

What do they
THINK AND FEEL?

what really counts
major preoccupations
worries & aspirations

**I HAVE TO GET
OUT OF THIS
DEEP POOL
IMMEDIATELY
NO MATTER
WHAT**

**I HAVE TO
FIND THE
GRAB RAILS
OF THIS
POOL**

**IF I FAILED
TO, I MIGHT
NOT
SURVIVE:(**

**CHECK WHETHER
PEOPLE AROUND
POOL'S
SURROUNDINGS,**



**DAMPENING
NOISE DUE TO
THE PRESSURE
OF WATER, AND
HIS OWN BODY'S
MOTIONS**

**MEMORIES
AND FUTURE
CONSENTS
OF THEIR
LOVED ONES.**

What do they
SEE?

environment
friends
what the market offers

**INNER VOICE
STRUGGLING
TO FIND A WAY
TO GET OUT OF
THE POOL FOR
SURVIVAL**

What do they
HEAR?

what friends say
what boss say
what influencers say

**AUDIBLE
VOICES OF
SURROUNDING
POEPL**

SHOUT

**CRYING
HARDLY FOR
EXPECTING
SUPPORT
FROM
OUTSIDE**

What do they
SAY AND DO?

attitude in public
appearance
behavior towards others

FAINTED

DIE

**FEELING
IGNORED OR
UNNOTICED BY
SURROUNDEED
PEOPLE FROM
HELPING**

PAIN

fears
frustrations
obstacles

**WHAT
HAPPENS
TO MY
FAMILY IF I
DIE?**

**TRIES AND
FAILS TO
SWIM UP
BACK**

**FEELS TIRED AND
SCARED , THAT
HE COULDN'T
MAKE ANY
PROGRESS
TOWARDS
SURVIVAL**

GAIN

"wants" / needs
measures of success
obstacles

**CONFIDENCE
ACQUIRED AFTER
LEARNING
SWIMMING, THAT
HE COULD SWIM
SAFELY,WITHOUT
DROWNING**

**REALIZATION TO
LEARN A LIFE
SAVING SKILL
,WHICH IS VERY
ESSENTIAL-
SWIMMING**

**ACQUIRED
RESILLIENCE
FROM A
DEADLY
INCIDENT**