```html
<!DOCTYPE html>

<html lang = "en">

    <head>

        <meta charset="UTF-8">

        <meta http-equiv="X-UA-Compatible" content="IE=edge">

        <meta name="viewport" content="width=device-width, initial-scale=1.0">

        <title>Nutritional and Healthy Application</title>

        <link rel="stylesheet" href="https://pro.fontawesome.com/releases/v5.10.0/css/all.css" />

        <link rel="stylesheet" href="static/style.css">


    </head>

    <body>

        <section id="header">

            <nav class="navbar navbar-dark ">

                <div class="container-fluid" id="title">

                    <a class="navbar-brand" href="/">

                        NH App

                    </a>

                </div>

            </nav>

            <div>

                <ul id="navbar">

                    <li><a class="active" href="/" class="own_anchor">HOME</a></li>

                    <li><a href="/signup" class="own_anchor">SIGNUP</a></li>

                    <li><a href="/signin" class="own_anchor">LOGIN</a></li>

                    <li><a href="/about" class="own_anchor">ABOUT</a></li>

                </ul>
```

```html
        </div>

    </section>

    <section id="hero">

        <h1>Welcome, Home Page</h1>

    </section>

    {% block body %} {% endblock %}

  </body>

</html>
```