

# What do they THINK AND FEEL?

what really counts  
major preoccupations  
worries & aspirations

I HAVE TO GET  
OUT OF THIS  
DEEP POOL  
IMMEDIATELY  
NO MATTER  
WHAT

I HAVE TO  
FIND THE  
GRAB RAILS  
OF THIS  
POOL

IF I FAILED  
TO, I MIGHT  
NOT  
SURVIVE:(

CHECK WHETHER  
PEOPLE AROUND  
POOL'S  
SURROUNDINGS,



DAMPENING  
NOISE DUE TO  
THE PRESSURE  
OF WATER, AND  
HIS OWN BODY'S  
MOTIONS

MEMORIES  
AND FUTURE  
CONSENTS  
OF THEIR  
LOVED ONES.

# What do they SAY AND DO?

attitude in public  
appearance  
behavior towards others

CRYING  
HARDLY FOR  
EXPECTING  
SUPPORT  
FROM  
OUTSIDE

FAINTED

DIE

FEELING  
IGNORED OR  
UNNOTICED BY  
SURROUNDEED  
PEOPLE FROM  
HELPING

SHOUT

INNER VOICE  
STRUGGLING  
TO FIND A WAY  
TO GET OUT OF  
THE POOL FOR  
SURVIVAL

## What do they HEAR?

what friends say  
what boss say  
what influencers say

AUDIBLE  
VOICES OF  
SURROUNDING  
POEPL

## PAIN

fears  
frustrations  
obstacles

FEELS TIRED AND  
SCARED , THAT  
HE COULDN'T  
MAKE ANY  
PROGRESS  
TOWARDS  
SURVIVAL

## GAIN

"wants" / needs  
measures of success  
obstacles

WHAT  
HAPPENS  
TO MY  
FAMILY IF I  
DIE?

TRIES AND  
FAILS TO  
SWIM UP  
BACK

CONFIDENCE  
ACQUIRED AFTER  
LEARNING  
SWIMMING, THAT  
HE COULD SWIM  
SAFELY,WITHOUT  
DROWNING

REALIZATION TO  
LEARN A LIFE  
SAVING SKILL  
,WHICH IS VERY  
ESSENTIAL-  
SWIMMING

ACQUIRED  
RESILLIENCE  
FROM A  
DEADLY  
INCIDENT