it's still not very convenient for people to refer to App-Based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits.